

November 2025

Bonneville

1245 N 800 W Orem, Utah 84057 | 801-372-5461



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy
Birthday



Matthew - 11/13

UPCOMING EVENTS

Thanksgiving Break- Nov 26th-28th

CLUB CLOSED

Thanksgiving Break 26th-28th



Get To Know

My name is Lexie Monroy! I'm 23 years old, and this will be my second year working for the Boys & Girls Club. Working with kids has been my passion for about six years.

I love helping them learn new things, build confidence, and discover what makes them unique. Growing up, the Club was a safe space for me, and now I'm excited to help create that same supportive environment for your children. Outside of work, I love being creative! Some of my hobbies include doing my own nails, baking (especially banana bread!), and painting. I'm always looking for new ways to bring hands-on, creative activities into our program. I'm eager to learn more about your children's interests and to help them express themselves this year. I'm excited for another fun and memorable year. Feel free to say hi if you see me around!

CONTACT INFORMATION

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Site Director
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

4:15-5:15pm (K-6)
Monday-Thursday

Students will have dedicated time to focus on academically enriching activities which may include completing homework assignments, practicing math skills, reading independently or with peers, or engaging in other High Yield Learning Activities (HYLAs) that reinforce classroom learning.

STEM Labs

3:05-4:00 pm (K-2) Monday & Wednesday
3:05-4:00 pm (3-6) Tuesday & Thursday
3:15-5:15 pm Friday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities. This month's focus is Physical Science!

Enrichment

3:05-4:00 pm Monday-Thursday
3:15-5:15 pm Friday

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. This month's clubs are Physical Science Club and our specialty club: Pickleball Club.

We offer a rotation of activities on Friday where kids can participate in a new physical, creative, or STEM activity each week.

Social Emotional Learning (Prevention & Behavior)

SMART Moves 3:15-4:15pm (K-2), 4:20-5:20pm (3-6)
Friday

SMART Moves: Rainstick relaxation, Calming bottles, I Can Plan, Coping Strategies Game, Coping blocks



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CHILD CARE

Bonneville After school Program 2025-2026



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Blueprint Reflection (Managing Conflict)	3 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab- Physical Science Club K-2: Specialty Club- Pickleball Club	4 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-2: STEM Lab- Physical Science Club 3-6: Specialty Club- Pickleball Club	5 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab- Physical Science Club K-2: Specialty Club- Pickleball Club	6 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-2: STEM Lab- Physical Science Club 3-6: Specialty Club- Pickleball Club	7 SEL: SMART Moves K-3: Rain Stick Relaxation 4-6: Calming Bottles Enrichment & STEM Rotations Gratitude
	10 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab- Physical Science Club K-2: Specialty Club- Pickleball Club	11 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-2: STEM Lab- Physical Science Club 3-6: Specialty Club- Pickleball Club	12 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab- Physical Science Club K-2: Specialty Club- Pickleball Club Fire Drill @4:00pm	13 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-2: STEM Lab- Physical Science Club 3-6: Specialty Club- Pickleball Club	14 SEL: SMART Moves K-3: I can Plan 4-6: I can Plan Enrichment & STEM Rotations Gratitude
Emotions Matter	17 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab- Physical Science Club K-2: Specialty Club- Pickleball Club	18 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-2: STEM Lab- Physical Science Club 3-6: Specialty Club- Pickleball Club	19 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab- Physical Science Club K-2: Specialty Club- Pickleball Club	20 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-2: STEM Lab- Physical Science Club 3-6: Specialty Club- Pickleball Club	21 SEL: SMART Moves K-3: Coping Strategies game 4-6: Coping Blocks Enrichment & STEM Rotations Gratitude
	24 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab- Physical Science Club K-2: Specialty Club- Pickleball Club	25 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-2: STEM Lab- Physical Science Club 3-6: Specialty Club- Pickleball Club	26-28 No School CLUB CLOSED Thanksgiving Break		
Emotions Matter	1	2	3	4	5

