

January 2026

# Sunset Elementary

495 Westridge Drive | 801-372-3151



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday



Happy Birthday to all of our club members who celebrate their special day in January!

## UPCOMING EVENTS

## CLUB CLOSED

January 1 - 5  
January 16  
January 19



## The Big 5

### Mutual Respect

Complete appreciation of others  
Collaboration is key  
Trust must be maintained  
Contribute positively



### Active Attention

Task are paused  
Attention is towards the speaker  
Thoughts are on topic  
Questions are saved



### Participation

Involvement = Learning  
Questions = Learning  
Hard = Learning  
You have the right to pass



### Respect the classroom

Our space is your space  
Use materials correctly  
Put materials away after each use



### Respect at After School

Make After School a safe place  
Help keep our space clean  
Respect all staff members  
Help all students



## CONTACT INFORMATION

**Alexis Dearden**  
**Site Coordinator**  
Phone: 801-372-3151  
Email: alexis.dearden@bgcutah.org

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

*Monday-Thursday*

We will be assisting students daily with their homework and reading. Additionally, we will provide fun learning games to help students practice what they are learning in school

## STEM Labs

*Monday and Wednesdays*

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

## Enrichment

*Monday- Thursday*

Career Club  
Seasons of Fun Club  
Board Game Club

## SMART Moves

*Fridays*

This is a Social Emotional Learning curriculum that engages club members through actions and activities designed to help them identify their emotions and feelings. It also provides them with strategies to appropriately express and manage those emotions



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Utah State Board of Education



**Sunset Elementary  
After School Program  
2025 - 2026**

# January



**BOYS & GIRLS CLUBS  
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29 	30 	31 	1 	2 
	5 	6 Project Learn Career Club Season of Fun Club	7 Project Learn STEM Club Board Game Club	8 Project Learn Career Club Season of Fun Club	9 Fun Friday STEM Computer Lab Fire Drill
	12 Project Learn STEM Club Board Game Club	13 Project Learn Career Club Season of Fun Club	14 Project Learn STEM Club Board Game Club	15 Project Learn Career Club Season of Fun Club	16 
	19 	20 Project Learn Career Club Season of Fun Club	21 Project Learn STEM Club Board Game Club	22 Project Learn Career Club Season of Fun Club	23 Fun Friday STEM Computer Lab
	26 Project Learn STEM Club Board Game Club	27 Project Learn Career Club Season of Fun Club	28 Project Learn STEM Club Board Game Club	29 Project Learn Career Club Season of Fun Club	30 Fun Friday STEM Computer Lab

Daily Schedule	
<b>Monday-Thursday</b> 2:35 - 2:55 Check-in, Super Snack 3:00 - 3:25 Energy Boost 3:25 - 4:10 K-3 (STEM), 4-5 (Power Hour) 4:10 - 4:40 4-5 (STEM), K-3 (Power Hour) 4:40 - 5:15 Enrichment Clubs 5:15 - 5:25 Clean up / Snack 5:30 Check out	<b>Fridays</b> 1:00 - 1:10 Check-in 1:15 - 1:45 Energy Boost 1:50 - 2:20 Computer Lab 2:25 - 2:45 Super Snack 2:50 - 3:35 SMART Moves 3:40 - 4:10 STEM 4:15 - 5:00 Group Games 5:05 - 5:20 Fun Friday 5:25 - 5:30 PM Snack & Check-Out

Contact Info
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## January Club & Activity Details

### Message to Parents:

Happy New Year! We're excited to welcome students back to club. We have some fun activities and clubs planned for January. As always, thank you for your support. We're looking forward to a great month together!

**Board Game Club** - A fun, hands-on club where students explore a variety of classic and modern board games while building important skills. Students practice teamwork, problem-solving, strategic thinking, and good sportsmanship. This club encourages social connection, communication, and friendly competition, giving students a chance to learn new skills.

**Career Club** - We are carrying over this club into January! Students will explore different jobs and careers through fun, hands-on activities and discussions. Each week, we'll learn about what people do in various professions, the skills they use, and how they help their communities. Students will have the chance to imagine their own future careers, try role-playing activities, and even create projects related to their dream jobs!

**Season of Fun Club** - Every Tuesday and Thursday, kids will explore their creativity with exciting seasonal projects. Each season brings a new theme—like pumpkins in the fall, snowmen in the winter, and flowers in the spring.

