

August 2026

# WESTMORE

1150 S Main St, Orem, UT 84058 | (801) 610-8123



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy  
Birthday!



## UPCOMING EVENTS

8/17 - Back to School Night  
3:30-5:30  
8/24 - First day of Club!  
3:30-5:30

**CLUB CLOSED**



## Get To Know Your Site Director!



Hello! My name is Lexie Monroy. This marks my third school year with the Boys & Girls Club, and my very first full year serving as your Site Coordinator! As a former club kid myself, I absolutely loved my time here growing up, and I am incredibly excited to get to know all of you and your students. My goal is to ensure the club is a fun, safe environment for every single student. To share a little bit about myself, I love being creative in any way possible, especially painting, drawing, and doing my own nails! I also adore animals. I am so eager to begin working alongside everyone this year!

## CONTACT INFORMATION

**Lexie Monroy**  
**Site Director**  
Phone: 801-372-5618  
Email: [Westmore@bgcutah.org](mailto:Westmore@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

4:40 pm - 5:15 pm **M/W 3-6 T/TH K-2**

Project Learn is a dedicated time where we offer homework support and academic enrichment. Since most students do not have regular homework, we use this time to strengthen reading, writing, and math skills through fun HYLA's (High Yield Learning Activities) and engaging academic games. For more information about this and other activities, please visit our Clubs & Activity pages.

## STEM Labs

4:40 pm - 5:15 pm **M/W K-2 T/TH 3-6**

STEM gives students hands-on opportunities to explore engineering, coding, and problem-solving through fun, interactive activities and YES Kits. For more information about this and other activities, please visit our Clubs & Activity pages.

## Enrichment

4:00 pm - 4:35 pm **M/W 3-6 T/TH K-2**

Enrichment provides students with engaging, age-appropriate activities that build social skills, teamwork, empathy, and creativity through games and group experiences. For more information about this and other activities, please visit our Clubs & Activity pages.

## Social Emotional Learning

4:00 pm - 4:35 pm **M/W K-2 T/TH 3-6**

SEL (Social Emotional Learning) helps students build self-awareness, confidence, and positive relationships through lessons focused on emotions, choices, and personal growth. For more information about this and other activities, please visit our Clubs & Activity pages.



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**WESTMORE**  
**After School Program**  
**2026 - 2027**



| Monday                                                                                                                                              | Tuesday                                                                                                                | Wednesday                                                                                                                                                    | Thursday                                                                                                               | Friday                                                                                                        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| 3<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                                                     | 4<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                        | 5<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                                                              | 6<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                        | 7<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                               |
| 10<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                                                    | 11<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                       | 12<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                                                             | 13<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                       | 14<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                              |
| 17<br><b>BACK TO SCHOOL NIGHT</b><br><b>3:30PM- 5:30PM</b>                                                                                          | 18<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                       | 19<br><b>FIRST DAY OF SCHOOL!!!</b><br>- - - -<br><b>NO CLUB</b>                                                                                             | 20<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                                       | 21<br><b>CLOSED</b><br>- - - -<br><b>NO CLUB</b>                                                              |
| 24<br><b>FIRST DAY OF CLUB</b><br>Circle-up<br>Enrichment (3rd-6th)<br>Social Emotional Learning (K-2nd)<br>Project Learn (3rd-6th)<br>STEM (K-2nd) | 25<br>Circle-up<br>Enrichment (K-2nd)<br>Social Emotional Learning(3rd-6th)<br>Project Learn (K-2nd)<br>STEM (3rd-6th) | 26<br><b>Fire Drill</b><br>Circle-up<br>Enrichment (3rd-6th)<br>Social Emotional Learning (K-2nd)<br>Project Learn (3rd-6th)<br>STEM (K-2nd)<br>Net Positive | 27<br>Circle-up<br>Enrichment (K-2nd)<br>Social Emotional Learning(3rd-6th)<br>Project Learn (K-2nd)<br>STEM (3rd-6th) | 28<br>Circle-up<br>SMART MOVES (K-2nd)<br>Enrichment (3rd-6th)<br>Enrichment (K-2nd)<br>SMART MOVES (3rd-6th) |
| 31<br>Circle-up<br>Enrichment (3rd-6th)<br>Social Emotional Learning (K-2nd)<br>Project Learn (3rd-6th)<br>STEM (K-2nd)                             | 1<br>Circle-up<br>Enrichment (K-2nd)<br>Social Emotional Learning(3rd-6th)<br>Project Learn (K-2nd)<br>STEM (3rd-6th)  | 2<br>Circle-up<br>Enrichment (3rd-6th)<br>Social Emotional Learning (K-2nd)<br>Project Learn (3rd-6th)<br>STEM (K-2nd)                                       | 3<br>Circle-up<br>Enrichment (K-2nd)<br>Social Emotional Learning(3rd-6th)<br>Project Learn (K-2nd)<br>STEM (3rd-6th)  | 4<br>Circle-up<br>SMART MOVES (K-2nd)<br>Enrichment (3rd-6th)<br>Enrichment (K-2nd)<br>SMART MOVES (3rd-6th)  |

