

September 2026

Heritage

747 E Riverside Dr, St. George UT 84790 | 435-628-4427



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday



Happy Birthday to all of our club members who celebrate their special day in September!



Upcoming Events

9/7 Labor Day - No Club
9/11 Staff Training - No Club
9/3 Fire Drill at 5pm

CLUB CLOSED

9/7
9/11



Get To Know Oliver & Olivia!



Meet Mr. Miguel's best friends, Oliver & Olivia! These two sweet hairless cats are the biggest cuddle bugs! They love taking over Mr. Miguel's Minky blankets, getting yummy treats, and going on walks around the neighborhood in their stroller. Even though they don't have fur, their skin is surprisingly soft, silky, and warm-making them the perfect little cuddle buddies!

CONTACT INFORMATION

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Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)

[Membership Handbook](#)

Project Learn

Mondays & Wednesdays

Project Learn provides students with a supportive environment to complete homework, strengthen reading skills, and build academic confidence. Members receive help from staff with their schoolwork or will participate in HYLA's.

STEM Labs

Mondays, Wednesdays & Fridays

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

Enrichment

Tuesdays & Thursdays

Physical / Creative Club each month. Members get to try new things, build skills, and have fun while exploring their passions.

Social Emotional Learning (Prevention & Behavior)

Tuesdays, Thursdays, & Fridays

This curriculum engages club members through actions and activities designed to help them identify their emotions and feelings.



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After School Program

2026 - 2027



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

Monday	Tuesday	Wednesday	Thursday	Friday
31	1 Positive Action Move and Groove Club	2 STEM Project Learn	3 Project Learn Create & Imagine Club Fire Drill 5pm	4 Fire Drill Fun Friday SMART Moves STEM Computer Lab
STEM Project Learn	8 Positive Action Move and Groove Club	9 STEM Project Learn	10 Project Learn Create & Imagine Club	11 Fun Friday SMART Moves STEM Computer Lab
14 STEM Project Learn	15 Positive Action Move and Groove Club	16 STEM Project Learn	17 Project Learn Create & Imagine Club	18 Fun Friday SMART Moves STEM Computer Lab
21 STEM Project Learn	22 Positive Action Move and Groove Club	23 STEM Project Learn	24 Project Learn Create & Imagine Club	25 Fun Friday SMART Moves STEM Computer Lab
28 STEM Project Learn	29 Positive Action Move and Groove Club	30 STEM Project Learn	1	2

Daily Schedule

Monday/Wednesday

3:30-3:50 Check In, Snack, Circle up
3:55-4:15 Outdoor Fun
4:20-4:50 STEM (K-3) / Project Learn (4-5)
4:50 - 5:25 STEM (4-5) / Project Learn (K-3)
5:25 - 5:30 Clean Up, PM Snack
5:30 - Check Out

Tuesday/Thursday

3:30-3:50 Check In, Snack, Circle Up
3:55-4:15 Outdoor Fun
4:20-4:50 Enrichment Club (K-3) / Positive Action(4-5)
4:50 - 5:25 Enrichment Club (4-5) / Positive Action(K-3)
5:25 - 5:30 Clean Up, PM Snack
5:30 - Check Out

Friday

12:00-12:25 Check In, Snack, Circle Up
12:30 - 1:05 Outdoor Fun
1:10 - 1:45 Computer Lab or Net Positive
1:50 - 2:35 SMART Moves
2:40 - 3:20 Quiet Time (meditation, coloring, resting)
3:25 - 4:25 FUN Friday
4:30 - 5:15 STEM
5:15 - 5:25 Clean UP, PM Snack
5:30 Check Out

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September Club & Activity Details

Message to Parents:

Hello Everyone! This month we will be continuing some different curriculum aligned with Boys and Girls Clubs across the county designed to help children develop in multiple key areas. We are thrilled to partner with you in our afterschool program this year!

Our goal is to create a fun, supportive environment where your child can explore new interests, build skills, and form lasting friendships. We're excited to work together to make this a rewarding experience for everyone involved! As a reminder, we will still need all parents/guardians/family to bring ID for pick up and ensure you add anyone who is able to pick up the child to their registration. We do this to ensure the safety of all the students and their families. We are so excited to continue our work with you all and hope to make it an amazing year!

