

August 2026

Sunset

495 Westridge Dr, St. George, UT 84770 | 435-673-5669



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy
Birthday!



Happy Birthday to all of our club members who celebrate their special day in August!

UPCOMING EVENTS

Back to School Night: August 11th
6:00 - 7:00 PM. Stop by our table to learn more about our program, ask questions, and meet our staff. We look forward to seeing you there!

First day of Program is August 17th!

CLUB CLOSED

August 3rd-14th
August 27th & 28th



Get To Know



Hello! My name is Lautiare Bridges and I'm the new Site Director for Sunset Elementary. I am excited to be a part of something so special and cannot wait to meet you all! Thank you for this opportunity and I hope that together we can continue to do something memorable and long lasting for our future generation.

CONTACT INFORMATION

Lautiare Bridges
Site Director
Phone: 801-372-3151
Email: sunset@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday

Project Learn provides students with a supportive environment to complete homework, strengthen reading skills, and build academic confidence. Members receive help from staff with their schoolwork or will participate in HYLA's.

STEM Labs

Monday, Wednesdays & Fridays

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

Enrichment

Monday - Thursday

Physical / Creative Club each month. Members get to try new things, build skills, and have fun while exploring their passions.

SMART Moves

Fridays

This curriculum engages club members through actions and activities designed to help them identify their emotions and feelings. It also provides them with positive choices and strategies to appropriately express and manage those emotions.



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Sunset After School Program 2026 - 2027



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11 	12	13	14
17 	18 Positive Action Project Learn Creative Club	19 STEM Project Learn Physical Clubs	20 Positive Action Project Learn Creative Club	21 Fun Friday! STEM Project Learn SMART Moves ***Fire Drill***
24 STEM Project Learn Physical Clubs	25 Positive Action Project Learn Creative Club	26 STEM Project Learn Physical Clubs	27 	28 
31 STEM Project Learn Net Positive Physical Clubs	1	2	3	4

Daily Schedule

Monday-Thursday

2:35 - 2:55 Check-in and Super Snack
3:00 - 3:25 Energy Boost
3:30 - 4:50: STEM, Project Learn or Positive Action
4:50 - 5:15 Enrichment Clubs - Physical Club & Creative Club
5:15 - 5:25 Clean up / Snack
5:30 Check out

Fridays

1:00 - 1:10 Check-in
1:15 - 1:45 Energy Boost
1:50 - 2:10 Project Learn
2:10 - 2:25 Super Snack
2:30 - 4:00 SMART Moves or STEM
4:00 - 4:45 Group Games
4:50 - 5:05 Snack
5:05-5:25 FRIDAY FUN!
5:25 - 5:30 Clean up / Check-Out

Contact Info

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Phone: 801-372-3151
Program Address: 301 N 2200 E, St. George, UT



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August Club & Activity Details

Message to Parents:

Welcome to the Boys & Girls Club of Sunset Elementary! We are excited to have your children with us for another great year of learning, activities, and fun. Our goal this year is to build strong relationships with you and your students, and give them opportunities to learn something new! This year, we have some exciting stuff going on. Please let me know if you have any questions! Can't wait to see you all next week!

STEM: We will be using the EIE (Engineering is Elementary) curriculum to design and construct strong bridges!

CREATIVE CLUB: Creative Club is all about expression! Sometimes we will have a structured craft that teaches specific skills, other times we will provide open ended art activities where the youth get to decide what to create, how to express themselves, and more. We are excited to see what the youth come up with during this creative hour!

PHYSICAL CLUB: - We get physical activity every day, but we will have a club specific for games and sports to keep them active as well as healthy, to help them learn how to take care of their own bodies.

POSITIVE ACTION/ SMART MOVES: Positive Action and SMART Moves are fantastic programs we use to help the youth thrive with social skills! Through these lessons youth will be able to understand themselves and learn positive actions they can practice immediately to lead a happy, successful life!

PROJECT LEARN: Project Learn reinforces the academic enrichment & school engagement of youth while at club! This year we will all be using part of Project Learn time to strengthen our literacy skills through reading and literacy games.

SPECIALTY CLUBS: We currently do not have any specialty clubs, but we are looking for people who are interested in teaching a specialty class! Contact me with any questions you may have regarding specialties. We are excited to add a lot of enrichment to our clubs, giving youth experiences they normally wouldn't pursue, as well as reaching more youth!

