

July 2025

# Paradise Canyon

1795 W 1230 N, St. George, UT 84770 | 435-673-8978



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is improving ourselves through positive actions

Happy  
Birthday



7/7 - Connor  
7/22 - Tymber  
7/25 - Everly

## UPCOMING EVENTS

n/a

## CLUB CLOSED

7/3-7/4 Independence Day



## Get To Know Ms. Whitney!



My name is Whitney Jensen and I am excited to be a part of the Boys and Girls Club here at Paradise Canyon! I am from Cedar City. I enjoy spending time with my family, teaching, hiking, hammocking, four wheeling, learning, helping others and traveling to new places! I have worked with children of a range of ages and abilities throughout the years, and I absolutely love it! I have my degree in Elementary Education. I enjoy teaching all of the subjects, but social studies and science have always been my passion!

## CONTACT INFORMATION

**Olivia Everett**  
**Site Coordinator**  
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## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Daily 11:30-12:00

Project Learn focuses on strengthening math and literacy skills through engaging, rotating activities tailored to each student's needs. This daily session encourages confidence, comprehension, and a love for learning.

## STEM Labs

MWF 9:45-10:45

Our STEM Club inspires curiosity and creativity through hands-on activities in Science, Technology, Engineering, and Math. Students build critical thinking, problem-solving, and teamwork skills as they explore exciting projects and experiments.

## Enrichment

*Activity 1: T/TH 9:45-10:45 + Activity 2:  
Daily 2:45-3:45*

Our activity choice rotations offer students exciting opportunities to explore a variety of interests and experiences. Each rotation lasts one hour and can include guest speakers, field trips, arts and crafts, and other engaging activities designed to inspire creativity and curiosity.

## Social Emotional Learning

Daily 12:00-12:30

Our social-emotional learning curriculum, Positive Action, helps students develop essential social-emotional skills like self-awareness, empathy, and responsible decision-making. Through interactive lessons and activities, students build confidence, improve relationships, and create a positive school community.



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# Paradise Canyon Summer Program 2025



Social Emotional Learning Weekly Focus	Weekly Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Getting along with others	Cartoons		1 Activity 1 Math/Literacy SEL Activity 2 HYLA/Stretching	2 STEM Math/Literacy SEL Activity 2 HYLA/Stretching Fire Drill	3 Independence Day (observed) - Program Closed	4 Independence Day - Program Closed
Positive Action review	Earth	7 STEM Math/Literacy SEL Activity 2 HYLA/Stretching	8 Activity 1 Math/Literacy SEL Activity 2 HYLA/Stretching	9 STEM Math/Literacy SEL Activity 2 HYLA/Stretching	10 Activity 1 Math/Literacy SEL Activity 2 HYLA/Stretching	11 STEM Math/Literacy SEL Activity 2 HYLA/Stretching
			1	2	3	4

## Daily Schedule

8:00 - 8:30 check-in/recess 1  
 8:30 - 8:45 transition/wash hands  
 8:45 - 9:15 breakfast  
 9:15 - 9:30 clean up + bathroom break  
 9:30 - 9:45 morning meeting  
 9:45 - 10:45 MWF - STEM / TTh - Activity 1  
 10:45 - 11:15 recess 2  
 11:15 - 11:30 wash hands + bathroom break  
 11:30 - 12:00 math and literacy  
 12:00 - 12:30 social-emotional learning  
 12:30 - 1:00 lunch

1:00 - 1:15 clean up  
 1:15 - 2:00 quiet time  
 2:00 - 2:30 indoor recess 3  
 2:30 - 2:45 wash hands + bathroom break  
 2:45 - 3:45 activity choice 2  
 3:45 - 4:00 clean up  
 4:00 - 4:15 snack  
 4:15 - 4:30 clean up + bathroom break  
 4:30 - 5:00 HYLA + stretching  
 5:00 - 5:15 clean up and bathroom break  
 5:15 - 5:30 evening powwow + dismissal



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## July Club & Activity Details

### Welcome Parents!

We're excited to share what your students will be learning and experiencing in our after school programs. Below are highlights of our core activities designed to support academic growth, creativity, and social skills. We're excited to have a fun-filled summer!

**STEM** - Our STEM Club inspires curiosity and creativity through hands-on activities in Science, Technology, Engineering, and Math. Students build critical thinking, problem-solving, and teamwork skills as they explore exciting projects and experiments. STEM activities are every Monday, Wednesday, and Friday from 9:45 AM to 10:45 AM.

**Activity Choices** - Our activity choice rotations offer students exciting opportunities to explore a variety of interests and experiences. Each rotation lasts one hour and can include guest speakers, field trips, arts and crafts, and other engaging activities designed to inspire creativity and curiosity. The first one will be Tuesdays and Thursdays from 9:45 to 10:45 AM, and the second will be every day from 2:45 to 3:45 PM.

**Project Learn** - Project Learn focuses on strengthening math and literacy skills through engaging, rotating activities tailored to each student's needs. This daily session encourages confidence, comprehension, and a love for learning. Project Learn takes place every day from 11:30 AM to 12:00 PM.

**Social-Emotional Learning** - Our social-emotional learning curriculum, Positive Action, helps students develop essential social-emotional skills like self-awareness, empathy, and responsible decision-making. Through interactive lessons and activities, students build confidence, improve relationships, and create a positive school community. Positive Action sessions take place every day from 12:00 PM to 12:30 PM.

**Recess** - Recess gives students a valuable break to play, socialize, and recharge. It supports physical activity, creativity, and friendships in a safe, fun environment—helping students return to learning refreshed and energized. We will have three recesses a day; the first will be free play from 8:00 to 8:30 AM, the second will be a guided outdoor activity from 10:45 to 11:15 AM, and the third will be a guided indoor activity from 2:00 to 2:30 PM.

**Stretching/High Yield Learning Activities (HYLA)** - High yield learning activities are engaging, fun, and intentionally designed to boost student learning and development in specific areas like math, literacy, social-emotional skills, and critical thinking. We will have a variety of these activities mixed in with aerobic and stretching activities every day from 4:30 PM to 5:00 PM to keep students active and engaged.