Check In, Snack & Circle Up - Each day begins with check-in, snack, and Circle Up. This is a time for members to get settled, connect with staff and friends, review expectations, and learn about what is happening at the Club that day. Members will have the opportunity to enjoy a snack while preparing for the afternoon's activities. Check In, Snack & Circle Up takes place Monday-Thursday from 3:30-3:50 and Fridays from 12:00-12:25.

Game ON! Physical Specialty Club - We are excited to introduce our Game On! Physical Specialty Club! This club will be held on Tuesdays. Students will participate in fun games, fitness challenges, relay races, obstacle courses, dancing, and team activities that encourage movement, teamwork, and good sportsmanship. We are excited to get moving and see everyone have fun!

Create & Imagine Creative Specialty Club - Get ready to create, imagine, and have fun! Our Create & Imagine Creative Specialty Club will be held on Thursdays. Students will explore a variety of hands-on art projects, crafts, and creative challenges while using their imagination and expressing their unique ideas. We are excited to see the creativity and amazing projects our students will create!

Outdoor Fun - Outdoor Fun gives our members an opportunity to get active, enjoy fresh air, and participate in games and activities with their peers. These activities encourage teamwork, physical activity, and positive social interactions while giving members a chance to have fun. Outdoor Fun takes place Monday-Thursday from 3:55-4:15 and Fridays from 12:30-1:05.

STEM - Our STEM program gives members the opportunity to explore science, technology, engineering, and math through hands-on activities and engaging projects. Members will be encouraged to ask questions, solve problems, and discover how things work. STEM is offered Monday and Wednesday from 4:20-5:25, with K-3 and 4-5 members participating at different times. STEM is also offered Fridays from 4:30-5:15.

Project Learn - Project Learn helps members strengthen the academic skills they use in school while making learning fun and engaging. Through educational activities and projects, members have opportunities to practice skills, explore new ideas, and build confidence in their learning. Project Learn is offered Monday and Wednesday from 4:20-5:25, with K-3 and 4-5 members participating at different times.

Enrichment Club - Enrichment Club gives our members a chance to explore new interests, try different activities, and discover new passions. These activities are designed to encourage creativity, curiosity, and positive peer interactions while allowing members to learn and have fun outside of the traditional classroom. Enrichment Club is offered Tuesday and Thursday from 4:20-5:25, with K-3 and 4-5 members participating at different times.



Positive Action - Positive Action is a social-emotional learning curriculum that helps members develop a strong, healthy self-concept and make positive choices. Members learn about kindness, responsibility, taking care of themselves and others, and how their actions can affect how they feel. Positive Action is offered Tuesday and Thursday from 4:20-5:25, with K-3 and 4-5 members participating at different times.

Computer Lab / Net Positive - Members have the opportunity to participate in technology-based activities through Computer Lab or Net Positive. These activities help members develop responsible technology habits while giving them opportunities to learn, explore, and engage with technology in a positive and productive way. Computer Lab or Net Positive takes place Fridays from 1:10-1:45.

SMART Moves - SMART Moves is a social-emotional curriculum designed to help members develop healthy decision-making skills and learn strategies for handling feelings and challenging situations. Members practice self-regulation, communication, and making safe and responsible choices. SMART Moves takes place Fridays from 1:50-2:35.

Quiet Time - Quiet Time gives members an opportunity to slow down, recharge, and practice calming activities. Members may participate in meditation, coloring, resting, or other quiet activities that help them relax and prepare for the remainder of the day. Quiet Time takes place Fridays from 2:40-3:20.

FUN Friday - FUN Friday is a special time for members to enjoy games, activities, and positive experiences with their friends and Club staff. This time is designed to build relationships, encourage teamwork, and give members something fun to look forward to at the end of the week. FUN Friday takes place Fridays from 3:25-4:25.

Clean Up & PM Snack - At the end of the afternoon, members work together to clean up their activity areas and prepare for dismissal. Members will also have an opportunity to enjoy their afternoon snack before checking out. Clean Up and PM Snack takes place Monday-Thursday from 5:25-5:30 and Fridays from 5:15-5:25.

Check Out - Check Out is the final part of the Club day. Staff ensure that members are properly signed out and ready to leave safely with their approved adult. Check Out begins at 5:30 Monday-Friday.



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