

December 2025

# Sunset Elementary

495 Westridge Drive | 801-372-3151



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



## Happy Birthday



Happy Birthday to all of our club members who celebrate their special day in December!

### UPCOMING EVENTS

December 11 - Christmas Party

### CLUB CLOSED

December 1  
December 22 - January 5



## The Big 5

### Mutual Respect

Complete appreciation of others  
Collaboration is key  
Trust must be maintained  
Contribute positively



### Active Attention

Task are paused  
Attention is towards the speaker  
Thoughts are on topic  
Questions are saved



### Participation

Involvement = Learning  
Questions = Learning  
Hard = Learning  
You have the right to pass



### Respect the classroom

Our space is your space  
Use materials correctly  
Put materials away after each use



### Respect at After School

Make After School a safe place  
Help keep our space clean  
Respect all staff members  
Help all students



### CONTACT INFORMATION

**Alexis Dearden**  
**Site Coordinator**  
Phone: 801-372-3151  
Email: [alexis.dearden@bgcutah.org](mailto:alexis.dearden@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

*Monday-Thursday*

We will be assisting students daily with their homework and reading. Additionally, we will provide fun learning games to help students practice what they are learning in school

### STEM Labs

*Monday and Wednesdays*

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

### Enrichment

*Monday- Thursday*

Holiday Club  
Career Club  
Seasons of Fun Club

### SMART Moves

*Fridays*

This is a Social Emotional Learning curriculum that engages club members through actions and activities designed to help them identify their emotions and feelings. It also provides them with strategies to appropriately express and manage those emotions



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# Sunset Elementary After School Program 2025 - 2026



**BOYS & GIRLS CLUBS  
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Project Learn Career Club Holiday Club	3 Project Learn STEM Club Season of Fun Club	4 Project Learn Career Club Holiday Club	5 Fun Friday STEM Computer Lab SMART Moves Fire Drill
	8 Project Learn STEM Club Season of Fun Club	9 Project Learn Career Club Holiday Club	10 Project Learn STEM Club Season of Fun Club	11 Project Learn Career Club Holiday Club	12 Fun Friday STEM Computer Lab SMART Moves
	15 Project Learn STEM Club Season of Fun Club	16 Project Learn Career Club Holiday Club	17 Project Learn STEM Club Season of Fun Club	18 Project Learn Career Club Holiday Club	19 Fun Friday STEM Computer Lab SMART Moves
	22 	23 	24 	25 	26 
	29 	30 	31 	1 	2 

## Daily Schedule

### Monday-Thursday

2:35 - 2:55 Check-in, Super Snack  
3:00 - 3:25 Energy Boost  
3:25 - 4:10 K-3 (STEM), 4-5 (Power Hour)  
4:10 - 4:40 4-5 (STEM), K-3 (Power Hour)  
4:40 - 5:15 Enrichment Clubs  
5:15 - 5:25 Clean up / Snack  
5:30 Check out

### Fridays

1:00 - 1:10 Check-in  
1:15 - 1:45 Energy Boost  
1:50 - 2:20 Computer Lab  
2:25 - 2:45 Super Snack  
2:50 - 3:35 SMART Moves  
3:40 - 4:10 STEM  
4:15 - 5:00 Group Games  
5:05 - 5:20 Fun Friday  
5:25 - 5:30 PM Snack & Check-Out

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## December Club & Activity Details

### **Message to Parents:**

As we head into the holiday season, we have some exciting things happening at our program! Our Christmas Party is coming up soon; we can't wait to celebrate together with fun activities, snacks, and holiday cheer!

We want to remind families that during Power Hour/Project Learn, students are encouraged to bring their own books and homework to work on. This helps us make the most of that study time and support your child's learning.

We also want to take a moment to remind everyone about our club policy on personal space and boundaries. We've had quite a few issues recently with students needing reminders to keep their hands to themselves and respect others' personal space. Please take a moment to review this expectation with your child as it helps us maintain a safe and positive environment for all members.

Thank you for your support, we're looking forward to a joyful and festive month together!

**Career Club** - Students will explore different jobs and careers through fun, hands-on activities and discussions. Each week, we'll learn about what people do in various professions, the skills they use, and how they help their communities. Students will have the chance to imagine their own future careers, try role-playing activities, and even create projects related to their dream jobs!

**Holiday Club** - We will explore how different countries and cultures celebrate the holiday season! Each week, we'll learn about unique traditions, foods and celebrations from around the world. Students will also get to create fun, hands-on holiday crafts inspired by what we learn. It's the perfect way to celebrate and learn this season!

**Season of Fun Club** - Every Tuesday and Thursday, kids will explore their creativity with exciting seasonal projects. Each season brings a new theme—like pumpkins in the fall, snowmen in the winter, and flowers in the spring.

