

# October 2025 Sunset

495 Westridge Drive 801-372-3151



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



## Get To Know YDP Sofia Barker



Hi! I'm Sofia! I am from Boise, ID and moved to sunny St. George for college! This will be my fourth year doing afterschool programs and I love it more and more every year! I love shopping, hanging out with my friends, and traveling!

### CONTACT INFORMATION

**Alexis Dearden**  
**Site Director**  
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### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

*Monday-Thursday*

We will be assisting students daily with their homework and reading. Additionally, we will provide fun learning games to help students practice what they are learning in school.

## STEM Labs

*Monday and Wednesdays*

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

## Enrichment

Our enrichment clubs give students the opportunity to explore new interests, build skills, and have fun in a supportive environment. Each club focuses on hands-on activities that encourage creativity, teamwork, and learning.

## SMART Moves

*Fridays*

This is a Social Emotional Learning curriculum that engages club members through actions and activities designed to help them identify their emotions and feelings. It also provides them with positive choices and strategies to appropriately express and manage those emotions.

Happy  
Birthday



Happy Birthday to all of our club members who celebrate in October!!

### UPCOMING EVENTS

No upcoming events this month.

### CLUB CLOSED

Fall Break - October 9th-13th  
BGC Conference - October 23rd & 24th



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# Sunset After School Program 2025-2026



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

Monday	Tuesday	Wednesday	Thursday	Friday
29 Project Learn STEM Club Friendship Club	30 Project Learn Ocean Club Season of Fun	1 Project Learn Creative Choice Season of Fun	2 Project Learn STEM Club Halloween Club	3 Fun Friday STEM Computer Lab SMART Moves Fire Drill
6 Project Learn Creative Choice Season of Fun	7 Project Learn STEM Club Halloween Club	8 Project Learn Creative Choice Season of Fun	9 	10 
13 	14 Project Learn STEM Club Halloween Club	15 Project Learn Creative Choice Season of Fun	16 Project Learn STEM Club Halloween Club	17 Fun Friday STEM Computer Lab SMART Moves Disaster Drill
20 Project Learn Creative Choice Season of Fun	21 Project Learn STEM Club Halloween Club	22 Project Learn Creative Choice Season of Fun	23 	24 
27 Project Learn Creative Choice Season of Fun	28 Project Learn STEM Club Halloween Club	29 Project Learn Creative Choice Season of Fun	30 Project Learn STEM Club Halloween Club	31 Happy Halloween Halloween Activities

## Daily Schedule

Monday-Thursday	Fridays
<p>2:35 - 2:55 Check-in, Super Snack</p> <p>3:00 - 3:25 Energy Boost</p> <p>3:25 - 4:10 K-3 (STEM), 4-5 (Power Hour)</p> <p>4:10 - 4:40 4-5 (STEM), K-3 (Power Hour)</p> <p>4:40 - 5:15 Enrichment Clubs</p> <p>5:15 - 5:25 Clean up / Snack</p> <p>5:30 Check out</p>	<p>1:00 - 1:10 Check-in</p> <p>1:15 - 1:45 Energy Boost</p> <p>1:50 - 2:20 Computer Lab</p> <p>2:25 - 2:45 Super Snack</p> <p>2:50 - 3:35 SMART Moves</p> <p>3:40 - 4:10 STEM</p> <p>4:15 - 5:00 Group Games</p> <p>5:05 - 5:20 Fun Friday</p> <p>5:25 - 5:30 PM Snack &amp; Check-Out</p>

## Contact Info

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## October Club & Activity Details

### Message to Parents:

We're excited to share that our first month of the program has been a great success! We love having your students with us each day and seeing the energy, creativity, and growth they bring to the Club. We still have spots open in our program and would love to welcome even more students to join in the fun and learning. Please help us spread the word to friends, family, and neighbors who might be interested—together we can make this year the best one yet!

**Creative Choice Club** - gives students the chance to take a break and choose activities that interest them most. Whether they want to read, play games, draw, or simply relax, this club allows members to enjoy a little freedom in how they spend their time while still being in a safe and supportive environment. Choice Time helps students recharge, explore their interests, and build independence through self-directed play. The club will be held every Monday and Wednesday.

**Halloween Club** - is a fun, kid-friendly club where we celebrate all things Halloween! Together we'll explore the history and traditions behind the holiday, get creative with festive crafts, and enjoy seasonal activities that bring out the spooky spirit in a positive way. It's the perfect mix of learning, creativity, and Halloween fun!

**Season of Fun** - Every Tuesday and Thursday, kids will explore their creativity with exciting seasonal projects. Each season brings a new theme—like pumpkins in the fall, snowmen in the winter, and flowers in the spring.

