

October 2026

Bruin Point

100 Viking Blvd (435) 888-4474



BOYS & GIRLS CLUBS
OF CARBON COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy
Birthday



Juniper (3rd)
Alister(8th)
Helenna(27th)

UPCOMING EVENTS

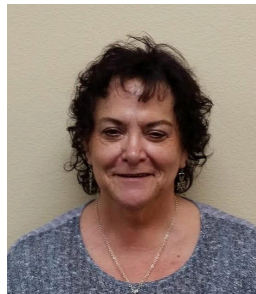
Science Fair October 28th @3:30pm
Pumpkin Painting Family Night October 29th
@5:30pm

CLUB CLOSED

October 9th-Training
October 22-23-Fall Break
October 30-No School



Get To Know



My name is
**Brenda
Nielson. I am
a mother (9),
Grandmother
(24), and a
Great
Grandma (1).**

**I am the STEM Specialist for the
Boys and Girls Club. I live here in
the community of East Carbon. I'm
originally from Alabama but i love it
here in Utah.**

CONTACT INFORMATION

Rachel Baldwin
Site Coordinator
Phone: **385-505-3815**
Email: rachel.baldwin@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Tues-Fri
4:45-5:20

Power Hour emphasizes high-yield learning activities while providing dedicated time for youth to complete homework or unfinished class assignments. To help students excel, we will focus on a specific monthly academic goal designated by Mrs. Garcia!

STEM Labs

Tues & Thurs
3:30-4 (K-2) 4:05-4:35 (3-5)

EiE (Engineering is Elementary) is a hands-on STEM curriculum developed by [Boston's Museum of Science](https://www.bostonmuseumofscience.org/).

It teaches engineering and science concepts to elementary and middle school students by connecting real-world problem solving with literacy, social studies, and different fields of engineering

Enrichment

Tues-Thurs

Throughout this school year, we are offering diverse enrichment programs. While some are hourly sessions that students can choose to join, others consist of 30-minute activities designed for all youth to participate in together.

Social Emotional Learning (Prevention & Behavior)

Wed 4:55-5:25 (K-5)

SMART Moves (Skills Mastery and Resilience Training) is an evidence-based prevention and education program created by the [Boys & Girls Clubs of America](https://www.bgsusa.org/). In a Social-Emotional Learning (SEL) context, it helps youth ages 6 to 15 build self-control, emotional awareness, and decision-making skills to resist peer pressure, substance use, and risky behaviors.

Fridays
4-4:30

Our efforts will be centered on achieving monthly objectives that correspond with the school's designated priorities for social and emotional learning.



www.facebook.com/bgccarbon



www.instagram.com/bgccarbon



Utah State Board of Education



Bruin Point After school Program 2026-2027

OCTOBER



Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM Fire Drill	2 C Day Power Hour Get Moving Social & Emotional Learning <u>Monster Mash</u>
5 No Program	6 A Day Power Hour Get Moving K-5 STEM K-5 Net Positive	7 B Day Power Hour Get Moving SMART Moves (3-5) K-5 Science Club K-5 Art Club	8 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	9 No Program
12 No Program	13 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	14 B Day Power Hour Get Moving SMART Moves (K-2) K-5 Science Club K-5 Art Club	15 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	16 C Day Power Hour Get Moving Social & Emotional Learning <u>"Pumpkin Jack"</u>
19 No Program	20 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	21 B Day Power Hour Get Moving SMART Moves (3-5) K-5 Science Club K-5 Art Club Earth Quake Drill	22 Fall Break	23 Fall Break
26 No Program	27 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM Happy Birthday Helenna	28 B Day Power Hour Get Moving SMART Moves (K-2) K-5 Science Fair K-5 Art Club	29 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM Pumpkin Painting Family Night @5:30pm	30 No School No Program

Daily Schedule

A DAY (Tuesday and Thursday)

