

September 2026

Bruin Point

100 Viking Blvd (435) 888-4474



BOYS & GIRLS CLUBS
OF CARBON COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday



Emberli(15th)

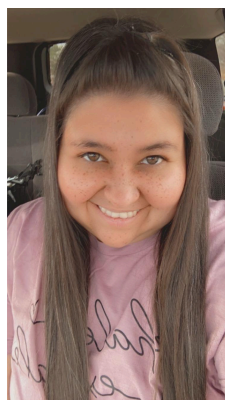
UPCOMING EVENTS

CLUB CLOSED

September 8th & 11th



Get To Know



Miss Cheylee is back and ready for another year of the afterschool program! I am eager and excited to spend the full school year with your youth and dive into all the fun holidays I missed out on last

year. I am excited to grow our afterschool club and make it even better than before!

CONTACT INFORMATION

Rachel Baldwin
Site Coordinator
Phone: [385-505-3815](tel:385-505-3815)
Email: rachel.baldwin@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Tues-Fri
4:45-5:20

Power Hour emphasizes high-yield learning activities while providing dedicated time for youth to complete homework or unfinished class assignments. To help students excel, we will focus on a specific monthly academic goal designated by Mrs. Garcia!

STEM Labs

Tues & Thurs
3:30-4 (K-2) 4:05-4:35 (3-5)

EiE (Engineering is Elementary) is a hands-on STEM curriculum developed by [Boston's Museum of Science](https://www.bostonmuseumofscience.org/). It teaches engineering and science concepts to elementary and middle school students by connecting real-world problem solving with literacy, social studies, and different fields of engineering

Enrichment

Tues-Thurs

Throughout this school year, we are offering diverse enrichment programs. While some are hourly sessions that students can choose to join, others consist of 30-minute activities designed for all youth to participate in together.

Social Emotional Learning (Prevention & Behavior)

Wed 4:55-5:25 (K-5)

SMART Moves (Skills Mastery and Resilience Training) is an evidence-based prevention and education program created by the [Boys & Girls Clubs of America](https://www.boysandgirlsclubs.org/). In a Social-Emotional Learning (SEL) context, it helps youth ages 6 to 15 build self-control, emotional awareness, and decision-making skills to resist peer pressure, substance use, and risky behaviors.

Fridays
4-4:30

Our efforts will be centered on achieving monthly objectives that correspond with the school's designated priorities for social and emotional learning.



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Utah State Board of Education



Bruin Point After School Program 2026 - 2027



**BOYS & GIRLS CLUBS
OF CARBON COUNTY**

Monday	Tuesday	Wednesday	Thursday	Friday
31	1 A Day Power Hour Get Moving K-5 STEM K-5 Net Positive	2 B Day Power Hour Get Moving Smart Moves(3-5) K-5 Science Club K-5 Art Club FIRE DRILL	3 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	4 C Day Power Hour Get Moving Social & Emotional Learning <u>Bubble Fun</u>
7 No School No Program	8 No Program	9 B Day Power Hour Get Moving Smart Moves(K-2) K-5 Science Club K-5 Art Club	10 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	11 No Program
14 No Program	15 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM Happy Birthday Emberli!	16 B Day Power Hour Get Moving Smart Moves(3-5) K-5 Science Club K-5 Art Club	17 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	18 C Day Power Hour Get Moving Social & Emotional Learning <u>Relay Games</u>
21 No Program	22 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	23 B Day Power Hour Get Moving Smart Moves(K-2) K-5 Science Club K-5 Art Club	24 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	25 C Day Power Hour Get Moving Social & Emotional Learning <u>Freeze Dance</u>
28 No Program	29 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	30 B Day Power Hour Get Moving Smart Moves(3-5) K-5 Science Club K-5 Art Club	1 A Day Power Hour Get Moving K-5 Enrichment K-5 STEM	2 C Day Power Hour Get Moving Social & Emotional Learning <u>Boondogle</u>

Daily Schedule		
A DAY (Tuesday and Thursday)	B Day (Wednesday)	C Day (Fun Fridays)
2:40 - 2:50: Check In/Super Snack 2:50 - 3:10: Get Moving 3:15 - 3:25: Bear Huddle/JOD 3:30 - 4:00: STEM (K-2)/ Enrichment(3-5) 4:05 - 4:35: STEM (3-5)/ Enrichment (K-2) 4:40 - 4:50: Snack 4:55 - 5:25:Power Hour 5:25 - 5:30: Clean up and Check Out	2:40 - 2:50: Check In/Super Snack 2:50 - 3:10: Get Moving 3:15 - 3:25: Bear Huddle/JOD 3:30 - 4:30: Art Club/ Science Club (K-5) 4:35- 4:50: Snack 4:55 - 5:25:Power Hour/Smart Moves(K-5) 5:25 - 5:30: Clean up and Check Out	2:40 - 2:50: Check In/Super Snack 2:50 - 3:10: Get Moving 3:15 - 3:25: Bear Huddle/JOD 3:30 - 4:00: Fun Friday Activity 4:00 - 4:30: Social & Emotional Learning 4:35 - 4:45: Snack 4:50 - 5:25:Power Hour 5:25 - 5:30: Clean up and Check Out

Contact Info
Rachel Baldwin Site Coordinator Email: rachel.baldwin@bgcutah.org Phone: 385-505-3815
Program Address: 100 Viking Blvd



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September Club & Activity Details

Message to Parents:

Welcome, parents & Welcome back, returning parents! We are thrilled to return with a calendar full of engaging activities for your amazing children. Our primary objective this year is to offer enriching experiences that are both educational and entertaining, while also aligning our Club objectives with school-wide goals.

Our weekly programming includes several exciting highlights:

- Wednesday Club Rotations: Each Wednesday, students can choose between an hour-long Art Club or Science Club session. We will also rotate (K-2) & (3-5) SMART Moves Resources to help youth improve skills they need to understand themselves, manage their emotions, make responsible choices, and build healthy relationships with others.
- Tuesday/Thursday Essentials: Every Tuesday and Thursday, all youth will participate in 30-minute STEM and Enrichment modules.
- Friday Social-Emotional Learning: On Fridays, we will facilitate skill-building activities that mirror the monthly curriculum taught in school.
- Fun Fridays: We are launching a new tradition of relaxed, enjoyable activities that every student will love.

We are eager to start this journey and look forward to welcoming both our returning students and the new faces joining us this year!

Power Hour - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLA's), and participating in reading and math programs. Our goal is to reduce missing assignments by collaborating with teachers and ensuring that their students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLA's, along with different reading and math programs to further enhance their overall knowledge and skills in these important subjects. This will run Tuesday through Friday for 30 minutes!

STEM Labs - This is a program that is run by an Americorps specialist that works at the afterschool site. It consists of YES lessons (Youth Engineering Solutions) that promote hands-on learning of Science, Technology, Engineering, and Math. These lessons are designed to spark curiosity and creativity in the youth. The program offers interactive projects, team challenges, and real-world problem-solving activities that encourage critical thinking and innovation. Our Americorps specialist works hard to offer an environment that fosters a love for learning, encourages collaboration, and builds confidence in the youth, preparing them for a future where STEM skills are more valuable than ever. This is run Tuesdays and Thursdays for 30 minutes.

SMART Moves - (Skills Mastery and Resilience Training) is an evidence-based prevention and education program created by the [Boys & Girls Clubs of America](#). In a Social-Emotional Learning (SEL) context, it helps youth ages 6 to 15 build self-control, emotional awareness, and decision-making skills to resist peer pressure, substance use, and risky behaviors.