**Daily Schedule**

| Monday/ Wednesday                                                                                                                                                                                                                                                  | Tuesday/Thursday                                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                                              |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3:30 pm - 3:40 pm -Sign-in/ Snack<br>3:45 pm - 3:55 pm - Circle-up<br>4:00 pm - 4:35 pm Enrichment (3rd-6th) (Net Positive)<br>Social Emotional Learning (K-2nd)<br>4:40 pm - 5:15 pm STEM (K-2nd)<br>Project Learn (3rd-6th)<br>5:20 pm - 5:30pm PM Snack/ Pickup | 3:30 pm - 3:40 pm -Sign-in/ Snack<br>3:45 pm - 3:55 pm - Circle-up<br>4:00 pm - 4:35 pm Enrichment (K-2nd)<br>Social Emotional Learning(3rd-6th)<br>4:40 pm - 5:15 pm STEM (3rd-6th)<br>Project Learn (K-2nd)<br>5:20 pm - 5:30pm PM Snack/ Pickup | 3:30 pm - 3:40 pm -Sign-in/ Snack<br>3:45 pm - 3:55 pm - Circle-up<br>4:00 pm - 4:35 pm SMART MOVES (K-2nd) Enrichment (3rd-6th)<br>4:40 pm - 5:15 pm Enrichment (K-2nd) SMART MOVES (3rd-6th)<br>5:20 pm - 5:30pm PM Snack/ Pickup |

**Contact Info**

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## Contact Info

Program Address: 1150 S Main St, Orem, UT  
84058

# WESTMORE After School Program 2026 - 2027

## August Club & Activity Details

### Message to Parents:

We hope you all had a fantastic summer and are just as excited as we are to kick off the new school year! We're thrilled to welcome back our returning students and can't wait to meet all of our new friends joining us this year.

We've been working hard all summer to prepare an exciting year full of hands-on learning, fun activities, and new experiences for our students. It's going to be a busy, fun-filled year, and we can't wait to get started!

As we begin the school year, we want to ensure our families have everything they need to feel supported. If you have any questions, ideas, or need assistance, please don't hesitate to reach out. I'm always happy to connect. I'm also excited to share all the updates and activities we have planned below!

We can't wait for an amazing year together!

**Snack and Check in/Out** - Each day, students are served a **Super Snack** during the first 15 minutes after school. Our Super Snack typically includes five components: a **grain, dairy, protein, fruit, and vegetable** to help students refuel after their school day.

Later in the afternoon, before dismissal, students will also receive a **PM Snack**. This is a lighter snack that typically includes **two components**, such as a **grain and a fruit** or a **grain and a vegetable**, to help keep students energized until they get home.

If your child attends the program for snack, please note that **all snacks must be eaten on-site**. After receiving their snack, students will sit at their assigned table to eat. We also have a **Share Bin** where unopened, unwanted snack items are placed. If your child is still hungry after finishing their snack, they are welcome to choose an item from the Share Bin.

Before receiving their Super Snack, students will be **checked into the program**. Once checked in, they will place their backpacks in their designated grade-level bins before lining up to receive their snack.

For your child's safety, **all students must be checked out before leaving the program**. Students may only leave with an approved adult listed on their registration form or with someone you have added to their authorized pick-up list by contacting me.



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If your child is an **approved walker**, they may leave independently only if we have received prior authorization from a parent or guardian. Students enrolled in the full afterschool program may be approved to walk home before our regular dismissal time of **5:30 PM**.

**Circle Up** - Circle Up is held **every day for the first 10 minutes after snack** and is the first activity we do as a program. It gives our students and staff an opportunity to come together, connect with one another, and start the afternoon on a positive note. Throughout the month, students will participate in fun icebreaker games and team-building activities that help them get to know one another while building friendships.

