

October 2026

Sunset

495 Westridge Dr, St. George, UT 84770 | 435-673-5669



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday



Happy Birthday to all of our club members who celebrate their special day in August!

UPCOMING EVENTS

Oct. 30th - Family Event Halloween Party

We will be having a Halloween party for all club members and their families! It would be our pleasure to have you join us in celebrating the holiday!

CLUB CLOSED

Oct. 8th & 9th - Closed for Staff Training
Oct. 15th, 16th, & 19th - Fall Break!



Get To Know



Hello everyone! My name is Naomi Jacobsen and I'm currently a student at Utah Tech University. I'm majoring in Exercise Science to become a Physical Therapist. One fun fact about me is I love scuba diving, and swimming with sharks!

CONTACT INFORMATION

Tiare Bridges
Site Director
Phone: 801-372-3151
Email: sunset@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday

Project Learn provides students with a supportive environment to complete homework, strengthen reading skills, and build academic confidence. Members receive help from staff with their schoolwork or will participate in HYLAs.

STEM Labs

Monday, Wednesdays & Fridays

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

Enrichment

Monday - Thursday

Physical / Creative Club each month. Members get to try new things, build skills, and have fun while exploring their passions.

SMART Moves

Fridays

This curriculum engages club members through actions and activities designed to help them identify their emotions and feelings. It also provides them with positive choices and strategies to appropriately express and manage those emotions.



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Sunset Elementary After School Program 2025-2026



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Positive Action Project Learn Creative Club	2 Friday Fun Day! STEM Project Learn SMART Moves
5 STEM Project Learn Physical Club	6 Positive Action Project Learn Trick Shot Tuesday	7 STEM Project Learn Halloween Club	8 	9 
12 STEM Project Learn Physical Club	13 Positive Action Project Learn Trick Shot Tuesday Power Outage Drill	14 STEM Project Learn Halloween Club	15 	16 
19 	20 Positive Action Project Learn Trick Shot Tuesday	21 STEM Project Learn Halloween Club	22 Positive Action Project Learn Creative Club	23 Friday Fun Day! STEM Project Learn SMART Moves
26 STEM Project Learn Physical Club Fire Drill	27 Positive Action Project Learn Trick Shot Tuesday	28 STEM Project Learn Halloween Club	29 Positive Action Project Learn Creative Club	30 Friday Fun Day! FAMILY DAY!

Daily Schedule

Monday-Thursday

2:35 - 2:55 Check-in and Super Snack
 3:00 - 3:25 Energy Boost
 3:30 - 4:50: STEM, Project Learn or Positive Action
 4:50 - 5:15 Enrichment Clubs - Physical Club & Creative Club
 5:15 - 5:25 Clean up / Snack
 5:30 Check out

Fridays

1:00 - 1:10 Check-in
 1:15 - 1:45 Energy Boost
 1:50 - 2:10 Project Learn
 2:10 - 2:25 Super Snack
 2:30 - 4:00 SMART Moves or STEM
 4:00 - 4:45 Group Games
 4:50 - 5:05 Snack
 5:05-5:25 FRIDAY FUN!
 5:25 - 5:30 Clean up / Check-Out

Contact Info

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October Club & Activity Details

Message to Parents:

Hello everyone! October is packed with creativity, teamwork, and plenty of seasonal fun! Can't wait to see you all during our family day!

TRICK SHOT CLUB: Miss Bryn is so excited to teach about probability and how sometimes, the odds can be in our favor! Bryn will teach our students how to plan and execute "trick shots" that might seem impossible!

SEASONAL FUN: This month, we are getting festive! We will be doing different activities to get into the spirit of the upcoming holidays. I can't wait to share with you all the cool and creative things our students come up with!

PHYSICAL CLUB: - We get physical activity every day, but we will have a club specific for games, sports, or anything to keep them active as well as healthy. Our goal is to help them learn how to take care of their own bodies.

POSITIVE ACTION/ SMART MOVES: Positive Action and SMART Moves are fantastic programs we use to help the youth thrive with social skills! Through these lessons youth will be able to understand themselves and learn positive actions they can practice immediately to lead a happy, successful life!

PROJECT LEARN: Project Learn reinforces the academic enrichment & school engagement of youth while at club! This year we will all be using part of Project Learn time to strengthen our literacy skills through reading and literacy games.

FAMILY DAY: We are so excited for our first official family day! We encourage everyone to join us and invite a friend who might be interested in joining the Boys & Girls Club. More info to come!

