

August 2027

Provo Peaks

665 E Center St, Provo, UT 84606 | (801) 374-4940



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday!



5- Redd
12- Liam
22- Benjamin

UPCOMING EVENTS

24th: First day of Clubs!
27th: Fire Drill at 5:00

CLUB CLOSED

No closures in August!



Get To Know

Hello! My name is Kamryn Mantoan, and I am the Site Director. This is my second year running the Provo Peaks program, and I am so excited to be back! I graduated from Utah State University with a degree in Human Development, and I have been working in education and with youth for years. I am looking forward to this year and working with the kids and families that I had a great time with last year!



CONTACT INFORMATION

Site Coordinator: Kamryn Mantoan
Phone: 801.717.0809
Email: provopeaks@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Monday-Thursday
4:10-4:40

Time to work on homework, practice math, read, or do other academically enriching activities

STEM Labs

Monday -Thursday
4:40-5:20

Activities involving science, technology, engineering, mathematics, and related topics.

Enrichment

Monday -Thursday
4:40-5:20

Clubs that are designed to introduce new activities, passions and ideas to children.

Positive Action/SMART Moves

Monday-Thursday
4:00-4:10

Positive Action and SMART Moves is a curriculum focused on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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**Provo Peaks
After School Program
2026 - 2027**



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
Closed for Summer Break				
17	18	19	20	21
24 Circle Up/SEL: Unit 1 Lesson 1 Power Hour: Reading/ Homework STEM: All about me in 3D Enrichment: Get to Know You Boys and Girls Club Starts	25 Circle Up/SEL: Beginning a Space Age Journey to You! Power Hour: Reading/ Homework STEM: All about me in 3D Enrichment: Get to Know You	26 Circle Up/SEL: Unit 1 Lesson 2 Power Hour: Reading/ Homework STEM: Birdhouse Builders Enrichment: Goal Setting	27 Circle Up/SEL: What to do and What not to do Power Hour: Reading/ Homework STEM: Birdhouse Builders Enrichment: Goal Setting Fire Drill	28 Smart Moves: Building Your Group Agreements Student Club:
31 Circle Up/SEL: Unit 1 Lesson 3 Power Hour: Reading/ Homework STEM: Intro to Pollinators Enrichment: World Tour- France	1	2	3	4

Daily Schedule		
Monday and Wednesday 3:20-3:40 Check in/ Snack 3:40-3:55 Outdoor Time 3:55-4:10 Circle Up/SEL 4:10-4:40 Power Hour 4:40-5:25 Enrichment 3-6 4:40-5:25 STEM K-2 5:25-5:30 Pack up/Dismissal	Tuesday and Thursday 3:20-3:40 Check in/ Snack 3:40-3:55 Outdoor Time 3:55-4:10 Circle Up/SEL 4:10-4:40 Power Hour 4:40-5:25 Enrichment K-2 4:40-5:25 STEM 3-6 5:25-5:30 Pack up/Dismissal	Friday 1:30-1:45 Check In 1:45-2:00 Outdoor Time 2:00-3:00 SMART Moves 3:00-3:20 Snack 3:20-3:45 Recess 3:45-4:45 Student Club 4:45-5:20 Fun Friday 5:20-5:30 Pack up/ Dismissal

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Provo Peaks After School Program 2026 - 2027



August Club & Activity Details

Message to Parents:

Happy August and welcome back to school! I hope that the beginning of the school year has been going smoothly for you and your families. I am so excited to be back this year with the Boys and Girls Club, and am hoping that your kids are ready to jump in with everything we have planned for them. It's going to be a great year and I can't wait to see what happens. If you have any questions or concerns, please let me know!

Circle Up- Circle Up is a dedicated time to go over expectations, announcements, and club happenings. We use this time to help members know what Boys and Girls Club stands for, get to know each other better, and go through the daily schedule. Circle Up takes place Monday-Thursday from 3:55-4:10.

SEL - We utilize the Positive Action curriculum to teach our members about Social Emotional skills. In these lessons, your children learn about having a strong, healthy self concept. They also learn about how to be kind to themselves and others, the importance of taking care of their bodies, making strong choices, and how to be the best that they can be. In the lessons this month, we focus on what positive action is, and how doing positive actions helps to feel good about yourself. SEL lessons are taught Monday-Thursday from 3:55-4:10.

Enrichment - Enrichment clubs are built to give our members a place to explore new ideas and passions. Through these activities, members are given the chance to try things that they never have before. Enrichment is run Monday - Thursday from 4:40-5:25.

STEM- Our STEM club is taught by a dedicated STEM Specialist, who works hard to bring complex concepts to life in a fun and interesting way for our members. Our goal is to get members excited to figure out how different things work. This month, your students will be learning about insects and pollination with interactive projects. STEM is run Monday -Thursday from 4:40-5:25.

SMART Moves -SMART Moves is another social emotional curriculum that we use. This curriculum focuses on teaching members tools and techniques for self regulation and how to handle their feelings in a safe and constructive way. SMART Moves is taught on Fridays from 2:00-3:00.

Student Club - Student clubs are a new part of our program this year! These are lessons that will be written and taught by members. With our staff supporting them, we will be helping members know what leadership looks like in practice, and how they can make an impact on their peers. These clubs will give individuals the freedom to explore and share their interests, while letting the rest of the members get to know them better. Student clubs are run on Fridays from 3:45-4:45.

