

January 2026

# Independence

636 Independence Ave Provo UT 84601 | 801-372-5839



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Special Recognition: Our Athletes*  
We want to give a huge shoutout to the players who show up with dedication, teamwork, and heart. Your effort on and off the court makes our program stronger every day — we're proud to cheer you on!

## UPCOMING EVENTS

Thursday Game Days

## CLUB CLOSED

Closed For MLK Day Jan 19th



### Welcome Our New Basketball Coach, Coach Peterson!!

We are excited to welcome our new Jr. Jazz basketball coach to the team! As our coach, they will help players build confidence, learn fundamental skills, and work together as a team while having fun. They will guide practices and support players during games by teaching sportsmanship, encouraging effort, and celebrating growth.

We are thrilled to have their energy and leadership on the court this season and can't wait to see our players continue to learn, play, and shine under their guidance. Let's give a warm welcome to our coach and get ready for a great basketball season.

### CONTACT INFORMATION

**Macy Kapp**  
Site Coordinator  
Phone: 8012459985  
Email: [independence@bgcutah.org](mailto:independence@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Sports Practice

Monday-Wednesday 3:30-4:30n

**Boys Basketball Season is Here!**

Sign-ups are officially open for our boys basketball team! If your student is interested in playing this season, please have them see **Coach Peterson** after school to get signed up and added to the roster. **Grade checks will take place the day before each game** to ensure all athletes remain eligible throughout the season. We're looking forward to a fun and competitive season — let's go team!

### Homework Help (Project Learn)

Monday - Thursday 4:30 - 5:30

Come get help with your classes! Math, English, Science! Tutoring Available

### Enrichment Clubs 4:30- 5:30

More information to come about Enrichment Clubs! Enrichment clubs are organized programs designed to provide students with engaging, hands-on learning experiences that extend beyond the regular curriculum. These clubs focus on fostering creativity, critical thinking, and social skills through activities that cater to students' interests, such as arts, STEM, sports, and cultural exploration.

### Social Emotional Learning (Prevention and Behavior)

Monday & Wednesday 3:30 - 4:00

Positive Action curriculum focus in sports helping athletes develop key skills such as self-awareness, emotional regulation, teamwork, and responsible decision-making.



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Utah State Board of Education



UTAH DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

# Independence After School Program 2025 - 2026



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
	5 Positive Action Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	6 Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	7 Positive Action Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	8 Tutoring/Project Learn All Sports Day <b>Fire Drill</b> BASKETBALL GAME DAY 5:15 @Independence	9
	12 Positive Action Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	13 Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	14 Positive Action Basketball Practice(Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	15 Tutoring/Project Learn All Sports Day BASKETBALL GAME DAY 5:15 @Independence	16
	19 <b>MLK DAY Club Closed for Holiday</b>	20 Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	21 Positive Action Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	22 Tutoring/Project Learn All Sports Day BASKETBALL GAME DAY 5:15 @Independence	23
	26 Positive Action Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	27 Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	28 Positive Action Basketball Practice (Skills Practice, Conditioning, Scrimmage) Tutoring/Project Learn	29 Tutoring/Project Learn All Sports Day BASKETBALL GAME DAY 5:15 @Independence	30

### Daily Schedule

Monday - Thursday  
 3:00: Snack  
 3:00-3:30: Practice Introduction and Social Emotional Learning (Positive Action)  
 3:30 - 5:30: Practice in Gym with 30 Minutes of STEM Focus  
 4:30 - 5:30: Project Learn  
 5:30 All Programs End Pick Up

### Contact Info

Macy Kapp  
 Site Coordinator  
 Email: independence@bgcutah.org  
 Phone: 8012459985  
 Program Address: 636 Independence Ave Provo UT 84601

## January Club & Activity Details

### Message to Parents:

Dear Independence Families,

We're excited to share our January Afterschool Calendar as we move fully into basketball season. Our students have already shown great progress in teamwork, effort, and learning what it means to show up for one another. Practices have been focused, and we're seeing growth both on and off the court as students build confidence and connection as a team.

Our program will continue to emphasize teamwork, accountability, and representing Independence with pride. Thank you for your continued support as we build momentum this season — we're proud of the work our students are putting in. Please review the January calendar and reach out with any questions. Go Independence — we are one team!

### Boys Basketball Team

*Days & Times: Monday - Wednesday 3:00pm - 5:30 Practice, Games Thursdays 5:15-6:15 at Independence High*

Our basketball program focuses on skill development, positive sportsmanship, and working together as a unified team. From dribbling and shooting to game strategy, players will grow both on and off the court.

**Grade checks will occur the day before each game.**

### Social-Emotional Learning (SEL)

Our Social-Emotional Learning programming uses the **Positive Action** and **SMART Moves** curricula to help students build the skills they need to succeed in school and life. Through guided activities and discussions, students learn how to manage emotions, make responsible choices, set goals, and build healthy relationships. These lessons support confidence, resilience, and positive behavior both on and off the court. SEL activities are woven into the afterschool experience in a way that feels engaging and age-appropriate, helping students strengthen decision-making, communication, and self-awareness while reinforcing positive habits and values.

### Project Learn (Tutoring & Academic Support)

Project Learn provides structured academic support and tutoring to help students stay on track with their schoolwork. While this program is **primarily focused at the end of the day**, students can receive homework help and academic support **throughout the entire afterschool program** as needed. Staff are available to assist with assignments, answer questions, and encourage productive study habits. Project Learn is designed to reduce stress, build confidence, and ensure students leave afterschool feeling supported and prepared for the next school day.

### Thursday All Sports Rotation (Pre-Game Day)

Thursdays are our **All Sports Rotation**, taking place before game day at **5:15 PM**. During this time, multiple sports and activities run at the same time, allowing teens to choose the option they're most interested in and rotate as they'd like. This structure gives students a chance to stay active, explore different sports, and prepare both mentally and physically for game day. This pre-game rotation emphasizes teamwork, engagement, and positive energy while keeping the atmosphere fun and inclusive. By offering choice and variety, we help students build confidence, sharpen skills, and head into game day feeling focused and ready as one team.

