# November 2026

# Independence

636 Independence Ave, Provo 84601 | *(801) 371-5839*

BOYS & GIRLS CLUBS OF UTAH COUNTY

**The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.**

## Happy Birthday



## UPCOMING EVENTS

Basketball conditioning
&
Weight lifting club

## CLUB CLOSED

Thanksgiving Break
November 25th-27th




## Get To Know

We will be introducing our new Afterschool Art program. Also, basketball season TBH. Basketball Conditioning started November 1st.

**Shout out to Independence Basketball**



## CONTACT INFORMATION

***Lee Langhan***
***Site Director***
*Phone: (801) 371-5839*
*Email: independence@bgcutah.org*

## PARENT RESOURCES

Parent Handbook
Membership Handbook

## Sports Practice

*Monday-Thursday 3:15-4:45*

For the Basketball Season! Art Club and Weight Lifting.
Please see Lee for Sign ups!

## Project Learn

*Monday - Thursday 3:00 - 4:30*

Come get help with your classes! Math, English, Science, Gear Up is here to help!

## Intro to ART
**11/02**

## Basketball Conditioning
**11/02**

## Enrichment

*TBD*

More information to come about cooking clubs, game clubs, and more!

## Social Emotional Learning (Prevention & Behavior)

*Monday - Thursday 3:00 - 3:10*

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

# Independence After School Program 2026 - 2027




BOYS & GIRLS CLUBS OF UTAH COUNTY

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>-Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 3<br>-Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 4<br>-Basketball Conditioning<br>Art Club<br>SEL Lesson @4:30pm | 5<br>Fire Drill | 6<br>**NO CLUBS** |
| 9<br>Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 10<br>Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 11<br>-Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 12<br>-Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 13<br>**NO CLUBS**<br>**All staff Training** |
| 16<br>Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 17<br>Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 18<br>-Basketball Conditioning<br>-Art Club<br>-SEL Lesson @4:30pm | 19<br>-Basketball Conditioning<br>-Art Club<br>-SEL Lesson @4:30pm | 20<br>**NO CLUBS** |
| 23<br>Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 24<br>Basketball Conditioning<br>-Art Club<br>SEL Lesson @4:30pm | 25<br>**No Club**<br>**Thanksgiving break** | 26<br>**No Club**<br>**Thanksgiving break** | 27<br>**No Club**<br>**Thanksgiving break** |
| 30<br>Clubs Resume<br>-Basketball Conditioning<br>-Art Club<br>-SEL Lesson @4:30pm | 1 | 2 | 3 | 4 |

## Daily Schedule

Monday - Thursday
3:00 School Ends
3:05 Snack passed out
3:15 Practice Begins in Gym
4:30 Practice ends/ SEL Lesson
5:00 Open Gym/Homework Help
5:30 Club ends

## Contact Info

Lee Langham
*Site Director*
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Phone: (801) 372-5839

Program Address: 636 Independence Ave
Provo UT 84601

Independence
After School Program
2026 - 2027

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OF UTAH COUNTY

# November Club & Activity Details

**Message to Parents:**
We are excited to be back with Independence and supporting their sports programming again this year. Basketball conditioning starts November 1st.

**Basketball** - Sign up for basketball season is happening now! Please find Lee to sign up!

**Homework Help (Project Learn)** - The main focus of project learn is to help students reinforce the academic enrichment and school engagement during club time and provide tutoring or help as needed. Through homework help after school Monday-Thursday from 3:00 - 4:30 pm.

## Social Emotional Learning:

**Positive Action -** Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

**SMART Moves -** Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run Tuesday & Thursday with new topics each week.