2:40 - 2:50: Check In/Super Snack
2:50 - 3:10: Get Moving
3:15 - 3:25: Bear Huddle/JOD
3:30 - 4:00: STEM (K-2)/ Enrichment(3-5)
4:05 - 4:35: STEM (3-5)/ Enrichment (K-2)
4:40 - 4:50: Snack
4:55 - 5:25:Power Hour
5:25 - 5:30: Clean up and Check Out

B Day (Wednesday)

2:40 - 2:50: Check In/Super Snack
2:50 - 3:10: Get Moving
3:15 - 3:25: Bear Huddle/JOD
3:30 - 4:30: Art Club/ Science Club (K-5)
4:35- 4:50: Snack
4:55 - 5:25:Power Hour/ Positive Action (K-5)
5:25 - 5:30: Clean up and Check Out

C Day (Fun Fridays)

2:40 - 2:50: Check In/Super Snack
2:50 - 3:10: Get Moving
3:15 - 3:25: Bear Huddle/JOD
3:30 - 4:00: Fun Friday Activity
4:00 - 4:30: Social & Emotional Learning
4:35 - 4:45: Snack
4:50 - 5:25:Power Hour
5:25 - 5:30: Clean up and Check Out

Contact Info

Rachel Baldwin
Site Coordinator
Email: rachel.baldwin@bgcutah.org
Phone: 385-505-3815
Program Address: 100 Viking Blvd



www.facebook.com/bgccarbon



www.instagram.com/bgccarbon



Utah State Board of Education



October Club & Activity Details

Message to Parents:

Welcome October! We are thrilled for another month with a calendar full of engaging activities for your amazing children. Our primary objective this year is to offer enriching experiences that are both educational and entertaining, while also aligning our Club objectives with school-wide goals.

Our weekly programming includes several exciting highlights:

- Wednesday Club Rotations: Each Wednesday, students can choose between an hour-long Art Club or Science Club session. We will also rotate (K-2) & (3-5) SMART Moves Resources to help youth improve skills they need to understand themselves, manage their emotions, make responsible choices, and build healthy relationships with others.
- Tuesday/Thursday Essentials: Every Tuesday and Thursday, all youth will participate in 30-minute STEM and Enrichment modules.
- Friday Social-Emotional Learning: On Fridays, we will facilitate skill-building activities that mirror the monthly curriculum taught in school.
- Fun Fridays: We are launching a new tradition of relaxed, enjoyable activities that every student will love.

This month is our first Family Night!! We are so excited to offer these every quarter to help us collaborate with parents and families! This month's Family Night activity will be pumpkin painting!! This will be such a great experience to do a fun project with your youth you can take home to display. This event will be held **Thursday October 29th** starting at pick up time! Light refreshments will be served. We can't wait to see you all there!

Power Hour - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLA's), and participating in reading and math programs. Our goal is to reduce missing assignments by collaborating with teachers and ensuring that their students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLA's, along with different reading and math programs to further enhance their overall knowledge and skills in these important subjects. This will run Tuesday through Friday for 30 minutes!

STEM Labs - This is a program that is run by an Americorps specialist that works at the afterschool site. It consists of YES lessons (Youth Engineering Solutions) that promote hands-on learning of Science, Technology, Engineering, and Math. These lessons are designed to spark curiosity and creativity in the youth. The program offers interactive projects, team challenges, and real-world problem-solving activities that encourage critical thinking and innovation. Our Americorps specialist works hard to offer an environment that fosters a love for learning, encourages collaboration, and builds confidence in the youth, preparing them for a future where STEM skills are more valuable than ever. This is run Tuesdays and Thursdays for 30 minutes.

SMART Moves - (Skills Mastery and Resilience Training) is an evidence-based prevention and education program created by the [Boys & Girls Clubs of America](https://www.bgc.org/). In a Social-Emotional Learning (SEL) context, it helps youth ages 6 to 15 build self-control, emotional awareness, and decision-making skills to resist peer pressure, substance use, and risky behaviors.

