

September 2026

Sandstone

850 N 2450 E, St. George UT 84790 | 435-674-6460



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Zachariah 9/17

UPCOMING EVENTS

CLUB CLOSED

September 7, 2026
Sep 11, 2026

Get To Know



Meet Julissa Hernandez! She's excited to work with your students. This is her second year with the Boys & Girls Club, and she's been working with elementary-aged kids since 2019. Julissa and her husband moved here a little over a year ago from Carbon County, where she graduated college.

CONTACT INFORMATION

Kendall Cabrera
Site Coordinator
Phone: 801-372-3059
Email: kendall.cabrera@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Mondays & Wednesdays & Thursdays

Project Learn provides students with a supportive environment to complete homework, strengthen reading skills, and build academic confidence. Members receive help from staff with their schoolwork or will participate in HYLAs.

STEM Labs

Tuesdays & Thursdays

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

Enrichment

Mondays & Wednesdays

Physical / Creative Club each month. Members get to try new things, build skills, and have fun while exploring their passions.

SEL/Positive Action (Prevention & Behavior)

Tuesdays

This curriculum engages club members through actions and activities designed to help them identify their emotions and feelings.



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education



September



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH
BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

Monday	Tuesday	Wednesday	Thursday	Friday
31	1 STEM Positive Action	2 Culture Club Project Learn	3 STEM Project Learn	4 Fun Friday Fire Drill SMART Moves Health & Wellness Computer Lab
7 	8 STEM Positive Action	9 Culture Club Project Learn	10 STEM Project Learn	11 
14 Culture Club Project Learn	15 STEM Positive Action	16 Culture Club Project Learn	17 STEM Project Learn	18 Fun Friday SMART Moves Health & Wellness Computer Lab
21 Culture Club Project Learn	22 STEM Positive Action	23 	24 	25 Fun Friday SMART Moves NET Positive Computer Lab
28 Culture Club Project Learn	29 STEM Positive Action	30 Culture Club Project Learn	1 STEM Project Learn	2 Fun Friday SMART Moves Health & Wellness Computer Lab

Contact Info

Kendall Cabrera - Site Coordinator
Email: kendall.cabrera@bgcutah.org
Phone: 801-372-3059



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education



Weekly Schedule

Monday/Wednesday	Tuesday	Thursday	FUN Friday
3:30-3:50 Check In, Snack, Line Up 3:55-4:10 Outside Time TRANSITION TIME 4:20-4:45 Enrichment Club (K-3) / Project Learn(4-5) TRANSITION TIME 4:50 - 5:15 Enrichment Club (4-5) / Project Learn(K-3) 5:25 - 5:30 Clean Up, PM Snack 5:30 - Pick Up	3:30-3:50 Check In, Snack, Line Up 3:55-4:10 Outside Time TRANSITION TIME 4:20-4:45 STEM (K-3) / Positive Action (4-5) TRANSITION TIME 4:50 - 5:15 STEM (4-5) / Positive Action (K-3) 5:25 - 5:30 Clean Up, PM Snack 5:30 - Pick Up	3:30-3:50 Check In, Snack, Line Up 3:55-4:10 Outside Time TRANSITION TIME 4:20-4:45 STEM (K-3) / Project Learn(4-5) TRANSITION TIME 4:50 - 5:15 STEM (4-5) /Project Learn(4-5) 5:25 - 5:30 Clean Up, PM Snack 5:30 - Pick Up	12:00-12:25 Check In, Snack, Line Up 12:30 - 1:00 Outside Time 1:10 - 1:45 Computer Lab TRANSITION TIME 1:50 - 2:35 SMART Moves TRANSITION TIME 2:40 - 3:20 Quiet Time (meditation, coloring, resting) TRANSITION TIME 3:25 - 4:25 FUN Friday Activity TRANSITION TIME 4:30 - 5:15 Net Positive or Health and Wellness 5:15 - 5:25 Clean Up, PM Snack 5:30 Pick Up

EARLY PICK UP MUST BE DURING TRANSITION TIMES

Message to Parents:

Hi Sandstone Parents,

We're super stoked to have your child(ren) joining our afterschool program this year!

Our goals this year are to build strong relationships with students, cultivate skill-building, and give them opportunities to learn something new through our variety of curriculums and activities, including STEM, Net Positive, SMART Moves, Clubs, and Positive Action.

We're excited for a fun, meaningful year filled with learning, growth, creativity, and connection. We can't wait to see what this year has in store!



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education



Club & Activity Details

All clubs meet on Mondays and Wednesdays from 4:20–5:20 PM.

August/September — Culture Club, Theme: All Cultures Belong

Students will explore and celebrate cultures and traditions from around the world while learning about the similarities and differences that make each culture special. Students will build cultural awareness, respect, communication, and appreciation for their own and others' traditions.

October — Witches and Wizards Club, Theme: Spooky Stories & Amazing Powers

Students will explore spooky stories, magical powers, and the fascinating history of witches and wizards. Along the way, they'll create magical crafts, play games, solve mysterious challenges, and use their imaginations to create their own magical adventures!

November — Cooking Club, Theme: Thankful & Grateful

Students will explore the basics of cooking through pretend play, simple recipes, and hands-on activities. They will learn how ingredients work together, how to follow directions and sequence steps, and how food can bring people together while practicing gratitude and teamwork.

December — Surprise Club, Theme: The Season of Surprises

Students will explore different crafts and creative activities while making thoughtful surprises for others. They will develop creativity, fine-motor skills, problem-solving, and an understanding of kindness, generosity, and the joy of giving.

January — Self Care Club, Theme: Mind & Body Goals

Students will learn age-appropriate ways to care for their minds and bodies, including personal hygiene, physical activity, healthy habits, and simple mindfulness techniques. They will also practice setting goals, taking small steps, and developing perseverance.

February - Craft Club, Theme: Spread Love, Spread Kindness

Students will learn about Valentine's Day traditions and how different cultures celebrate love and friendship while creating fun, seasonal crafts. They will practice creativity, fine-motor skills, empathy, communication, and kindness.

March - Leprechaun Club, Theme: Rainbows & Pots of Gold

Students will explore the legends of leprechauns while learning how rainbows form and discovering basic facts about gold. Through creative challenges such as designing leprechaun traps, students will practice STEM skills, problem-solving, teamwork, and creativity.

April — Garden Club, Theme: Where We Belong, We Grow

Students will discover how plants grow by learning about plant parts, seeds, sunlight, water, and basic photosynthesis. They will also plant and care for their own plants while developing observation, responsibility, patience, and science skills.

May — Superhero Club, Theme: You Don't Have to Be Super to Be a Superhero

Students will learn that being a hero is about using their strengths to help others and make a positive difference. They will meet local super heroes and explore leadership, kindness, teamwork, confidence, problem-solving, and ways they can be everyday heroes in their school and community.



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education

