

July 2025

Legacy

280 E 100 S, St. George UT, 84770 | 801-372-3284



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is practicing teamwork and setting positive action goals.

Happy
Birthday



Carter
Casen
Miguel

UPCOMING EVENTS

Last Day of Program: July 11th

CLUB CLOSED

July 3rd
July 4th



Get To Know: Miss. D



YDP

Hi my name is D and I'm so excited to be a YDP this summer! I have worked at several different programs in the last 3 years and I'm excited to be at Legacy this summer! I recently graduated Utah Tech with my B.S in Theatre Education. In my free time I love art, reading and taking care of my hamster Prince Fiyero.

CONTACT INFORMATION

Emma Franz
Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Rotations

Monday-Friday - 9:30-11:10

We run 3 30 minute rotations every morning to get our brains active and energy up! The first rotation is stretching/HYLA, which will be active games and activities. The second rotation is literacy and math, where our students will be provided with opportunities to keep up their reading and math skills. Our last rotation is SEL, where our students will learn how to manage emotions and build healthy relationships.

STEM Labs

Monday, Wednesday, Friday - 2:30-3:30

During STEM, our students will engage in hands-on activities that allow them to explore the world around them and practice using their critical thinking skills. During STEM, students will be encouraged to work in teams, ask questions, and solve problems, all while having a fun time!

Enrichment

Monday-Friday - 4:00-5:15

We will do a variety of activities every day correlating to our week's theme. We hope to introduce new ideas and challenge them each day while learning new skills.

Social Emotional Learning (Prevention & Behavior)

Monday-Friday - 9:30-11:10

Our Social Emotional Lessons will allow us to dive deeper into managing emotions and learning new coping skills. These are skills that can help them throughout their life.



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Legacy Summer Program 2025



Social Emotional Learning Weekly Focus	Weekly Themes	Monday	Tuesday	Wednesday	Thursday	Friday
Practicing Teamwork	Disney	30 Rotations Positive Action Quiet time STEM Clubs Disney club Track & Field club	1 Rotations Positive Action Quiet time Individual Art Clubs Disney club Track & Field club	2 Rotations Positive Action Quiet time Fire Drill STEM Clubs Disney club Track & Field club	3 PROGRAM CLOSED Independence day celebrations 	4 PROGRAM CLOSED Independence day celebrations
Setting Positive Action Goals	Earth	7 Rotations Positive Action Quiet time STEM Clubs Earth club Dance club	8 Rotations Positive Action Quiet time Individual Art Clubs Earth club Dance club	9 Rotations Positive Action Quiet time STEM Clubs Earth club Dance club	10 Rotations Positive Action Quiet time Individual Art Clubs Earth club Dance club	11 Rotations Positive Action Quiet time STEM Clubs Earth club Dance club
		14 NO PROGRAM	15 NO PROGRAM	16 NO PROGRAM	17 NO PROGRAM	18 NO PROGRAM
		21 NO PROGRAM	22 NO PROGRAM	23 NO PROGRAM	24 NO PROGRAM	25 NO PROGRAM
		28 NO PROGRAM	29 NO PROGRAM	30 NO PROGRAM	31 NO PROGRAM	1 NO PROGRAM

Daily Schedule

8:00-8:30- Check in & recess 8:45-9:15- Breakfast 9:30-10:00- Rotation 1 (HYLA/stretching, literacy/math, or SEL) 10:05-10:35- Rotation 2 (HYLA/stretching, literacy/math, or SEL) 10:40-11:10- Rotation 3 (HYLA/stretching, literacy/math, or SEL) 11:30-12:00- Recess 12:15-12:45- Lunch	1:00-2:00- Quiet time 2:00-2:30- Indoor recess 2:30-3:30- STEM/Individual art time 3:35-3:55- Snack 4:00-5:15- Creative/physical clubs 5:15-5:30- Clean up 5:30- Dismissal
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July Club & Activity Details

Message to Parents:

Welcome to July! We may only have 2 weeks of program this month, but that doesn't stop us from continuing the fun in STEM, Positive Action, and Arts & Crafts! Our schedule will again be driven by weekly themes that inform and structure our daily activities. These are listed on the calendar above and detailed below.

STEM- stands for Science, Technology, Engineering, and Mathematics. STEM based activities promote critical thinking, curiosity, decision making, and leadership skills. During STEM, our students will engage in hands-on activities that allow them to explore the world around them and practice using their critical thinking skills.

Rotations:

Social Emotional Learning: Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves.

Stretching/HYLA- or high-yield learning activities that will include a variety of exercise and movement opportunities. We will also be incorporating stretching and mindfulness into this rotation, and take some time each day to calm our minds and bodies by doing breathing exercises or mindfulness walks.

Literacy & Math- It is important our students keep up with their reading and math skills over the summer. Everyday, students will get the chance to challenge and renew their skills through worksheets, games, and reading.

Clubs: Each week we have themed clubs. We will have a creative club, and a physical club. The goal of these clubs are to gain new skills, learn new information, and gain collaboration skills with their peers. We are so excited to run these clubs and hopefully spark a joy for new activities. These club activities will happen M-F from 4:00-5:15 pm. Take a look at our weeks themes:

Week 5:

Disney & Track & Field - This week, imagination takes center stage in the Creative Club as students dive into the world of Disney! Through themed crafts and character-inspired activities, kids will explore the magic of Disney. In this weeks Physical Club, students will get moving with exciting track and field events like relays, long jumps, and sprints that build strength, coordination, and confidence. This week's activities are full of magic, movement, and meaningful growth!

Week 6:

Earth & Dance club - This week, students will connect with and learn about our amazing planet as they explore Earth-themed activities. We will discover and learn ways to care for our planet. In our Physical Club, students will express themselves through dance—learning fun routines, exploring rhythm, and building confidence through movement. These clubs help students grow their environmental awareness, creativity, and team-work.

