

May 2025

Provo Clubhouse

750 W 200 N, Provo, UT 84601 | (801) 717-6214



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Kindness

Happy
Birthday



5/7 - Christian
5/9 - Joshmary
5/16 - Maddie
5/22 - Carter

UPCOMING EVENTS

5/1 - Fire Drill
5/5 - Cinco De Mayo
5/15 - End of Year Showcase
5/16 - Last Day of Club

CLUB CLOSED

5/16 - Last Day of Club



CONGRATULATIONS!

We are so proud of Makaio for being selected by UAN as Youth of the Year! For those of you who know Makaio, you know that he is not only a leader at club, but he is also extremely dedicated to his school work and is a fierce friend. Boys and Girls Club definitely wouldn't be the same without him! If you see him at school or at club make sure to congratulate him!



CONTACT INFORMATION

Site Coordinator: Jessica Harris
Phone: (801) 717-6214
Email: jessica.harris@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Daily

Club members have the opportunity each day to complete homework, read, and participate in Brain Games for an hour during club.

STEM Labs

Monday & Friday

On Mondays our volunteers from FlowServe come and do various STEM activities with our club members. On Fridays, we have our STEM club led by Mr. Aaron where the club members are able to learn new concepts and put them to the test!

Enrichment - Clubs

Monday, Wednesday, & Friday

Mondays we have an optional D&D club and Wednesday and Friday are our other enrichment clubs where we encourage the kids to focus on learning new skills, enhancing their creativity, getting active, and using strategy to complete tasks.

Social Emotional Learning (Prevention & Behavior)

Tuesday & Thursday

Club members are able to learn different social emotional skills in our positive action lessons. Managing emotions, building relationships, and developing resiliency are some of the key aspects of Positive Action.



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



Provo Clubhouse After School Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Post Surveys	28	29	30	1 FIRE DRILL Power Hour Social Emotional Learning: Post Surveys	2 FUN FRIDAY Power Hour STEM: Bath Bomb Experiment Relaxation Club: Tennis Ball Massage Cinco De Mayo Club: Papel Picado & Flowers
Kind Words & Empathy	5 STEM: Flow Serve Power Hour D&D Club: Student Led Adventures	6 Power Hour Social Emotional Learning: Using Kind Words & Actions	7 Power Hour Relaxation Club: Zen Garden Cinco De Mayo Club: Piñata Day	8 Power Hour Social Emotional Learning: Feel What Someone Else Feels	9 FUN FRIDAY Power Hour STEM: Homemade Thermometers Relaxation Club: Happy List Cinco De Mayo Club: Piñata Day
Kind Actions	12 STEM: Flow Serve Power Hour D&D Club: Student Led Final Adventure	13 Power Hour Social Emotional Learning: Coping Skills for Big Emotions	14 Power Hour Relaxation Club: Meditation Cinco De Mayo Club: Piñata Day II	15 Power Hour Social Emotional Learning: Have Courage and Be Kind End of Year Showcase	16 FUN FRIDAY Power Hour STEM: Sock Assisted Devices Relaxation Club: Bath Salts Cinco De Mayo Club: Piñata Day II Last Day of Club
	19 CLOSED	20 CLOSED	21 CLOSED Last Day of School	22 CLOSED	23 CLOSED
	26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED

Daily Schedule

Monday & Wednesday <ul style="list-style-type: none"> 3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Club/STEM Rotations 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out 	Tuesday & Thursday <ul style="list-style-type: none"> 3:00 - 3:45 Club Opens; Snack & Activities 3:50 - 4:50 Project Learn: Power Hour 4:50 - 5:00 Circle-Up 5:00 - 5:50 Social Emotional Learning 5:50 - 6:00 Final Clean Up 6:00 Snack & Check Out 	Friday <ul style="list-style-type: none"> 1:00 - 2:00 Drop off & Snack; Activities 2:05 - 2:15 Circle Up - Age Groups 2:15 - 3:15 SMART Moves 3:15 - 3:45 Structured Outdoor Time 3:45 - 5:30 Club/STEM Rotations 5:30 - 6:00 Deep Clean 6:00 Snack & Check Out
---	---	---

Contact Info

Site Coordinator: Jessica Harris	Program Manager: Kaylee Adamson
Email: provoclubhouse@bgcutah.org	Phone: (801) 717-6214
	Program Address: 750 W 200 N, Provo, UT 8460



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



May Club & Activity Details

Message to Parents:

May is going to be such a fun month! Club members are starting to get really excited about the school year coming to an end, and we are all getting excited for summer to begin! If you haven't already, make sure to get your kids registered for the summer program. Also, we have our end of year showcase on the 15th that everyone is invited to attend - this is our chance for the club members to show off all the things they have learned and created over the school year, so come and support our club members!

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves.

Project Learn:

Project Learn is a "catch all" term for our enrichment and academic support programs.

Power Hour - PowerHour is a daily academic enrichment and support time. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home. We spend the first 30 minutes of power hour focusing specifically on homework and reading and then if the club members complete their homework, they have the option to participate in some Brain Games.

Enrichment Clubs -

Relaxation Club Club (Social Emotional Learning): We love ourselves some good relaxation. And what better way to end off the school year than with some solid relaxation techniques. In this club, club members will learn different ways to relax and

Dungeons & Dragons Club (Creative/Strategy): Dungeons & Dragons club will be continuing into the end of the school year and we are excited to see the kids engage in a creative and strategic outlet where they can put their imaginations to the test!

Cinco De Mayo (Creative/Cultural): Club members will be able to celebrate Mexican culture by celebrating Cinco De Mayo. Club members will even get to make their own pinata.

STEM Labs:

Science - Youth will have the opportunity to participate in STEM labs twice a week. On Mondays our friends from FlowServe will be doing different STEM activities with the club kids and on Wednesdays and Fridays our Americorp STEM staff, Aaron.

