

October 2026

Milford

450 S. 700 W. | (801) 372-4836



BOYS & GIRLS CLUBS
OF BEAVER COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy
Birthday



Happy Birthday to all of our October youth! 🎉🎂 We hope your birthday is filled with lots of fun, laughter, and happiness! 💙💗

UPCOMING EVENTS

October 27, 28 & 29 - Program will run 12 PM to 3:30 PM

CLUB CLOSED

October 8 - **Training Day**
October 19 & 20 - **Fall Break**



Get to Know Your AmeriCorps Member! 🌟



Meet Miss Renata!

Hi, I'm Renata, and I'm excited to serve with BGC this year as an AmeriCorps Member! I'm from (Hometown), and I enjoy (Hobbies).
Fun Fact: (Share a fun fact about yourself!)
😊 This year, I'm looking forward to (what you're excited about this year at the Boys & Girls Club).

CONTACT INFORMATION

Nikole McDowell
Site Coordinator
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Email: nikole.mitchell@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday
4:15 PM - 5:15 PM

Students receive homework help, reading and math support, and participate in hands-on HYLE activities that strengthen academic skills and build confidence.

STEM Labs

Tuesday and Thursday
3:45 PM - 4:15 PM

Students participate in YES Lessons featuring hands-on science, technology, engineering, and math activities that promote problem-solving, creativity, and critical thinking.

Enrichment

Monday and Wednesday
3:45 PM - 4:15 PM

Students explore new interests through arts, crafts, music, movement, and other engaging activities that encourage creativity and teamwork.

Social Emotional Learning (Prevention & Behavior)

Tuesday-Wednesday-Thursday
3:15 PM - 3:45 PM

Students participate in Positive Action and SMART Moves lessons that build communication, leadership, healthy decision-making, and positive relationships.



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Milford After-School Program 2026-2027



Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1 STEM Club Positive Actions Power Hour Fire Drill	2
5 Net Positive Visit Game Lab Club Power Hour	6 STEM Club Positive Actions Power Hour	7 Disaster Drill Fall Quest Power Hour	8 NO PROGRAM Training Day	9
12 Game Lab Club Power Hour	13 STEM Club Positive Actions Power Hour	14 Fall Quest Power Hour	15 STEM Club Positive Actions Power Hour	16
19 NO SCHOOL Fall Break	20 NO SCHOOL Fall Break	21 Fall Quest Power Hour	22 STEM Club Positive Actions Power Hour	23
26 Game Lab Club Power Hour	27 STEM Club Positive Actions Power Hour	28 Fall Quest Power Hour	29 STEM Club Positive Actions Power Hour	30

Daily Schedule

2:30 PM – Brain Break
 3:00 PM – Super Snack
 3:15 PM – Enrichment Activities (*Social Emotional Learning, SMART Moves, STEM & Clubs*)
 4:15 PM – Power Hour (*Homework Help & Academic Support*)
 5:00 PM – Snack
 5:15 PM – Reflection & Clean-Up
 5:30 PM – End of Program

Contact Info

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October Club & Activity Details

Message to Parents:

🎃 Happy October! 🧛‍♀️

We are excited for another great month at the Boys & Girls Club! As we welcome the fall season, we wish all of our members and families a happy October filled with fun, learning, and great memories. We hope everyone enjoys the cooler weather, festive activities, and a little Halloween fun along the way!

Thank you for being part of our Boys & Girls Club family. We look forward to another amazing month together!

Game Lab Club 🎮 - Game Lab gives youth the chance to build teamwork, creativity, problem-solving, and communication skills through hands-on games and challenges inspired by popular games. Youth will work together, think strategically, and participate in fun activities that encourage collaboration and critical thinking.

Fall Quest 🍁 - Youth will celebrate the fall season through hands-on crafts, games, group activities, and seasonal challenges. Club activities will give youth opportunities to be creative, work together, build communication skills, and try new things while enjoying everything that makes fall fun. Youth will also practice teamwork and positive social skills in a relaxed and engaging environment.

Positive Actions 👤 (Tuesdays & Thursdays) - Students participate in Positive Action lessons that help build communication skills, leadership, positive relationships, and healthy decision-making. Lessons include engaging activities and discussions that help youth develop confidence, responsibility, and respect for others.

STEM Club 🧪 (Tuesdays & Thursdays) - Explore STEM through hands-on activities using YES Kits. Members will complete engaging experiments, design challenges, and interactive projects that encourage curiosity, critical thinking, creativity, and problem-solving. STEM Club helps youth discover how STEM concepts connect to the world around them while having fun learning through hands-on experiences.

Net Positive Visit 💻 - Members will participate in engaging lessons and activities focused on digital citizenship and online safety. Topics may include responsible technology use, internet safety, cyberbullying prevention, media literacy, and building a positive digital footprint. This club helps youth develop the knowledge and skills needed to navigate the online world safely, respectfully, and confidently.

Power Hour 📚 (Daily) - Power Hour provides dedicated time for homework completion, reading, and academic enrichment. Staff offer support and encouragement while members build responsibility, organization, time management, and study skills. The goal is to help youth develop strong learning habits and confidence in their academic success.