Specialty Club	Daily Schedule (Monday-Thursday)	Daily Schedule (Friday)
<p>Club K-3: Pickleball Club Monday & Wednesday @ 3:05-4:00pm</p> <p>Club 3-6: Pickleball Club Tuesday & Thursday @ 3:05-4:00pm</p>	2:15-2:30 Check-in & Snack 2:30-2:45 Recess 2:45- 3:05 Circle-up (K-6) 3:05-4:00 STEM Lab & Specialty Club STEM Lab: Physical Science Club- MW (3-6), TTh (K-3) Specialty Club: Pickleball - MW (K-3), TTh (3-6) 4:00-4:15 Brain Break 4:15-5:15 Power Hour (K-6) 5:15-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-3:00 Recess 3:05- 3:15 Circle-up 3:15-4:15 SMART Moves(K-3) & STEM Engineering Lab or Enrichment (4-6) 4:15-5:15 SMART Moves(4-6) & STEM Engineering Lab or Enrichment (K-3) 5:15-5:30 Daily Gratitude 5:30 Snack & Check-out



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Contact Info

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Bonneville Afterschool Program 2025-2026



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November Club & Activity Details

Message to Parents:

We're excited to welcome November at Bonneville with a month full of discovery, movement, and hands-on learning! This month, students will continue to grow their skills and confidence through a variety of engaging clubs and activities designed to keep minds and bodies active. Our **Power Hour** sessions will continue providing dedicated time for homework help, reading, and academic enrichment, helping students stay on track and succeed in school. On Fridays, our **SMART Moves** social-emotional learning series will guide youth in building positive habits, practicing self-awareness, and developing strong friendships that support their overall well-being. This month's featured clubs bring a mix of science and sports to the program! In our **Physical Science Club**, students will become young scientists as they explore motion, energy, and reactions through exciting, hands-on experiments. Meanwhile, the **Pickleball Club** will get kids moving with fun, active games that teach teamwork, coordination, and sportsmanship while learning one of the fastest-growing sports in the country. We're looking forward to a month of curiosity, teamwork, and discovery as we head into the holiday season. Thank you for your continued support in making Bonneville Afterschool a place where kids can learn, play, and thrive!

Power Hour - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. We also work with the school to have access to computers so the students can complete iReady or other school related curricula. This is completed Monday-Thursday for 60 minutes!

STEM Club - Physical Science Club an exciting, hands-on afterschool program for kids ages 5–12! Through fun experiments and creative challenges, youth will explore the wonders of physics, chemistry, and energy in action. From building simple machines to testing reactions and exploring motion, students will learn how science connects to the world around them. Each session encourages curiosity, problem-solving, and teamwork as kids experiment, observe, and draw conclusions like real scientists. Students in grades 3–6 will join the club on Mondays and Wednesdays, while those in grades K–2 will participate on Tuesdays and Thursdays.

Specialty Club - Pickleball Club is a fun and active afterschool program for kids ages 5–12! Through exciting games and skill-building activities, youth will learn the basics of pickleball — from how to hold the paddle and serve the ball to working together in friendly matches. Each session encourages teamwork, sportsmanship, and staying active while building coordination and confidence on the court. Students in grades K–2 will join the club on Mondays and Wednesdays, while those in grades 3–6 will participate on Tuesdays and Thursdays.

Social-Emotional Learning -- The **SMART Moves** curriculum is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills. SMART Moves is a nationally recognized Boys & Girls Club program designed to help youth develop the knowledge, attitudes, and skills they need to make healthy decisions. Through interactive lessons, group discussions, and hands-on activities, students learn how to identify and manage emotions, build positive relationships, set personal goals, and practice problem-solving strategies. The goal is to empower young people to strengthen their self-awareness and social skills while also building confidence in their ability to make positive choices. By the end of the 10 weeks, youth will not only have a stronger foundation in emotional regulation and healthy behaviors, but also feel more connected to their peers and supported in their growth. This is taught during Friday rotations over the course of 10 weeks.



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