November 2026

Cascade Elementary

860 E 200 N St, Orem, UT | (801) 372-6113

BOYS & GIRLS CLUBS OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

Happy Birthday



11/03 - Randison
11/08 - Antonella
11/12 - Kylo
11/24 - Emerson
11/26 - Emmett
11/28 - Lonreus

UPCOMING EVENTS

Friendsgiving Party - Nov 24th
Thanksgiving Break - Nov 25th & 26th

CLUB CLOSED

Thursday November 5th

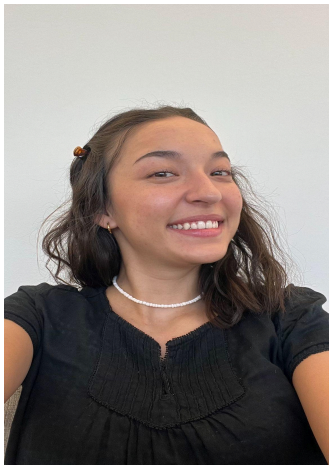
Wednesday and Thursday Nov 25 & 26th



Get To Know Ms. Melody

Hi! My name is Melody Cederlof and I'm super excited to join the Cascade team as the new STEM teacher!

I love to play pickleball, go on hikes, watch movies, and spend time with my friends and family. I'm looking forward to this upcoming year with the kids and know it will be a blast!



CONTACT INFORMATION

Kaylee Adamson
Site Coordinator
Phone: 801-372-6113
Email: cascade@bgcutah.org

PARENT RESOURCES

Parent Handbook
Membership Handbook

Enrichment (Clubs)

Daily 3:10-4:10 PM

We have a variety of fun skill based enrichment activities. Look at the calendar for a full schedule of all the fun and to see the various activities taking place this month.

STEM Labs

Monday and Wednesday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities.

Project Learn

Daily 4:30-5:00 PM

Project Learn gives students a focused, supportive space to strengthen their academic skills through daily practice, guided activities, and meaningful learning routines. Power Hour is a space and time for members to work on school work.

Social Emotional Learning (Prevention & Behavior)

Mondays and Wednesdays 4:30-5:00 PM

SEL helps students build emotional awareness, communication skills, and positive relationships through guided activities that strengthen their confidence and self-management.activities that strengthen their confidence and self-management.

Cascade Elementary After School Program 2025-2026

November

BOYS & GIRLS CLUBS OF UTAH COUNTY

Monday	Tuesday	Wednesday	Thursday	Friday
2 *No Club Teacher Development Day*	3 Sports Club (K-2) Comic Book/Manga (3-6) Dance it Up (3-6)	4 Sports Club (K-2) STEM (3-6) SMART Moves	*No Club* *Cascade Multi Cultural Night*	6 *No Club*
Fire Drill 9 STEM (K-2) Sports Club (3-6) Clay Creations (3-6) SMART Moves	10 Sports Club (K-2) Comic Book/Manga (3-6) Dance it Up (3-6) Net Positive	11 Sports Club (K-2) STEM (3-6) SMART Moves	12 Clay Creations (K-2) Sports Club (3-6) Dance it Up (3-6)	13 *No Club*
16 STEM (K-2) Sports Club (3-6) Clay Creations (3-6) SMART Moves	17 Sports Club (K-2) Comic Book/Manga (3-6) Dance it Up (3-6)	18 Sports Club (K-2) STEM (3-6) SMART Moves	Clay Creations (K-2) Sports Club (3-6) Dance it Up (3-6)	20 *No Club*
23 STEM (K-2) Sports Club (3-6) Clay Creations (3-6) SMART Moves	24 BGC FriendsGiving Party!	25 *No Club*	26 *No Club* Happy Thanksgiving	27 *No Club*
30 STEM (K-2) Sports Club (3-6) Clay Creations (3-6)	1	2	3	4

Daily Schedule

2:15-2:35 Check-in & Snacks
2:40-3:00 Outdoor Time
3:00-3:10 - Circle-Up
3:10-4:10- Clubs
4:10-4:30- Brain Break
4:30-5:00 Power Hour
5:10-5:20 Daily Gratitude
5:20-5:30 Check-out

Contact Info

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Program Address: **860 E 200 N St, Orem, UT**

Cascade Elementary
After School Program
2026-2027

BOYS & GIRLS CLUBS
OF UTAH COUNTY

November Club & Activity Details

Message to Parents:
We are entering our second month of Specialty Clubs and having so much fun! Club members are connecting with each other and developing their fine motor, creativity, and problem solving skills through activities and lessons carefully planned by our amazing staff. In this season of gratitude, we are extremely grateful for the opportunity to care for and enjoy your kids each day.

STEM| M (K-2) W (3-6) - Explore science, technology, engineering, and math through hands-on experiments, building challenges, coding activities, and creative problem-solving.

Sports Club| T/W (K-2) M/Th (3-6) - Stay active by playing a variety of sports and fitness games that promote teamwork, sportsmanship, and healthy lifestyles.

Comic Book/Manga Club| T (3-6) - Our club members will get to sharpen their writing and drawing skills with this club! Over eight weeks they will draw their characters and write their story, and then upload them and print out the final result!

Dance it Up| T/Th (3-6) - Get moving while learning dance routines, building confidence, improving coordination, and expressing creativity through music and movement.

Clay Creations | Th (K-2) M (3-6) - Get creative with clay! Members will learn basic clay-building techniques while creating fun projects, using their imagination, and building fine motor skills in a hands-on environment.