

August 2026

Timpanogos

449 N 500 W, Provo, UT 84601 | 801-857-4361



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday!



Liliana 26th
Magnolia 11th

UPCOMING EVENTS

First Day of school: August 19
First day of Afterschool: August 24

CLUB CLOSED

No Closures



Get To Know

Hi I am Carmen, I am happy to be joining the boys and girls club for my second year but first year as the Site Director. I am excited to continue getting to know the kids, as well as parents more this year!



CONTACT INFORMATION

Carmen Aagard
Site Coordinator
Phone: 801-857-4361
Email: timpanogos@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Mon. - Thurs.

4:10 PM - 4:40 PM

Club members engage in daily homework support, literacy development, and specialized math practice to strengthen their academic foundation.

STEM Labs

Mon. - Thurs.

4:40 PM - 5:20 PM

Members explore various concepts within science, technology, engineering, and math through hands-on laboratory experiences.

Enrichment

Mon. - Thurs.

4:40 PM - 5:20 PM

Club members discover fresh interests, talents, and innovative concepts through a variety of engaging extracurricular pursuits.

Social Emotional Learning (Prevention & Behavior)

Mon. - Thurs.

4:00 PM - 4:10 PM

Club members participate in Positive Action and SMART Moves, a comprehensive curriculum designed to equip youth with vital social-emotional competencies. These fundamental skills are introduced via daily instruction and woven into every aspect of our program.



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**Timpanogos
After School Program
2026 - 2027**



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17 Back to School Night 4:30-6:00pm	18	19 First Day of School No Afterschool	20 No Afterschool	21 No Afterschool
24 First Day of Afterschool	25	26	27 Fire Drills	28 Early Release
31	1	2	3	4

Daily Schedule

Monday and Wednesday

3:20-3:40 Check in and Snack
 3:40-3:55 Structured Outside Time
 3:55-4:10 Circle Up/SEL
 4:10-4:40 Project Learn
 4:40-5:25 Enrichment: 3-6
 4:40-5:25 STEM: K-2
 5:25-5:30 Clean up and check out

Tuesday and Thursday

3:20-3:40 Check in and Snack
 3:40-3:55 Structured Outside Time
 3:55-4:10 Circle Up/ SEL
 4:10-4:40 Project Learn
 4:40-5:25 Enrichment: K-2
 4:40-5:25 STEM 3-6
 5:25-5:30 Clean up and check out

Friday

20 mins Check in and Snack
 15 min Structured Outside Time
 1 hour SMART Moves
 30 min + Fun Friday
 5:25-5:30 Clean up and check out

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August Club & Activity Details

Message to Parents:

Greetings! As we settle into the rhythm of the new school year, we are excited to implement various national Boys & Girls Clubs curricula. These programs are tailored to foster growth across multiple developmental pillars, providing a nurturing and enjoyable space where members can thrive academically and social-emotionally while forging meaningful connections with peers.

Sports Rotation - During the latter half of August, our daily programming includes a comprehensive sports rotation. Members will explore diverse athletic disciplines, mastering specific techniques and game rules. This initiative promotes physical wellness and collaborative teamwork. Over the next fortnight, we will dedicate several days to each sport, culminating in a full-scale game to apply their newfound skills.

Project Learn/Power Hour - Power Hour offers a structured window for students to prioritize academic obligations. Our facilitators assist members in completing assignments and managing daily tasks to minimize missing work. For those without homework, we provide enriching alternatives including math and literacy centers, alongside High Yield Learning Activities. This program runs Monday through Thursday.

STEM - Americorp - STEM (Science, Technology, Engineering, and Math) is a hands-on way for students to explore the world around them. Through interactive labs, children develop critical thinking and problem-solving skills by building, designing, and experimenting. It's a fun, engaging way to spark curiosity and build a strong foundation for future learning.

Positive Action - On Tuesdays and Thursdays, we utilize the evidence-based Positive Action curriculum. This program is woven into our Club culture to promote a supportive environment where youth are empowered to reach their full potential. By focusing on real-life applications, members learn to cultivate a positive self-concept and excel in their daily interactions.

SMART Moves - Every Friday throughout this ten-week cycle, members participate in SMART Moves. This suite of targeted prevention programming equips young people with the critical thinking skills and healthy attitudes necessary to navigate complex decisions and avoid risky behaviors.

Fire Drill- To maintain a safe environment, we will conduct a scheduled fire drill. This practice ensures that all members and staff are thoroughly prepared to follow established safety protocols and emergency evacuation procedures.

