

October 2025

Bonneville

1245 N 800 W Orem, Utah 84057 | 801-372-5461



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday



10/21-Javiexys
10/30-Jovani

UPCOMING EVENTS

Fall Break-October 16-20
Lights On! Talent Showcase-October 23 @4pm
No Program on October 24 due to staff training

CLUB CLOSED

Fall Break-October 16-20
Staff Training-October 24



Get To Know



My name is Armando Torres. I'm 23 years old and from Dalton Georgia. I moved to Utah for school about

a year and a half ago for school. I have been with Boys and Girls Club since last May and absolutely love it! I will be taking over as the Site Director in October and I am so excited to work with you all. Some things I like to do is play soccer, watch movies, run, watch sports, and make yummy food. I'm currently engaged and will be getting married on the 29th of November!

CONTACT INFORMATION

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Site Director
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

4:15-5:15pm (K-6)
Monday-Thursday

Students will have dedicated time to focus on academically enriching activities which may include completing homework assignments, practicing math skills, reading independently or with peers, or engaging in other High Yield Learning Activities (HYLAs) that reinforce classroom learning.

STEM Labs

3:05-4:00 pm (K-2) Monday & Wednesday
3:05-4:00 pm (3-6) Tuesday & Thursday
3:15-5:15 pm Friday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities. This month's focus is Engineering and Detective Skills!

Enrichment

3:05-4:00 pm Monday-Thursday
3:15-5:15 pm Friday

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. This month's clubs are STEM Club and a specialty club: Mindful Movers Club.

We offer a rotation of activities on Friday where kids can participate in a new physical, creative, or STEM activity each week.

Social Emotional Learning (Prevention & Behavior)

SMART Moves 3:15-4:15pm (K-2), 4:20-5:20pm (3-6)
Friday

SMART Moves: Magic Carpet Ride, Worry Wizards, My Superhero Self, Changing Impossible to I'M POSSIBLE, Rain Sticks Relaxation, Calming Bottles, "I Can" Plan.



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Utah State Board of Education



Bonneville After school Program 2025-2026



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Practicing Positive Actions	29	30	1 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-3: STEM Lab-Detective Club 3-6: Specialty Club- Mindful Movers Club	2 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab-Detective Club K-3: Specialty Club- Mindful Movers Club FIRE DRILL @4:00pm	3 SEL: SMART Moves K-3: Magic Carpet Ride 3-6: Worry Wizards Enrichment & STEM Rotations Gratitude EMERGENCY DRILL @3:00pm
Choices and Consequences "Best Self"	6 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-3: STEM Lab-Detective Club 3-6: Specialty Club- Mindful Movers Club	7 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab-Detective Club K-3: Specialty Club- Mindful Movers Club	8 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-3: STEM Lab-Detective Club 3-6: Specialty Club- Mindful Movers Club	9 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab-Detective Club K-3: Specialty Club- Mindful Movers Club	10 SEL: SMART Moves K-3: My Superhero Self 4-6: Changing Impossible to I'M POSSIBLE Enrichment & STEM Rotations Gratitude
"Best Self"	13 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-3: STEM Lab-Detective Club 3-6: Specialty Club- Mindful Movers Club	14 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab-Detective Club K-3: Specialty Club- Mindful Movers Club	15 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-3: STEM Lab-Detective Club 3-6: Specialty Club- Mindful Movers Club	16 NO School CLUB CLOSED — Fall Break	17 NO School CLUB CLOSED — Fall Break
Meta-Moment	20 NO School CLUB CLOSED — Teacher Work Day	21 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab-Detective Club K-3: Specialty Club- Mindful Movers Club	22 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-3: STEM Lab-Detective Club 3-6: Specialty Club- Mindful Movers Club	23 Group Circle Up Clubs 3-6: STEM Lab-Detective Club K-3: Specialty Club-Mindful Movers Club LIGHTS ON! Talent Showcase @4pm in Cafeteria	24 NO Club CLUB CLOSED — Staff Training
Meta-Moment	27 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-3: STEM Lab-Detective Club 3-6: Specialty Club- Mindful Movers Club	28 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab-Detective Club K-3: Specialty Club- Mindful Movers Club	29 Group Circle Up Power Hour Gratitude/Brain Break Clubs K-3: STEM Lab-Detective Club 3-6: Specialty Club- Mindful Movers Club	30 Group Circle Up Power Hour Gratitude/Brain Break Clubs 3-6: STEM Lab-Detective Club K-3: Specialty Club- Mindful Movers Club	31 SEL: SMART Moves K-3: "I Can" Plan 4-6: "I Can" Plan Enrichment & STEM Rotations Gratitude

