

August 2026

Milford

450 S. 700 W. | (801) 372-4836



BOYS & GIRLS CLUBS
OF BEAVER COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday!



Happy Birthday to all of our August youth! 🎉🎂 We hope your birthday is filled with lots of fun, laughter, and happiness! 💙💗

UPCOMING EVENTS

Back to School Night – 08/12

Stop by to enroll your child in the Boys & Girls Club Afterschool Program for the upcoming school year!

First Day of Program – 08/17

The program kicks off! Kids will meet their peers, get familiar with routines, and start enjoying our fun clubs and activities.

CLUB CLOSED

August 19 - **MES Assessment Day**



Get to Know Your Site Coordinator! 🌟



Meet Nikole McDowell!

Hi, I'm Nikole, the Site Coordinator at our Club. I'm from Many Farms, AZ, and I enjoy baking and traveling. Fun fact about me—I don't know how to swim 😊

My favorite part about working at the Boys & Girls Club is building relationships with the kids. I'm excited to kick off a new year and build strong connections. I'm also really excited about Club 105 this year.

CONTACT INFORMATION

Nikole McDowell
Site Coordinator
Phone: 801-372-4836
Email: nikole.mitchell@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday
4:15 PM - 5:15 PM

Students receive homework help, reading and math support, and participate in hands-on HYLE activities that strengthen academic skills and build confidence.

STEM Labs

Tuesday and Thursday
3:45 PM - 4:15 PM

Students participate in YES Lessons featuring hands-on science, technology, engineering, and math activities that promote problem-solving, creativity, and critical thinking.

Enrichment

Monday and Wednesday
3:45 PM - 4:15 PM

Students explore new interests through arts, crafts, music, movement, and other engaging activities that encourage creativity and teamwork.

Social Emotional Learning (Prevention & Behavior)

Tuesday-Thursday
3:15 PM - 3:45 PM

Students participate in Positive Action and SMART Moves lessons that build communication, leadership, healthy decision-making, and positive relationships.



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Milford
After School Program
2026 - 2027



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12 Back to School Night! 🏠	13 1st Day of School! 🍎	14
17 First Day of Program! Fire Drill 🔥 Club Kickoff Crew 🍌 Power Hour ✎	18 STEM Club ✎ SMART Moves 🧠 Power Hour ✎	19 NO PROGRAM MES ASSESSMENT DAY	20 STEM Club ✎ SMART Moves 🧠 Power Hour ✎	21
24 Club Kickoff Crew 🍌 Power Hour ✎	25 STEM Club ✎ SMART Moves 🧠 Power Hour ✎	26 Club Kickoff Crew 🍌 Power Hour ✎	27 STEM Club ✎ SMART Moves 🧠 Power Hour ✎	28
31 Club Kickoff Crew 🍌 Power Hour ✎	1	2	3	4

Daily Schedule

2:30 PM – Brain Break
 3:00 PM – Super Snack
 3:15 PM – Enrichment Activities (*Social Emotional Learning, SMART Moves, STEM & Clubs*)
 4:15 PM – Power Hour (*Homework Help & Academic Support*)
 5:00 PM – Snack
 5:15 PM – Reflection & Clean-Up
 5:30 PM – End of Program

Contact Info

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 Program Address: 450 S 700 W, Milford, Utah



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August Club & Activity Details

Message to Parents:

Welcome Back! 🎉

We are excited to kick off another great year at the Boys & Girls Club! Our goal is to create a safe, welcoming, and engaging environment where every member feels supported, valued, and encouraged to grow.

Thank you for trusting us with your children. We are grateful for the opportunity to be part of their journey and can't wait to see all the growth, laughter, memories, and accomplishments this school year brings. Here's to an amazing year at Club! 💙✨

Club Kickoff Crew 🤝 (Mondays and Tuesdays) - Start each week by connecting with fellow members, building friendships, and strengthening our club community. Members will participate in team-building activities, group discussions, and leadership opportunities while helping to shape the club's expectations, traditions, and goals throughout the year. This club focuses on communication, teamwork, leadership, and creating a positive environment where everyone feels welcome and valued.

STEM Club 🧪 (Tuesdays & Thursdays) - Explore science, technology, engineering, and math through hands-on activities using YES Kits. Members will complete engaging experiments, design challenges, and interactive projects that encourage curiosity, critical thinking, creativity, and problem-solving. STEM Club helps youth discover how STEM concepts connect to the world around them while having fun learning through hands-on experiences.

SMART Moves 🧠 (Tuesdays & Thursdays) - Students participate in SMART Moves lessons that help build healthy decision-making skills, goal setting, communication, and resistance to peer pressure. Through interactive activities and discussions, youth learn how to make safe, positive choices and develop skills for success.

Power Hour 📖 (Daily) - Power Hour provides dedicated time for homework completion, reading, and academic enrichment. Staff offer support and encouragement while members build responsibility, organization, time management, and study skills. The goal is to help youth develop strong learning habits and confidence in their academic success.

