October 2026

WESTMORE

1150 S Main St, Orem, UT 84058 | (801) 610-8123

BOYS & GIRLS CLUBS OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

Happy Birthday

-Briseyda 10/5
-Liam 10/11
-Emma 10/14
-Erik 10/23
- Austin 10/24
-Said 10/26

UPCOMING EVENTS

- October 1st Fire Drill

CLUB CLOSED

-October 9th - Staff Development
-Oct. 15th- Oct. 19th Fall Break!

Get To Know Our Stem Specialist Daniella Hall

Hi everyone! My name is Dani Hall and I am the STEM Specialist here at Westmore Elementary. I am a student at UVU and I'll be graduating with my bachelor's degree this spring. I love math and helping people understand things they never thought they could! When I'm not at Westmore, I am helping college or high school students with math, in my own classes or working on homework. I play the guitar and love to write music! I have 3 songs out on all platforms and that is something I would love to continue doing. I enjoy getting outside to paddle board, rock climb, or go on hikes. I can't wait to get to know more students and staff at Westmore!! When you see me please say hello!!!

CONTACT INFORMATION

Lexie Monroy
Site Director
Phone: 801-372-5618
Email: Westmore@bgcutah.org

PARENT RESOURCES

Parent Handbook
Membership Handbook

Project Learn

4:40 pm - 5:15 pm M/W 4-6 T/TH K-3

Project Learn is a dedicated time where we offer homework support and academic enrichment. Since most students do not have regular homework, we use this time to strengthen reading, writing, and math skills through fun HYLA's (High Yield Learning Activities) and engaging academic games.For more information about this and other activities, please visit our Clubs & Activity pages.

STEM Labs

4:00 pm - 4:35 pm M/W K-3 T/TH 4-6

STEM gives students hands-on opportunities to explore engineering, coding, and problem-solving through fun, interactive activities and YES Kits. For more information about this and other activities, please visit our Clubs & Activity pages.

Enrichment

4:00 pm - 4:35 pm M/W 4-6 T/TH K-3

Enrichment provides students with engaging, age-appropriate activities that build social skills, teamwork, empathy, and creativity through games and group experiences. For more information about this and other activities, please visit our Clubs & Activity pages.

Social Emotional Learning

4:40 pm - 5:15 pm M/W K-3 T/TH 4-6

SEL (Social Emotional Learning) helps students build self-awareness, confidence, and positive relationships through lessons focused on emotions, choices, and personal growth. For more information about this and other activities, please visit our Clubs & Activity pages.

Westmore After school Program 2026-2027

OCTOBER

BOYS & GIRLS CLUBS OF UTAH COUNTY

Monday	Tuesday	Wednesday	Thursday	Friday
28 Circle -up Enrichment (4TH-6THth) Social Emotional Learning (K-3RD) Project Learn (4TH-6THth) STEM (K-3RD)	29 Circle -up Enrichment (K-3RD) Social Emotional Learning(4TH-6THth) Project Learn (K-3RD) STEM (4TH-6THth Music Class	30 Circle -up Enrichment (4TH-6THth) Social Emotional Learning (K-3RD) Project Learn (4TH-6THth) STEM (K-3RD)	1 Fire Drill Circle -up Enrichment (K-3RD) Social Emotional Learning(4TH-6THth) Project Learn (K-3RD) STEM (4TH-6THth) Music Class	2 Circle -up SMART MOVES (K-3RD) Enrichment (4TH-6THth) Enrichment (K-3RD) SMART MOVES (3rd-6th)
5 Circle -up Enrichment (4TH-6THth) Social Emotional Learning (K-3RD) Project Learn (4TH-6THth) STEM (K-3RD)	6 Circle -up Enrichment (K-3RD) Social Emotional Learning(4TH-6THth) Project Learn (K-3RD) STEM (4TH-6THth) Music Class	7 Circle -up Enrichment (4TH-6THth) Social Emotional Learning (K-3RD) Project Learn (4TH-6THth) STEM (K-3RD)	8 Circle -up Enrichment (K-3RD) Social Emotional Learning(4TH-6THth) Project Learn (K-3RD) STEM (4TH-6THth) Music Class	9 Closed ------ Training Day
12 Circle -up Enrichment (4TH-6THth) Social Emotional Learning (K-3RD) Project Learn (4TH-6THth) STEM (K-3RD)	13 Circle -up Enrichment (K-3RD) Social Emotional Learning(4TH-6THth) Project Learn (K-3RD) STEM (4TH-6THth) Music Class	Disaster Drill 14 Circle -up Enrichment (4TH-6THth) Social Emotional Learning (K-3RD) Project Learn (4TH-6THth) STEM (K-3RD)	15 Closed ------ Fall Break	16 Closed ------ Fall Break
19 Closed ------ Fall Break	20 Circle -up Enrichment (K-3RD) Social Emotional Learning(4TH-6THth) Project Learn (K-3RD) STEM (4TH-6THth) Music Class	21 Circle -up Enrichment (4TH-6THth) Social Emotional Learning (K-3RD) Project Learn (4TH-6THth) STEM (K-3RD) Net Positive	22 Circle -up Enrichment (K-3RD) Social Emotional Learning(4TH-6THth) Project Learn (K-3RD) STEM (4TH-6THth) Music Class	23 Circle -up SMART MOVES (K-3RD) Enrichment (4TH-6THth) Enrichment (K-3RD) SMART MOVES (3rd-6th)
26 Circle -up Enrichment (4TH-6THth) Social Emotional Learning (K-3RD) Project Learn (4TH-6THth) STEM (K-3RD)	27 Circle -up Enrichment (K-3RD) Social Emotional Learning(4TH-6THth) Project Learn (K-3RD) STEM (4TH-6THth) Music Class	28 Circle -up Enrichment (4TH-6THth) Social Emotional Learning (K-3RD) Project Learn (4TH-6THth) STEM (K-3RD)	29 Circle -up Enrichment (K-3RD) Social Emotional Learning(4TH-6THth) Project Learn (K-3RD) STEM (4TH-6THth) Music Class	30 Circle -up SMART MOVES (K-3RD) Enrichment (4TH-6THth) Enrichment (K-3RD) SMART MOVES (3rd-6th)

