

August 2026

Sandstone

850 N 2450 E, St. George UT 84790 | 435-674-6460



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy
Birthday!



No birthdays this month.



UPCOMING EVENTS

**Back to School Night: August 11th
5:30 - 7:00 PM.** Stop by our table to learn more about our program, ask questions, and meet our staff. We look forward to seeing you there!

CLUB CLOSED

August 3rd-14th
August 27th & 28th



Get To Know



Hi, I'm Kendall Cabrera from St. George, Utah. I graduated with my Bachelor's degree in Psychology in May 2026. I'm passionate about working with nonprofits to support youth mental health and am excited to get to know our students and families. I look forward to a wonderful school year together!

CONTACT INFORMATION

Kendall Cabrera
Site Coordinator
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Email: kendall.cabrera@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Mondays & Wednesdays & Thursdays

Project Learn provides students with a supportive environment to complete homework, strengthen reading skills, and build academic confidence. Members receive help from staff with their schoolwork or will participate in Hyla's.

STEM Labs

Tuesdays & Thursdays

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

Enrichment

Mondays & Wednesdays

Physical / Creative Club each month. Members get to try new things, build skills, and have fun while exploring their passions.

Social Emotional Learning (Prevention & Behavior)

Tuesdays

This curriculum engages club members through actions and activities designed to help them identify their emotions and feelings.



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**Sandstone
After School Program
2026 - 2027**

August



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11 	12	13	14
17 	18 STEM Positive Action	19 Culture Club Project Learn	20 STEM Project Learn	21 Fire Drill Fun Friday SMART Moves NET Positive Computer Lab
24 Culture Club Project Learn	25 STEM Positive Action	26 Culture Club Project Learn	27 	28 
31 Culture Club Project Learn	1	2	3	4

Daily Schedule

Monday/Wednesday 3:30-3:50 Check In, Snack, Line Up 3:55-4:15 Outside Time TRANSITION TIME 4:20- 4:50 Enrichment Club (K-3) / Project Learn(4-5) TRANSITION TIME 4:50 - 5:25 Enrichment Club (4-5) / Project Learn(K-3) 5:25 - 5:30 Clean Up, PM Snack 5:30 - Check Out	Tuesday/Thursday 3:30-3:50 Check In, Snack, Line Up 3:55-4:15 Outside Time TRANSITION TIME 4:20-4:50 STEM (K-3) / Positive Action (4-5) TRANSITION TIME 4:50 - 5:25 STEM (4-5) / Positive Action (K-3) 5:25 - 5:30 Clean Up, PM Snack 5:30 - Check Out t	Friday Fun Friday!! 12:00-12:25 Check In, Snack, Line Up 12:30 - 1:05 Outside Time 1:10 - 1:45 Computer Lab TRANSITION TIME 1:50 - 2:35 SMART Moves TRANSITION TIME 2:40 - 3:20 Quiet Time (meditation, coloring, resting) TRANSITION TIME 3:25 - 4:25 FUN Friday TRANSITION TIME 4:30 - 5:15 Net Positive 5:15 - 5:25 Clean Up, PM Snack 5:30 Check Out
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Contact Info
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Program Address: 850 N 2450 E, St. George UT 84790

August Club & Activity Details

Message to Parents:

Hi Sandstone Parents,

We're super stoked to have your child(ren) joining our afterschool program this year!

Our goals this year are to build strong relationships with students, cultivate skill-building, and give them opportunities to learn something new through our variety of curriculums and activities, including STEM, Net Positive, SMART Moves, Clubs, and Positive Action.

We're excited for a fun, meaningful year filled with learning, growth, creativity, and connection. We can't wait to see what this year has in store!

August/September — **Culture Club**, Theme: All Cultures Belong

Students will explore and celebrate cultures and traditions from around the world while learning about the similarities and differences that make each culture special. Students will build cultural awareness, respect, communication, and appreciation for their own and others' traditions.

October — **Myths & Legends Club**, Theme: Spooky Stories & Amazing Legends

Students will explore age-appropriate myths, legends, and folktales from different cultures while learning the difference between fact, myth, and legend. They will strengthen literacy, storytelling, listening, creativity, and critical-thinking skills.

November — **Cooking Club**, Theme: Thankful & Grateful

Students will explore the basics of cooking through pretend play, simple recipes, and hands-on activities. They will learn how ingredients work together, how to follow directions and sequence steps, and how food can bring people together while practicing gratitude and teamwork.

December — **Surprise Club**, Theme: The Season of Surprises

Students will explore different crafts and creative activities while making thoughtful surprises for others. They will develop creativity, fine-motor skills, problem-solving, and an understanding of kindness, generosity, and the joy of giving.

January — **Self Care Club**, Theme: Mind & Body Goals

Students will learn age-appropriate ways to care for their minds and bodies, including personal hygiene, physical activity, healthy habits, and simple mindfulness techniques. They will also practice setting goals, taking small steps, and developing perseverance.

February - **Craft Club**, Theme: Spread Love, Spread Kindness

Students will learn about Valentine's Day traditions and how different cultures celebrate love and friendship while creating fun, seasonal crafts. They will practice creativity, fine-motor skills, empathy, communication, and kindness.

March - **Leprechaun Club**, Theme: Rainbows & Pots of Gold

Students will explore the legends of leprechauns while learning how rainbows form and discovering basic facts about gold. Through creative challenges such as designing leprechaun traps, students will practice STEM skills, problem-solving, teamwork, and creativity.



April — Garden Club, Theme: Where We Belong, We Grow

Students will discover how plants grow by learning about plant parts, seeds, sunlight, water, and basic photosynthesis. They will also plant and care for their own plants while developing observation, responsibility, patience, and science skills.

May — Superhero Club, Theme: You Don't Have to Be Super to Be a Superhero

Students will learn that being a hero is about using their strengths to help others and make a positive difference. They will meet local super heroes and explore leadership, kindness, teamwork, confidence, problem-solving, and ways they can be everyday heroes in their school and community.

All clubs meet on Mondays and Wednesdays from 4:20–5:20 PM.



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