During Circle Up, we also introduce and reinforce our **Big 5 Expectations**, helping students understand what it means to be safe, respectful, responsible, and ready to learn in our program. We review the schedule for the day, discuss the activities ahead, and go over which spaces we will be using so everyone knows what to expect. Circle Up helps set a positive tone for the afternoon and ensures every student is ready for a fun and successful day at the Club!

**Enrichment** - Our Enrichment Activity takes place **Mondays and Wednesdays for grades 3-6** and **Tuesdays and Thursdays for grades K-2**, from **4:00-4:35 PM**. During this time, students are grouped by age (K-2 and 3-6) to ensure activities are developmentally appropriate and engaging for all participants.

This month, Enrichment will focus on a **“Get to Know You” theme**, where students will participate in games and activities designed to build important life skills such as good sportsmanship, teamwork, communication, and empathy.

As the year continues, our enrichment activities will become even more student-driven, focusing on the interests and ideas of the children in our program so they can explore what excites them most.

**SEL (Social Emotional Learning)** - While one group participates in Enrichment, the other group will engage in our **SEL (Social Emotional Learning)** activities. SEL takes place **Mondays and Wednesdays for grades K-2** and **Tuesdays and Thursdays for grades 3-6**, from **4:00-4:35 PM**.

This month, we are beginning **Unit 1: Philosophy and Thoughts-Actions-Feelings Circle**.

Across four lessons, students will explore the same key concepts in developmentally appropriate ways based on their age group. The four lesson topics are: **What to Do and What Not to Do, Feeling Good About Who You Are, What You Do Best, and Staying in the Positive Zone**.

These lessons are designed to help students better understand themselves and others, build confidence, and develop important social-emotional skills that support positive relationships and decision-making.

**Net Positive** - Net Positive is a course taught **Twice a month**, where our Net Positive specialist comes in to lead lessons with our students. These sessions typically take place during the **First** and **Third Wednesday** of each Month and will temporarily replace Enrichment activities while they are being held.

Net Positive focuses on **online safety and digital responsibility**. Students learn how to stay safe while using technology, how to protect themselves online, and what to do if they encounter situations such as cyberbullying or unknown individuals trying to contact them.

As technology continues to grow in our everyday lives, these lessons help students build the tools and confidence they need to make safe, responsible, and informed choices online.



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**STEM** - STEM will take place from **4:40–5:15 PM**, with **K-2 on Mondays and Wednesdays** and **grades 3–6 on Tuesdays and Thursdays**. This is part of our **nine-lessons YES Kit series**, which will continue throughout the program.

This month, our STEM focus kicks off with our **YES Kits**, which give students a hands-on way to explore engineering concepts. Our first project is **Engineering Bubble Wands**! This fun and challenging activity allows students to get creative while learning the basics of engineering design and problem-solving. It is engaging for all ages and helps students begin to think like engineers through hands-on exploration.

We are excited to see our students learning, building, and experimenting each week!

**Project Learn** - Project Learn takes place from **4:40–5:15 PM**, with **grades 3–6 on Mondays and Wednesdays** and **K-2 on Tuesdays and Thursdays**.

Project Learn is a dedicated time for academic support and enrichment. While most students do not have regular homework, we use this time to strengthen skills in **reading, writing, and math** through engaging, high-yield learning activities (HYLA's).

Students will participate in fun and interactive academic games such as spelling bees, math challenges, and Jeopardy-style games focused on reading, writing, and math skills. These activities are designed to make learning fun while reinforcing important academic foundations

**SMART MOVES** - SMART Moves takes place every **Friday K-2: 4:00–4:35 PM 3-6: 4:40–5:15 PM**

At Boys & Girls Club, we prioritize social and emotional growth alongside academics. **Our SMART Moves: Emotional Wellness** curriculum helps youth build skills like healthy relationships, emotional management, effective communication, and responsible decision-making. Each lesson is interactive and age-appropriate, featuring discussions, games, and team-building activities in a safe, supportive environment. To start the year, students will create **Group Agreements** to foster a positive Club community where everyone feels safe, respected, and valued. This foundation helps students build friendships, improve communication, and develop resilience for challenges inside and outside the Club.

Our goal is to equip every child with the tools to become kind, confident, and responsible leaders.



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