Daily Schedule

Monday/ Wednesday

3:30 pm - 3:40 pm -Sign-in/ Snack
3:45 pm - 3:55 pm - Circle -up
4:00 pm - 4:35 pm Enrichment (4TH-6THth) (Net Positive)
STEM (K-3RD)
4:40 pm - 5:15 pm Social Emotional Learning (K-3RD)
Project Learn (4TH-6THth)
5:20 pm - 5:30pm PM Snack/ Pickup

Tuesday/Thursday

3:30 pm - 3:40 pm -Sign-in/ Snack
3:45 pm - 3:55 pm - Circle -up
4:00 pm - 4:35 pm Enrichment (K-3RD) STEM(4TH-6THth)
4:40 pm - 5:15 pm Social Emotional Learning (4TH-6THth)
Project Learn (K-3RD)
5:20 pm - 5:30pm PM Snack/ Pickup

Friday

3:30 pm - 3:40 pm -Sign-in/ Snack
3:45 pm - 3:55 pm - Circle -up
4:00 pm - 4:35 pm SMART MOVES (K-3RD) Enrichment (4TH-6THth)
4:40 pm - 5:15 pm Enrichment (K-3RD) SMART MOVES (3rd- 6th)
5:20 pm - 5:30pm PM Snack/ Pickup

Contact Info

Lexie Monroy
Site Coordinator
Email: Westmore@bgcutah.org
Phone: *801-372-5618*

Program Address: 1150 S Main St, Orem, UT 84058

BOYS & GIRLS CLUBS
OF UTAH COUNTY

Westmore Afterschool Program 2026-2027

October Club & Activity Details

Message to Parents:

Happy October, Families! 🎃

We're excited to welcome October and all the fun learning and activities that come with it! This month, we'll be focusing on learning, growth, and creating lots of wonderful memories together.

Thank you for your continued support and for being such an important part of your child's learning journey. We're looking forward to a fun and successful month!

Wishing you and your family a happy October! 🧡🍁

Snack and Check in/Out - Each day, students are served a **Super Snack** during the first 15 minutes after school. Our Super Snack typically includes five components: a **grain, dairy, protein, fruit, and vegetable** to help students refuel after their school day.

If your child attends the program for snack, please note that **all snacks must be eaten on-site**. After receiving their snack, students will sit at their assigned table to eat. We also have a **Share Bin** where unopened, unwanted snack items are placed. If your child is still hungry after finishing their snack, they are welcome to choose an item from the Share Bin.

Before receiving their Super Snack, students will be **checked into the program**. Once checked in, they will place their backpacks in their designated grade-level bins before lining up to receive their snack.

For your child's safety, **all students must be checked out before leaving the program**. Students may only leave with an approved adult listed on their registration form or with someone you have added to their authorized pick-up list by contacting me.

If your child is an **approved walker**, they may leave independently only if we have received prior authorization from a parent or guardian. Students enrolled in the full afterschool program may be approved to walk home before our regular dismissal time of **5:30 PM**.

Circle Up - Circle Up is held **every day for the first 10 minutes after snack** and is the first activity we do as a program. It gives our students and staff an opportunity to come together, connect with one another, and start the afternoon on a positive

note. Throughout the month, students will participate in fun icebreaker games and team-building activities that help them get to know one another while building friendships.