Specialty Club	Daily Schedule (Monday-Thursday)	Daily Schedule (Friday)
Club 3-6: Mindful Movers Club Monday & Wednesday @ 3:05-4:00pm Club K-2: Mindful Movers Club Tuesday & Thursday @ 3:05-4:00pm	2:15-2:30 Check-in & Snack 2:30-2:45 Recess 2:45- 3:05 Circle-up (K-6) 3:05-4:00 STEM Lab & Specialty Club STEM Lab: Detective Club- MW (K-2), TTh (3-6) Specialty Club: - MW (3-6), TTh (K-2) 4:00-4:15 Brain Break 4:15-5:15 Power Hour (K-6) 5:15-5:30 Daily Gratitude 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-3:00 Recess 3:05- 3:15 Circle-up 3:15-4:15 SMART Moves(K-3) & STEM Engineering Lab or Enrichment (4-6) 4:15-5:15 SMART Moves(4-6) & STEM Engineering Lab or Enrichment (K-3) 5:15-5:30 Daily Gratitude 5:30 Snack & Check-out



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Contact Info

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BOYS & GIRLS CLUBS
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Bonneville

Afterschool Program 2025-2026

October Club & Activity Details

Message to Parents:

We are thrilled to welcome October at Bonneville with a month full of curiosity, creativity, and connection! This month, your child will have the chance to dive into new and exciting clubs and activities designed to spark imagination and build valuable skills. From Project Learn (Power Hour) for focused homework help and reading time, to hands-on STEM Labs (featuring Engineering lessons), and our brand-new STEM Detective Club where kids solve mysteries and practice problem-solving skills, there's something for every interest. Our specialty club, **Mindful Movers**, gives kids the chance to stretch, breathe, and practice mindfulness in fun and calming ways. We will continue our SMART Moves social-emotional learning series every Friday, helping youth build healthy habits, strengthen friendships, and grow in confidence. We are so excited to see your children explore their passions, discover new talents, and grow as leaders this month. We will be having a talent showcase on October 23rd to highlight the many talents of the students and things they have been working on in programs, please join us at 4pm in the lunchroom for this event! Thank you for partnering with us to make Bonneville Afterschool a place where kids can learn, play, and thrive!

*Please note: Afterschool will be closed on **Thursday, October 24** for a required staff training. Thank you for your understanding and support.*

Power Hour - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. We also work with the school to have access to computers so the students can complete iReady or other school related curricula. This is completed Monday-Thursday for 60 minutes!

STEM Club - STEM Detective Club is a hands-on afterschool program for children ages 5-12 where curious minds become problem-solvers! Each session challenges kids to crack codes, solve mysteries, and tackle STEM-based investigations using logic, observation, and teamwork. Students will practice real detective skills—like gathering clues, testing hypotheses, and drawing conclusions—through fun experiments, puzzles, and engineering challenges. This club builds critical thinking, creativity, and collaboration while letting kids feel like real investigators on a mission to solve the case! Students in grades K-3 will join the club on Mondays and Wednesdays, while those in grades 4-6 will participate on Tuesdays and Thursdays.

Specialty Club - Mindful Movers is a fun and calming afterschool club for kids ages 5–12. Through yoga, breathing exercises, and mindfulness activities, youth will learn simple ways to stretch their bodies, focus their minds, and find moments of calm. Each session mixes playful movement with relaxation techniques, helping kids build balance, confidence, and tools they can use anytime they need to feel peaceful. Students in grades 3-6 will join the club on Mondays and Wednesdays, while those in grades K-3 will participate on Tuesdays and Thursdays.

Social-Emotional Learning -- The **SMART Moves** curriculum is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills. SMART Moves is a nationally recognized Boys & Girls Club program designed to help youth develop the knowledge, attitudes, and skills they need to make healthy decisions. Through interactive lessons, group discussions, and hands-on activities, students learn how to identify and manage emotions, build positive relationships, set personal goals, and practice problem-solving strategies. The goal is to empower young people to strengthen their self-awareness and social skills while also building confidence in their ability to make positive choices. By the end of the 10 weeks, youth will not only have a stronger foundation in emotional regulation and healthy behaviors, but also feel more connected to their peers and supported in their growth. This is taught during Friday rotations over the course of 10 weeks.



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