

November 2025

Sunset Elementary

495 Westridge Drive | 801-372-3151



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday



Happy Birthday to all of our club members who celebrate their special day in November!

UPCOMING EVENTS

Thanksgiving - 24th

CLUB CLOSED

Thanksgiving Break: November 26th - December 1st



Get To Know YDP Naomi Jacobsen



Hello everyone! My name is Naomi Jacobsen and I'm currently a sophomore at Utah Tech University. I'm majoring in Exercise Science to become a Physical Therapist. One fun fact about me is I love scuba diving, and swimming with sharks!

CONTACT INFORMATION

Alexis Dearden
Site Director
Phone: 801-372-3151
Email: alexis.dearden@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Monday-Thursday

We will be assisting students daily with their homework and reading. Additionally, we will provide fun learning games to help students practice what they are learning in school

STEM Labs

Monday and Wednesdays

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

Enrichment

Monday- Thursday

Art Club
Soccer Club
Seasons of Fun Club

SMART Moves

Fridays

This is a Social Emotional Learning curriculum that engages club members through actions and activities designed to help them identify their emotions and feelings. It also provides them with strategies to appropriately express and manage those emotions.



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Utah State Board of Education



Sunset Elementary

After School Program

2025 - 2026



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Monday	Tuesday	Wednesday	Thursday	Friday
3 Project Learn STEM Club Soccer Club	4 Project Learn Art Club Season of Fun	5 Project Learn STEM Club Soccer Club	6 Project Learn Art Club Season of Fun	7 Fun Friday STEM Computer Lab SMART Moves Fire Drill
10 Project Learn STEM Club Soccer Club	11 Project Learn Art Club Season of Fun	12 Project Learn STEM Club Soccer Club	13 Project Learn Art Club Season of Fun	14 Fun Friday STEM Computer Lab SMART Moves
17 Project Learn STEM Club Soccer Club	18 Project Learn Art Club Season of Fun	19 Project Learn STEM Club Soccer Club	20 Project Learn Art Club Season of Fun	21 Fun Friday STEM Computer Lab SMART Moves
24 Project Learn STEM Club Soccer Club	25 Project Learn Art Club Season of Fun	26 	27 	28 
1	2	3	4	5

Daily Schedule

Monday-Thursday	Fridays
2:35 - 2:55 Check-in, Super Snack 3:00 - 3:25 Energy Boost 3:25 - 4:10 K-3 (STEM), 4-5 (Power Hour) 4:10 - 4:40 4-5 (STEM), K-3 (Power Hour) 4:40 - 5:15 Enrichment Clubs 5:15 - 5:25 Clean up / Snack 5:30 Check out	1:00 - 1:10 Check-in 1:15 - 1:45 Energy Boost 1:50 - 2:20 Computer Lab 2:25 - 2:45 Super Snack 2:50 - 3:35 SMART Moves 3:40 - 4:10 STEM 4:15 - 5:00 Group Games 5:05 - 5:20 Fun Friday 5:25 - 5:30 PM Snack & Check-Out

Contact Info

Alexis Dearden
 Site Coordinator
 Email: alexis.dearden@bgcutah.org
 Phone: 801-372-3151
 Program Address: 495 Westridge Drive

November Club & Activity Details

Message to Parents:

We are excited to share the fun and learning happening in our clubs this season! Our students have the opportunity to participate in a variety of activities designed to spark creativity, encourage teamwork, and build new skills.

We are thrilled to see our students engaged, learning, and having fun in these clubs. Be sure to ask your child about what they are doing each week — their excitement and creativity are contagious! Thank you for supporting our programs and helping make these experiences meaningful for every student.

We kindly remind families that our program ends at 5:30 PM each day. Please make sure to arrive on time for pick-up. Additionally, we will be closed for Thanksgiving break from Tuesday November 26th through Monday December 1st. Regular program will resume on Tuesday December 2nd.

Soccer Club - Soccer club gives students the chance to stay active, build teamwork, and develop new skills in a fun, supportive environment. Players will learn the basics of the game, practice drills, and enjoy friendly matches while building confidence and sportsmanship.

Art Club - Art club encourages creativity and self-expression through fun, hands-on projects. Students will explore different art materials and techniques while learning to share ideas and appreciate each other's work.

Season of Fun Club: Every Tuesday and Thursday, kids will explore their creativity with exciting seasonal projects. Each season brings a new theme—like pumpkins in the fall, snowmen in the winter, and flowers in the spring.