

May 2025

# Red Mountain

263 E 200 S Ivins, UT 84738 | (801) 372-3555



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is positive attitude and self concept

Happy  
Birthday



Aiden

Blossom

Hector

Kairi

Kaison

Kyllinn

## UPCOMING EVENTS

Last day of Club May 16th

Summer Programs June 2nd-July 11th  
(See attached flier for more details!)

## CLUB CLOSED

Final day of Club is May 16th

Have a great summer break!



## Get To Know



### Miss Mimi!

Mimi is our program manager and she does an amazing job of teaching the students social emotional learning skills and keeping our program running smoothly. In her free time, she also enjoys reading, fishing with her husband, spending time with her family and dogs, eating spicy foods or chocolate, and dancing to latin music.

## CONTACT INFORMATION

**Natalie Fetzer**  
**Site Coordinator**  
Phone: (801) 372-3555  
Email: [natalie.fetzer@bgcutah.org](mailto:natalie.fetzer@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

*Tuesday & Thursday*  
4:40 - 5:25

During Power Hour we provide assistance with homework and work on academic skills. Please contact us if you have specific areas that you'd like us to focus on with your child!

## STEM Labs

*Friday*  
1:15 - 1:45

Our STEM labs this month will be focused on chemistry. Students will participate in fun, hands-on experiments involving chemical reactions using everyday household items.

## Enrichment

*Monday & Wednesday*  
4:10 - 4:40

We will have two clubs for the students to choose from this month: Short Film Study & Painting Club!

## Social Emotional Learning (Prevention & Behavior)

*Tuesdays & Thursdays*  
4:10 - 4:40

We will continue our Positive Actions curriculum this month to learn new social emotional learning skills. This month's focus will be on having a positive attitude and self concept.



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# Red Mountain Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	1	2
				Social Emotional Learning: Post Surveys	Coping Skills Fun Fun Friday Creative Club Physical Club STEM Club Group Game <b>Fire drill</b>
Understanding Self Concept	5 Project Learn Short Film & Painting Club	6 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 3 "Feeling Good About Who You Are" Grade 2 Manual: Lesson 5 "Self-Concept: Its Definition, Formation, and Importance"	7 Project Learn Short Film & Painting Club	8 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 4 "What You Do Best" Grade 2 Manual: Lesson 6 "Self-Concept: Its Definition, Formation, and Importance"	9 Coping Skills Fun Fun Friday Creative Club Physical Club STEM Club Group Game
Positive Attitude	12 Project Learn Short Film & Painting Club	13 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 5 "Staying in the Positive Zone" Grade 2 Manual: Lesson 12 "Self-Concept: Its Definition, Formation, and Importance"	14 Project Learn Short Film & Painting Club	15 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 7 "The Difference Between Being All Right and Not Being All Right" Grade 2 Manual: Lesson 13 "Self-Concept: Its Definition, Formation, and Importance"	16 Coping Skills Fun Fun Friday Creative Club Physical Club STEM Club Group Game <b>Last day of Club! Have a great summer!</b>
	19	20	21	22	23
	26	27	28	29	30

Daily Schedule	
<b>Monday-Thursday</b> 3:30 - 3:50 Check-in, Snack, Feelings check-in 3:50 - 4:10 Energy Boost 4:10 - 4:40 Social Emotional Learning or Enrichment Clubs 4:40 - 5:25 Project Learn 5:25 - 5:30 Group game 5:30 - Pass out PM Snack/Parent Pick-up	<b>Friday</b> 12:00 - 12:15 Check-in, Energy Boost 12:15 - 1:15 Coping Skills Fun 1:15 - 1:45 STEM Club 1:45 - 2:05 Super Snack/Feelings check-in 2:05 - 2:30 Energy Boost 2:35 - 3:15 Fun Friday 3:20 - 3:50 Creative Club (computers) 3:55 - 4:25 Physical Club (sport) 4:30 - 5:00 STEM Club 5:05 - 5:20 Group Game 5:20 - 5:30 Gratitude/Pass out PM snack 5:30 - Parent Pick-up

Contact Info
<b>Natalie Fetzer</b> <b>Site Coordinator</b> Phone: (801) 372-3555 Email: <a href="mailto:natalie.fetzer@bgcutah.org">natalie.fetzer@bgcutah.org</a>
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## May Club & Activity Details

### Message to Parents:

Dear Parents,

Thank you to all who were able to attend our Parent Night in April! It was so much fun to have you join us! With the school year coming to an end and Boys and Girls Club ending on May 16th, we want to express our gratitude to you for trusting us with your children. We had an amazing group of students this year and loved spending time with them. We hope to see many of them return next year, but for those who are moving on, we will miss you! Have a wonderful and safe summer!

**Painting Club** - In this club, students will get to explore different kinds of painting from watercolor to acrylic. They will get to be creative and find their own style of painting while making different fun projects to take home.

**Short Film Study Club** - In this club, students will view animated short films and learn about finding themes and morals within a story told through film. They will learn about story analysis through discussion and have the opportunity to share opinions and critiques.

**Mindful Minds Club** - During the month of May, we will be learning all about mindfulness and keeping ourselves mentally healthy with fun games, exercises, and activities as a group every Friday.

**Fun Friday:** This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

**BGC Mission:** The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

**Our Core Promise:** To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

**Our Guiding Principles:** Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

**Our Rules:** 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

As always, we appreciate partnering with you to provide a meaningful and fun learning experience for our club members.

