

JULY 2026

Heber Valley

730 South 600 West | [School Phone Number]



BOYS & GIRLS CLUBS
OF HEBER VALLEY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday



- 13- Scena
- 29- Nina
- 15- Tristan
- 14- Italia

UPCOMING EVENTS

- 13- Dance It Up Club Showcase
- 14- Mini Film Makers Club Showcase
- 15 - Performance Lab Showcase
- 16- Club Exhibits
- 16- Last day of Programs

CLUB CLOSED

Every Friday



Get To Know



Hello! My name is Kamryn Mantoan and I am the Summer Site Director here at Heber Valley! During the school year, I run a program in Provo. I have a Bachelor's degree in Human Development and Family Studies from USU, and I have had experience working with kids for multiple years. This is the third after school program that I have worked with, and I've also worked in residential treatment and as a teacher. When I'm not hanging out with the kids, I'm usually at home playing my piano, reading or watching movies. I'm excited to be here in Heber!

CONTACT INFORMATION

Kamryn Mantoan
Site Coordinator
 Phone:
 Email: hebervalley@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Academic Support

Monday-Thursday
 4:45-5:45

Time to work on homework, practice math, read, or do other academically enriching activities.

STEM Labs

Monday -Thursday
 1:30-2:30/2:30-3:20

Activities involving science, technology, engineering, mathematics, and related topics.

Morning Clubs / Enrichment

Monday -Thursday
 9:00/10:00/11:00

1:30-2:30/2:30-3:30

Clubs that are designed to introduce new activities, passions and ideas to children.

Social Emotional Learning (Prevention & Behavior)

Monday-Thursday
 4:15-4:45

Positive Action is a curriculum focused on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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www.instagram.com/bgcbwasatch



Utah State Board of Education



Heber Valley Summer Program 2026



Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1 FIRE DRILL 9:00- Little Scientists, Entrepreneurship Clubs 10:00- Imagination Station, Performance Lab 11:00- Mini Architects, Mini Filmmakers	2 9:00- Soccer, Art Studio 10:00- Soccer, Dance it Up, 11:00 - Dance it Up, Little Detectives	3 No programs
6 9:00- Little Scientists, Entrepreneurship Clubs 10:00- Imagination Station, Performance Lab 11:00- Mini Architects, Mini Filmmakers	7 9:00- Soccer, Art Studio 10:00- Soccer, Dance it Up, 11:00 - Dance it Up, Little Detectives	8 EARTHQUAKE DRILL 9:00- Little Scientists, Entrepreneurship Clubs 10:00- Imagination Station, Performance Lab 11:00- Mini Architects, Mini Filmmakers	9 9:00- Soccer, Art Studio 10:00- Soccer, Dance it Up, 11:00 - Dance it Up, Little Detectives	10 No programs
13 9:00- Little Scientists, Entrepreneurship Clubs 10:00- Imagination Station, Performance Lab 11:00- Mini Architects, Mini Filmmakers Dance showcase	14 9:00- Soccer, Art Studio 10:00- Soccer, Dance it Up, 11:00 - Dance it Up, Little Detectives Film showcase	15 9:00- Little Scientists, Entrepreneurship Clubs 10:00- Imagination Station, Performance Lab 11:00- Mini Architects, Mini Filmmakers Performance showcase	16 9:00- Soccer, Art Studio 10:00- Soccer, Dance it Up, 11:00 - Dance it Up, Little Detectives Last day- Clubs Showcase	17 No programs

Daily Schedule	
AM Schedule <ul style="list-style-type: none"> 8:00 - Breakfast 9:00 - Morning Club Options 10:00 - Morning Club Options 11:00 - Morning Club Options 12:00 - Lunch and Outside Time 	PM Schedule <ul style="list-style-type: none"> 1:00 - Circle Up 1:30 - Rotation Block A (Enrichment or STEM) 2:30 - Rotation Block B (Enrichment or STEM) 3:30 - Snack and Outside Time- Organized Physical Games 4:15 - Positive Action 4:45 - Power Hour 5:45 - Clean Up 6:00 - Club Ends

Contact Info
Kamryn Mantoan Site Coordinator Email: hebervalley@bgcutah.org Phone: Program Address: 730 South 6 West

July Club & Activity Details

Message to Parents:

Hello Parents! We are halfway through, and getting ready to wrap up with some exciting showcases! Come and see what your kids have been working on and celebrate their accomplishments during the last week of programs.

Morning Clubs:

Little Scientists (K-2) - Mondays/ Wednesdays 9:00 - Little Scientists Lab sparks curiosity through hands-on experiments—teaching kids to explore, ask questions, and make discoveries, and ending with a fun Science Showcase of their favorite experiments.

Imagination Station (K-2)- Mondays/ Wednesdays 10:00 - Imagination Station lets students explore storytelling, dress-up, and roleplay—building creativity, confidence, and teamwork, and ending with a fun performance to showcase their ideas.

Mini Architects (K-2)- Mondays/ Wednesdays 11:00 - Mini Architects lets students design, build, and problem-solve through hands-on challenges—culminating in a City Showcase of their creative structures.

Little Detectives (K-2)- Tuesday/Thursday 11:00- Little Detectives Camp turns kids into junior investigators—solving mysteries and completing fun challenges that build problem-solving, teamwork, and curiosity through hands-on, imaginative play.

Soccer Club (All)- Tuesdays/Thursdays 9:00 (K-2), 10:00 (3-4), 11:00 (5)- Soccer Club builds fundamental skills, confidence, and teamwork through fun drills, games, and scrimmages—offering a positive, inclusive environment with visits from real soccer pros to inspire and motivate players of all levels.

Dance It Up (All)- Tuesdays/Thursdays 9:00 (5), 10:00 (K-2), 11:00 (3-4) - Dance It Up teaches kids to move, create, and perform with confidence—culminating in a summer showcase of their own dance routines.

Entrepreneurship Clubs (3-5)- Monday/Wednesday 9:00 Young Entrepreneurs Club and CEO Kids lets students turn ideas into action—learning business basics, teamwork, and creativity, and ending with a mini Market Day to showcase their creations.

Performance Lab (3-4)- Monday/Wednesday 10:00 - Performance Lab helps students build confidence, self-expression, and teamwork through acting and improv—culminating in a live performance showcasing their creativity and growth.

Mini Filmmakers(3-4) -Monday/Wednesday 11:00 - Mini Filmmakers Club lets students plan, film, and edit their own videos—building storytelling, teamwork, and creative skills, and ending with a Film Premiere to showcase their projects.

Art Studio (3-4)- Tuesday/Thursday 9:00 - Art Studio Club lets students explore drawing, painting, sculpture, and mixed media—building creativity and confidence, and ending with an exhibition to showcase their artwork.

Coding & Game Design (5) -Monday/Wednesday 10:00 Coding & Game Design Club lets students create and code their own games—building problem-solving, creativity, and tech skills, and ending with a Game Showcase of their projects.

Leadership & Public Speaking (5) - Monday/Wednesday 11:00 Leadership & Public Speaking Club helps students build confidence, communication, and leadership skills—culminating in a Leadership Showcase to present their ideas and growth.

Content Creators Club (5) - Tuesday/Thursday 10:00 Content Creators Club lets students plan, film, and edit videos—building creativity, communication, and digital skills, and ending with a Creator Showcase of their work.

Afternoon Programming: Our afternoon programming consists of a few key elements. We will be running STEM activities, enrichment activities, social emotional activities, and giving your kids time to keep their academic minds running during the break!