During Circle Up, we also introduce and reinforce our **Big 5 Expectations**, helping students understand what it means to be safe, respectful, responsible, and ready to learn in our program. We review the schedule for the day, discuss the activities ahead, and go over which spaces we will be using so everyone knows what to expect. Circle Up helps set a positive tone for the afternoon and ensures every student is ready for a fun and successful day at the Club!

Enrichment - Our Enrichment Activity takes place **Mondays and Wednesdays for grades 4–6** and **Tuesdays and Thursdays for grades K–3**, from **4:00–4:35 PM**. During this time, students are grouped by age (K–2 and 3–6) to ensure activities are developmentally appropriate and engaging for all participants.

This month, Enrichment will focus on a **"Soccer Club"**, The students will learn the rules and different aspects of soccer. They will understand how to play like a team and communicate as one. Use foot skills like dribbling, shooting, and ball control to help them learn basic concepts to help them play more effectively.

SEL (Social Emotional Learning) - While one group participates in Enrichment, the other group will engage in our **SEL (Social Emotional Learning)** activities. SEL takes place **Mondays and Wednesdays for grades K–3** and **Tuesdays and Thursdays for grades 4–6**, from **4:00–4:35 PM**.

This month, we are beginning **Unit 1: Philosophy and Thoughts–Actions–Feelings Circle**.

Across four lessons, students will explore the same key concepts in developmentally appropriate ways based on their age group. The four lesson topics are: **"To Choose or Not to Choose", "Being A Good Egg"**These lessons are designed to help students better understand themselves and others, build confidence, and develop important social-emotional skills that support positive relationships and decision-making.

Net Positive - Net Positive is a course taught **Once a month**, where our Net Positive specialist comes in to lead lessons with our students. These sessions typically take place each Month and will temporarily replace Enrichment activities while they are being held.

Net Positive focuses on **online safety and digital responsibility**. Students learn how to stay safe while using technology, how to protect themselves online, and what to do if they encounter situations such as cyberbullying or unknown individuals trying to contact them.

As technology continues to grow in our everyday lives, these lessons help students build the tools and confidence they need to make safe, responsible, and informed choices online.

STEM - STEM will take place from **4:40–5:15 PM**, with **K–3 on Mondays and Wednesdays** and **grades 4–6 on Tuesdays and Thursdays.** This is part of our **nine-lessons YES Kit series**, which will continue throughout the program.

This month, our STEM focus kicks off with our **EiE Kits**, which give students a hands-on way to explore engineering concepts. We are continuing our "Designing Hand Pollinators" Lessons fun and challenging activity that allows students to get creative while learning the basics of engineering design and problem-solving. It is engaging for all ages and helps students begin to think like engineers through hands-on exploration.

We are excited to see our students learning, building, and experimenting each week!

Project Learn - Project Learn takes place from **4:40–5:15 PM**, with **grades 4–6 on Mondays and Wednesdays** and **K–3 on Tuesdays and Thursdays**.

Project Learn is a dedicated time for academic support and enrichment. While most students do not have regular homework, we use this time to strengthen skills in **reading, writing, and math** through engaging, high-yield learning activities (HYLA's).

Students will participate in fun and interactive academic games such as spelling bees, math challenges, and Jeopardy-style games focused on reading, writing, and math skills. These activities are designed to make learning fun while reinforcing important academic foundations

SMART MOVES - SMART Moves takes place every **Friday K–3: 4:00–4:35 PM 4–6: 4:40–5:15 PM**

At Boys & Girls Club, we prioritize social and emotional growth alongside academics. **Our SMART Moves: Emotional Wellness** curriculum helps youth build skills like healthy relationships, emotional management, effective communication, and responsible decision-making. Each lesson is interactive and age-appropriate, featuring discussions, games, and team-building activities in a safe, supportive environment.

Our goal is to equip every child with the tools to become kind, confident, and responsible leaders.

Specialty Clubs- Our Specialty Clubs take place during regular program hours from **3:45-4:45pm** Students will arrive and have snack as usual, and then transition into their assigned club. At 4:45 PM, students who are enrolled only in Specialty Clubs will be picked up or may walk home if they are approved walkers. Students enrolled in the full afterschool program will join us after clubs end.
Below is a list of our Specialty Clubs:

Music Class: **Tuesdays and Thursdays** from **3:45-4:45pm** for all ages! In this specialty club, students will explore the wonderful world of music through hands-on learning! Each term, participants will discover new instruments—including the ukulele, guitar, and piano. Throughout the course, students will learn how to read sheet music, recognize and distinguish different musical pitches, and build foundational skills that nurture a lifelong appreciation for music.

More to Come!