

November 2026

Sunset

495 Westridge Dr, St. George, UT 84770 | 435-673-5669



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy
Birthday



Happy Birthday to all our club members with Birthday's in November!

UPCOMING EVENTS

11/23: Fire Drill @ 3:00p
11/25-11/30 Thanksgiving Break

CLUB CLOSED

11/13: Closed for Staff Training
11/25-11/30: Thanksgiving Break



Get To Know



My name is Bryn Maddox, I am newly married and attending college at Utah Tech University. I am working towards my bachelors degree in psychology with a minor in family studies and human development. I grew up in California for most of my childhood. I attended high school in Missouri where my family now lives. I love hiking, pickleball, and trying new things!

CONTACT INFORMATION

Tiare Bridges
Site Director
Phone: 801-372-3151
Email: sunset@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday

Project Learn provides students with a supportive environment to complete homework, strengthen reading skills, and build academic confidence. Members receive help from staff with their schoolwork or will participate in HYLA's.

STEM Labs

Monday, Wednesdays & Fridays

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

Enrichment

Monday - Thursday

Physical / Creative Club each month. Members get to try new things, build skills, and have fun while exploring their passions.

SMART Moves

Fridays

This curriculum engages club members through actions and activities designed to help them identify their emotions and feelings. It also provides them with positive choices and strategies to appropriately express and manage those emotions.



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education



Sunset Elementary After school Program 2026-2027



Monday	Tuesday	Wednesday	Thursday	Friday
2 Survivor Club Project Learn STEM	3 Positive Action Project Learn Creative Club	4 Enrichment: Give Thanks! Project Learn STEM	5 Net Positive Project Learn Enrichment: Give Thanks!	6 Friday Fun Day! Project Learn SMART Moves STEM
9 Survivor Club Project Learn STEM	10 Positive Action Project Learn Creative Club	11 Enrichment: Give Thanks! Project Learn STEM	12 Smart Moves Project Learn Enrichment: Give Thanks!	13 Staff Training 
16 Survivor Club Project Learn STEM	17 Positive Action Project Learn Creative Club	18 Enrichment: Give Thanks! Project Learn STEM	19 Fire Drill Project Learn Enrichment: Give Thanks!	20 Friday Fun Day! Project Learn SMART Moves STEM
23 Survivor Club Project Learn STEM	24 Positive Action Project Learn Creative Club	25 	26 	27 
30 	1	2	3	4

Monday - Thursday Schedule

2:35 - 2:55 Check-in and Super Snack
3:00 - 3:25 Energy Boost
3:30 - 4:50: STEM, Project Learn or Positive Action
4:50 - 5:15 Enrichment Clubs - Physical Club & Creative Club
5:15 - 5:25 Clean up / Snack
5:30 Check out

Friday Schedule

1:10 - 1:15 Check-in
1:15 - 1:45 Energy Boost
1:50 - 2:10 Project Learn
2:10 - 2:25 Super Snack
2:30 - 4:00 SMART Moves or STEM
4:00 - 4:45 Group Games
4:50 - 5:05 Snack
5:05-5:25 FRIDAY FUN!
5:25 - 5:30 Clean up / Check-Out

Contact Info

Tiare Bridges, Site Director
Email: Sunset@bgcutah.org
Phone: 801-372-3151

Program Address: 495 Westridge Dr, St. George, UT 84770



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education



November Clubs & Activity Details

Message to Parents:

Hello Everyone! We are getting so close to the end of the year! For the month of November, we want to take some time to express gratitude for those around us. We are focusing one of our clubs on "Giving Thanks" so please be sure to ask your kids about their activities of the day so they can tell you all they are learning about expressing gratitude! Here is everything we have going on throughout the month.

CREATIVE CLUB: This month, we are getting festive! We will be doing different activities to get into the spirit of the upcoming holidays. I can't wait to share with you all the cool and creative things our students come up with!

PHYSICAL CLUB: We get physical activity every day, but we will have a club specific for games, sports, or anything to keep them active as well as healthy. Our goal is to help them learn how to take care of their own bodies.

POSITIVE ACTION/ SMART MOVES/NET POSITIVE: Positive Action, SMART Moves and Net Positive are fantastic programs we use to help the youth thrive with social skills, and gain online awareness! Through these lessons youth will be able to understand themselves and learn positive actions they can practice immediately to lead a happy and successful life!

PROJECT LEARN: Project Learn reinforces the academic enrichment & school engagement of youth while at club! This year we will all be using part of Project Learn time to strengthen our literacy skills through reading and literacy games. If your child(ren) has homework, we have time built into our schedule to help them complete these assignments!

