

June 2025

Heber Valley

[730 S 6th W, Heber City, UT 84032] | [801-857-4793]



BOYS & GIRLS CLUBS
OF WASATCH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is "Improving ourselves through positive actions".

UPCOMING EVENTS

First day of Program: June 2nd

CLUB CLOSED

June 16th: Juneteenth (observed)



Get To Know



You may know Ms. Kellie if you attend our Fall Club Program. She is the site coordinator for the school year and is excited to stay on for the summer and run the Summer Program. Ms. Kellie loves being outside and loves to do lots of STEM activities!

CONTACT INFORMATION

Kellie Barrus, LCSW
Site Coordinator
Phone: (801) 857-4793
Email: hebervalley@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

HYLA & Literacy

M-Th 11:10-11:40

HYLA (high yielding learning activities) will happen everyday. HYLA activities will have an educational component such as reading, writing, math, science, cognitive skills, and social skills. These skills will be learned and practiced through fun activities and games!

STEM Labs

M-Th 4:00-5:15 (Rotating)

Students will engage in hands-on STEM activities that allow them to explore the world around them and practice using their critical thinking skills. Students will be encouraged to work in teams, ask questions, and solve problems, all while having a fun time!

Enrichment

M-Th 11:55-1:30 & 4:00-5:15

We will do a variety of activities every day correlating to our week's theme. We hope to introduce new ideas and challenge them each day while learning new skills.

Social Emotional Learning (Prevention & Behavior)

M-TH 9:45-11:00 AM

Our Social Emotional Lessons will allow us to dive deeper into managing emotions and learning new coping skills. These are skills that can help them throughout their life.



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Heber Valley Summer Program 2025 - 2026



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6 No Program on Fridays
Intellectual Positive Actions	9 STEM Math/Literacy SEL Activity HYLA/Stretching	10 STEM Math/Literacy SEL Activity HYLA/Stretching	11 STEM Math/Literacy SEL Activity HYLA/Stretching	12 STEM Math/Literacy SEL Activity HYLA/Stretching FIRE DRILL	13 No Program on Fridays
Getting Along with Others	16 CLOSED	17 STEM Math/Literacy SEL Activity HYLA/Stretching	18 STEM Math/Literacy SEL Activity HYLA/Stretching	19 STEM Math/Literacy SEL Activity HYLA/Stretching	20 No Program on Fridays
Showing Empathy	23 STEM Math/Literacy SEL Activity HYLA/Stretching	24 STEM Math/Literacy SEL Activity HYLA/Stretching	25 STEM Math/Literacy SEL Activity HYLA/Stretching	26 STEM Math/Literacy SEL Activity HYLA/Stretching	27 No Program on Fridays
Self Honesty	30 STEM Math/Literacy SEL Activity HYLA/Stretching	1	2	3	4

Daily Schedule	
8:00-8:30 Check In & Breakfast 8:30-9:00 Recess/PE 9:15-9:45 Circle Up 9:45-11:40 Rotations (SEL/Stretching & Aerobics/HYLA) 11:55-1:30 Rotations (Lunch/Weekly Theme Activity/Literacy)	1:45-2:15 Circle Up 2:30-3:00 Recess/PE 3:15-3:50 PM Snack 4:00-5:15 Enrichment Clubs 5:15-5:30 Clean Up 5:30-Dismissal

Contact Info
Kellie Barrus, LCSW Site Coordinator Phone: (801) 857-4793 Email: hebervalley@bgcutah.org
Program Address: 730 SW, Heber City, UT 84032



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June Club & Activity Details

Message to Parents:

We are so excited to welcome you to the Boys & Girls Club summer program! We will be doing lots of fun STEM, Academic, Social Emotional Learning, Arts & Crafts, and physical games and activities throughout the month. Each week we will have a different theme that will add fun and structure to the daily activities. These are listed on the calendar above and detailed below. All of our staff are excited to bring the summer fun to our program! Please reach out if you have any questions regarding any of our activities.

STEM - stands for Science, Technology, Engineering, and Mathematics. STEM based activities promote critical thinking, curiosity, decision making, and leadership skills. During STEM, our students will engage in hands-on activities that allow them to explore the world around them and practice using their critical thinking skills.

Social Emotional Learning - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves.

Stretching/HYLA - or high-yield learning activities that will include a variety of educational and fun opportunities. We will also be incorporating stretching and mindfulness into this rotation, and take some time each day to calm our minds and bodies by doing breathing exercises or mindfulness walks.

Literacy & Math - It is important our students keep up with their reading and math skills over the summer. Everyday, students will get the chance to challenge and renew their skills through worksheets, games, and reading.

Clubs: Each week we have themed clubs. We will have a creative club, and a physical club. The goal of these clubs are to gain new skills, learn new information, and gain collaboration skills with their peers. We are so excited to run these clubs and hopefully spark a joy for new activities.

