

September 2025

Sunset

495 Westridge Drive 801-372-3151



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Happy Birthday



Happy Birthday to all of our friends who celebrate in September!

UPCOMING EVENTS

Family Night: September 9th 5:30-7:00 PM

The event will be set up like a carnival, with different booths where kids can play games and win prizes. It will be a fun way to bring our community together and celebrate the work we're doing with local youth!

CLUB CLOSED

Monday, September 1st



Get To Know

Hello families! My name is Alexis Dearden, and I am excited to return as Site Coordinator again this year! I am a senior at Utah Tech University studying psychology and will be graduating this fall semester! I love hiking, reading, and spending time with my family!



CONTACT INFORMATION

Alexis Dearden
Site Director
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday-Thursday

We will be assisting students with their homework and reading. Additionally, we will provide fun learning games to help students practice what they are learning in school.

STEM Labs

Mondays, Wednesdays, Fridays

Explore, experiment, and discover! In STEM, kids will dive into science, technology, engineering, and math through fun, hands-on activities that spark curiosity and creativity.

Enrichment Clubs

Monday-Thursday

Our enrichment clubs give students the opportunity to explore new interests, build skills, and have fun in a supportive environment. Each club focuses on hands-on activities that encourage creativity, teamwork, and learning.

SMART Moves

Fridays

This is a Social Emotional Learning curriculum that engages club members through actions and activities designed to help them identify their emotions and feelings. It also provides them with positive choices and strategies to appropriately express and manage those emotions.



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Utah State Board of Education



Sunset Elementary Afterschool Program 2025-2026



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>1</p>	<p>2</p> <p>Project Learn Club 101 Get to know you Rules/Expectations</p>	<p>3</p> <p>Project Learn STEM Club Friendship Club</p>	<p>4</p> <p>Project Learn Ocean Club Season of Fun</p>	<p>5</p> <p>FUN FRIDAY!! Digital Citizenship SMART Moves STEM Rotations Fire Drill</p>
<p>8</p> <p>Project Learn STEM Club Friendship Club</p>	<p>9</p> <p>Project Learn Ocean Club Season of Fun</p> <p>PARENT NIGHT 5:30-7:00 PM @ Panorama</p>	<p>10</p> <p>Project Learn STEM Club Friendship Club</p>	<p>11</p> <p>Project Learn Ocean Club Season of Fun</p>	<p>12</p> <p>FUN FRIDAY!! Digital Citizenship SMART Moves STEM Rotations</p>
<p>15</p> <p>Project Learn STEM Club Friendship Club</p>	<p>16</p> <p>Project Learn Ocean Club Season of Fun</p>	<p>17</p> <p>Project Learn STEM Club Friendship Club</p>	<p>18</p> <p>Project Learn Ocean Club Season of Fun</p>	<p>19</p> <p>FUN FRIDAY!! SMART Moves STEM Rotations</p>
<p>22</p> <p>Project Learn STEM Club Friendship Club</p>	<p>23</p> <p>Project Learn Ocean Club Season of Fun</p>	<p>24</p> <p>Project Learn STEM Club Friendship Club</p>	<p>25</p> <p>Project Learn Ocean Club Season of Fun</p>	<p>26</p> <p>FUN FRIDAY!! SMART Moves STEM Rotations</p>
<p>29</p> <p>Project Learn STEM Club Friendship Club</p>	<p>30</p> <p>Project Learn Ocean Club Season of Fun</p>	<p>1</p>	<p>2</p>	<p>3</p>

Daily Schedule Monday-Thursday	Fridays
<p>2:35 - 2:55 Check-in, Super Snack</p> <p>3:00 - 3:25 Energy Boost</p> <p>3:25 - 4:10 K-3 (STEM), 4-5 (Power Hour)</p> <p>4:10 - 4:40 4-5 (STEM), K-3 (Power Hour)</p> <p>4:40 - 5:15 Enrichment Clubs</p> <p>5:15 - 5:25 Clean up / Snack</p> <p>5:30 Check out</p>	<p>1:00 - 1:10 Check-in</p> <p>1:15 - 1:45 Energy Boost</p> <p>1:50 - 2:20 Computer Lab</p> <p>2:25 - 2:45 Super Snack</p> <p>2:50 - 3:35 SMART Moves</p> <p>3:40 - 4:10 STEM</p> <p>4:15 - 5:00 Group Games</p> <p>5:05 - 5:20 Fun Friday</p> <p>5:25 - 5:30 PM Snack & Check-Out</p>

Contact Info

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Program Address: 495 Westridge Drive, St. George, UT

September Club & Activity Details

Message to Parents:

We are excited to welcome your children back for a wonderful month of learning, growth and fun! September will be filled with engaging enrichment clubs, hands-on activities, and opportunities for students to build friendships and discover new interests. Thank you for your continued support! We look forward to an amazing month ahead!

Club 101 - is an introduction to our club rules and expectations. During this time, students learn what it means to be part of the club community and how we can all work together to make it a safe, fun, and respectful place for everyone. This helps set the tone for the year and ensures that all members understand what is expected of them while also feeling welcomed and included.

Season of Fun - Every Tuesday and Thursday, kids will explore their creativity with exciting seasonal projects. Each season brings a new theme—like pumpkins in the fall, snowmen in the winter, and flowers in the spring.

Ocean Club - In Ocean Club, students dive into the wonders of the sea through fun, hands-on activities. They will explore marine life, learn about ocean conservation, and enjoy creative projects that spark curiosity about the underwater world. This club encourages discovery, creativity, and a love of our planet's oceans.

Friendship Club - Friendship Club helps students build positive relationships through fun games and group activities. Children will practice kindness, teamwork, and communication skills while learning what it means to be a good friend. This club fosters a welcoming space where every child feels included and supported.

Digital Citizenship (Friday, September 5th) - All students who use computers during the afterschool program are required to complete the **Digital Citizenship** lessons once, as this is a Boys & Girls Clubs of America requirement. Each lesson is about 15 minutes long and helps guide students through important internet safety practices. While using computers, all club members will be closely monitored and will only have access to school-approved websites.

