

October 2026

Heber Valley

730 S 600 W, Heber City 84032 | 801-857-4793



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday



Sophie
Everly
Zariah
Lucas

UPCOMING EVENTS

Fall Celebration: A day where we will play some games and other activities to celebrate the season!

CLUB CLOSED

10/7-10/8 - SLCs
10/09 All Staff Training
10/12- 10/16 Fall Break



Get To Know Miss Chesney!

Hi! I am Chesney, the new BGC Heber Valley Elementary site director! I am so excited to get to know everyone and their parents. More about me, my favorite colors are purple and yellow. In my free time, I like to write, read, craft, play games, and so much more!



CONTACT INFORMATION

Chesney Barra
Site Director
Phone: (801) 857-4793
Email: hebervalley@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Mon. - Fri

5:00-5:30 PM

Club members engage in daily homework support, literacy development, and specialized math practice to strengthen their academic foundation.

STEM Labs

Tuesday & Thursday (K-2)

Wednesday & Friday (3-5)

4:30 PM - 5:00 PM

Members explore various concepts within science, technology, engineering, and math through hands-on laboratory experiences.

Enrichment

Tuesday & Thursday (3-5)

Wednesday & Friday (K-2)

4:30 PM - 5:00 PM

Club members discover fresh interests, talents, and innovative concepts through a variety of engaging extracurricular pursuits.

Social Emotional Learning (Prevention & Behavior)

Mon. 3:30-4:30 Smart Moves

Tues. & Thurs. 4:00-4:30 Positive Action

Club members participate in Positive Action and SMART Moves, a comprehensive curriculum designed to equip youth with vital social-emotional competencies. These fundamental skills are introduced via daily instruction and woven into every aspect of our program.



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Utah State Board of Education



Heber Valley After school Program 2026-2027

OCTOBER



Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1 STEM K-2 Positive Action	2 STEM 3-5 Project Learn
5 STEM 3-5 Project Learn Fun Monday	6 STEM K-2 Positive Action Fire Drills	7 No Club SEPs (Heber Elementary)	8 No Club SEPs (Heber Elementary)	9 No Club
12 No Club	13 No Club	14 No Club Fall Break	15 No Club Fall Break	16 No Club Fall Break
19 STEM 3-5 Project Learn Fun Monday	20 STEM K-2 Positive Action	21 STEM 3-5 Project Learn Disaster Drill	22 STEM K-2 Positive Action	23 STEM 3-5 Project Learn
26 STEM 3-5 Project Learn Fun Monday	27 STEM K-2 Positive Action	28 STEM 3-5 Project Learn	29 STEM K-2 Positive Action FALL CELEBRATION	30 STEM 3-5 Project Learn

Daily Schedule

Monday
2:20-2:40 Check in and Snack
2:40-3:00 Structured Outside Time
3:00-3:30 Circle Up/SEL
3:30-4:30 Smart Moves
4:30-5:00 Fun Monday
5:00-5:30 Project Learn
5:30-5:50 Choice Time
5:50-6:00 Clean up and check out

Tuesday & Thursday
3:20-3:40 Check in and Snack
3:40-4:00 Structured Outside Time
4:00-4:30 Circle Up/SEL
4:30-5:00 Enrichment: 3-6, STEM: K-2
5:00-5:30 Positive Action
5:30-5:50 Choice Time
5:50-6:00 Clean up and check out

Wednesday & Friday
3:20-3:40 Check in and Snack
3:40-4:00 Structured Outside Time
4:00-4:30 Circle Up/SEL
4:30-5:00 Enrichment: K-2 STEM: 3-5
5:00-5:30 Project Learn
5:30-5:50 Choice Time
5:50-6:00 Clean up and check out

Contact Info

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October Club & Activity Details

Message to Parent:

Hello! We are excited to have a new site director. As we make transitions with new staffing, we are wanting to add some new specialty classes! The classes will have more information below, along with a new email with an updated calendar once they have been set up. We are also engaging in lots of fun educational activities, which we have listed below.

Project Learn/Power Hour - Power Hour offers a structured window for students to prioritize academic obligations. Our facilitators assist members in completing assignments and managing daily tasks to minimize missing work. For those without homework, we provide enriching alternatives including math and literacy centers, alongside High Yield Learning Activities. This program runs every day.

STEM - Americorp - STEM (Science, Technology, Engineering, and Math) is a hands-on way for students to explore the world around them. Through interactive labs, children develop critical thinking and problem-solving skills by building, designing, and experimenting. It's a fun, engaging way to spark curiosity and build a strong foundation for future learning.

Positive Action - On Tuesdays and Thursdays, we utilize the evidence-based Positive Action curriculum. This program is woven into our Club culture to promote a supportive environment where youth are empowered to reach their full potential. By focusing on real-life applications, members learn to cultivate a positive self-concept and excel in their daily interactions.

SMART Moves - Every Monday throughout this ten-week cycle, members participate in SMART Moves. This suite of targeted prevention programming equips young people with the critical thinking skills and healthy attitudes necessary to navigate complex decisions and avoid risky behaviors.

Fire Drill- To maintain a safe environment, we will conduct a scheduled fire drill. This practice ensures that all members and staff are thoroughly prepared to follow established safety protocols and emergency evacuation procedures.

Specialty Classes Coming Soon

Sports Days - This program will teach kids about different sports & how each sport requires different styles of communication. Days TBA.

Art Explorers -This program will teach kids about different art styles & the different materials to create them! Days TBA.

Paper Airplanes/Aerodynamics - This program will teach kids how to create different styles of paper airplanes and how the aerodynamics behind each one works. Days TBA.

