

May 2025

Sunset Elementary

495 Westridge Drive | 801-372-3151



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Happy
Birthday



Danika & Vivien - 18th
Anthony - 28th
Fiona - 29th
Ellie - 30th

UPCOMING EVENTS

Last day of program: May 16th

CLUB CLOSED



Get To Know YDP Herc



My name is Angel (Herc) Avina, I am from Ontario, California. In my spare time I love to drive around town, hit the gym, and I love to stunt for cheer. Some of my go to grabs are gummy bears, rice krispies, and chocolate milk!

CONTACT INFORMATION

Alexis Dearden
Site Coordinator
Phone: 801-372-3151
Email: alexis.dearden@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday-Thursday Grades 4-5
3:25-4:10/Grades K-3 4:05-4:35

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Wednesday & Friday Grades K-3
3:25-3:55/Grades 4-5 4:05-4:35 Fridays:
2:50-3:20

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and Math can be used in everyday life

Enrichment

Monday - Thursday 4:40 - 5:10

Enrichment clubs offer our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday Grades K-3
3:30-4:00/Grades 4-5 4:05-4:35

Our Positive Action curriculum provides members with important social-emotional skills that can help them throughout life.

Friday 3:45-4:30 Our Coping Strategies curriculum provides members with relationship building skills with themselves and others.



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Sunset Elementary After School Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Post Surveys	28	29	30	1 Project Learn Board Game Club Art Club	2 Project Learn Stem Rotations Coping strategies Fire Drill
Paying Attention to our feelings	5 Project Learn Career Club Cornhole Club	6 Project Learn Prevention: Grade 5 Manual: Lesson 56 "Looking For Love, Finding It" Grade 2 Manual: Lesson 67 "Managing Yourself Using Social / Emotional Positive Actions" Board Game Club Art Club	7 Project Learn Stem Career Club Cornhole Club	8 Project Learn Behavior: Grade 5 Manual: Lesson 63 "What Scares Me Now" Grade 2 Manual: Lesson 68 "Managing Yourself Using Social / Emotional Positive Actions" Board Game Club Art Club	9 Project Learn Stem Rotations Coping strategies
Gratitude and Frustration	12 Project Learn Career Club Cornhole Club	13 Project Learn Prevention: Grade 5 Manual: Lesson 64 "Thank you! Thank you! Thank you!" Grade 2 Manual: Lesson 72 "Getting Along With Others Using Social / Emotional Positive Actions" Board Game Club Art Club	14 Project Learn Stem Career Club Cornhole Club	15 Project Learn Behavior: Grade 5 Manual: Lesson 66 "Frustration, Smushtration!" Grade 2 Manual: Lesson 73 "Getting Along With Others Using Social / Emotional Positive Actions" Board Game Club Art Club	16 Project Learn Stem Rotations Coping strategies Last day of program
	19	20	21	22	23
	26	27	28	29	30

Daily Schedule	Fridays
2:35 - 3:00 Check-in, Super Snack, Feelings check in 3:00 - 3:25 Energy Boost 3:30 - 4:00 K-3 (Social Emotional Learning or STEM Labs), 4-5 (Project Learn) 4:00 - 4:30 4-5 (Social Emotional Learning or STEM Labs), K-3 (Project Learn) 4:30 - 5:20 Enrichment Clubs 5:25 - 5:30 Clean up, Snack, Check-out	1:00 - 1:15 Check-in, Feelings check in 1:20 - 1:35 Energy Boost 1:40 - 2:10 Rotation 1 (Creative) - Computer Lab 2:15 - 2:45 Rotation 2 (Physical) 2:50 - 3:05 Super Snack 3:10 - 3:40 Rotation 3 (STEM) 3:45 - 4:30 Social Emotional Learning 4:35 - 5:00 Fun Friday 5:05 - 5:30 Clean up, Snack, Check-out

Contact Info
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May Club & Activity Details

Message to Parents:

As we wrap up a wonderful year, please note that the program ends on the **16th of May**. We are thrilled to offer a fun and enriching summer program for students at both Legacy and Paradise Canyon Elementary. Each day will be packed with hands-on activities, outdoor play, and learning opportunities. Financial aid/scholarships are available to help make this experience accessible for all families. We would love to see your kids throughout the summer! Thank you for your support throughout this year! We look forward to finishing the month strong with your amazing students!

Career Club - introduces students to a wide variety of careers in a fun and interactive way. Each week, students explore a new profession through hands-on activities, guest speakers, creative projects, and role-playing. The program encourages curiosity, builds confidence, and helps students imagine their future possibilities in the world of work.

Board Game Club - students come together to play a variety of classic and modern board games. Each session encourages critical thinking, teamwork, and good sportsmanship while helping students strengthen problem-solving and communication skills.

Cornhole Club - students learn to play the popular lawn game in a friendly, team-based environment. Each session focuses on developing hand-eye coordination, teamwork, and good sportsmanship through practice, mini-tournaments, and creative challenges. It's a great way for students to stay active, build confidence, and enjoy some healthy competition.

Art Club - students can express themselves through painting, drawing, sculpting, and more. Each week features a new project that introduces different art techniques and materials while encouraging imagination and self-confidence

STEM - Our STEM lessons inspire students to explore science, technology, engineering and math through hands-on activities and experiments. Children will engage in creative problem solving, building projects, and collaborative challenges that spark curiosity and critical thinking.

Social Emotional Learning (Positive Action/SMART Moves) - Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week.

Project Learn: This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

Creative, Physical, STEM Clubs: These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually goes to the computer lab to play school-approved games which they love. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. STEM Clubs on Fridays.

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers.

