

May 2025

Orem Jr. High School

650 West Jaguar Avenue, Orem, UT 84057 | 801-610-8142



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is "Turning Problems Into Opportunities"

Happy
Birthday



Xóchitl
Luke
Kage
Jackson
Holden
Diane
Chales

UPCOMING EVENTS

No upcoming events!

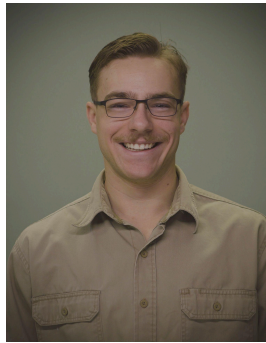
CLUB CLOSED

Last day of program is Friday the 16th



Get To Know

**Tom Durham Jr. the Site
Coordinator**



Tom loves history, photography, the Lord of the Rings, fruit juice, outdoor adventure, and space exploration, and is eagerly awaiting the scientific breakthroughs that will allow for faster-than-light travel, so he can go back to his home planet. He started his Jedi training at a young age. (On earth that means gymnastics, parkour, and martial arts.) His eccentric parents told him they were aliens, so maybe he really is from a galaxy far far away. When he was around 12, he realized he had no talent for dancing, so he decided to become a dancer! After much tribulation, he became an avid breakdancer... competing, choreographing, teaching, and just dancing pretty much anytime anywhere. This became especially interesting when he joined the Marines, where he busts a move in the middle of combat training. Tom loves the United States of America and wants to keep it safe, so he studied National Security in college. He is married to a beautiful soccer player dancer cookie expert, who is currently studying astrophysics at UVU. Some day Tom might just be President of the United States... so behave yourselves!

CONTACT INFORMATION

Tom Durham Jr.
Site Coordinator
Email: tom.durham@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Power hour is a block of time set aside for students to focus and complete homework assignments. All students are required to participate. If a student is finished with all assignments, they may practice English/Spanish or play Blooket.com.

STEM Labs

Robotics Tuesdays, Thursdays, and Fridays weekly. Mr. Byrom provides classroom, hands-on instruction for students on most school days from 3:00 PM to 4:30 PM.

Enrichment

Magic the Gathering on Thursdays 2:45 PM - 4:30 PM • Breakdancing on Mondays 4:15 PM - 5:00 PM • Taekwondo and Self Defense on Wednesdays from 4:00 PM - 4:45 PM.

Social Emotional Learning

Our Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All social emotional learning skills are taught through daily lessons and then integrated throughout the rest of programming.



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



Orem Jr. High Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	1 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning	2 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning
	5 Sports Breakdancing Power Hour Social Emotional Learning	6 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning	7 Sports Confidence Building Activities Self Defense/Taekwondo Power Hour Social Emotional Learning	8 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning	9 FIRE DRILL Arts & Crafts Team Building Activities Power Hour Social Emotional Learning
	12 Sports Breakdancing Power Hour Social Emotional Learning	13 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning	14 Sports Confidence Building Activities Self Defense/Taekwondo Power Hour Social Emotional Learning	15 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning	16 END OF CLUBS Arts & Crafts Team Building Activities Power Hour Social Emotional Learning
	19 No Programs	20 No Programs	21 No Programs	22 No Programs	23 No Programs
	26 No Programs	27 No Programs	28 No Programs	29 No Programs	30 No Programs

Daily Schedule Monday	Daily Schedule Tuesday/Thursday	Daily Schedule Wednesday	Daily Schedule Friday
<ul style="list-style-type: none"> 2:45-3:15 – Snack 3:15-4:00 – Sports 4:00-4:15 – Second Snack 4:15-5:00 – Breakdancing 5:00-5:30 – Power Hour 5:30 – Pick Up 	<ul style="list-style-type: none"> 2:45-3:15 – Snack 3:15-4:00 – Team Building Activities 4:00-4:15 – Second Snack 4:15-5:00 – Arts and Crafts 5:00-5:30 – Power Hour 5:30 – Pick Up 	<ul style="list-style-type: none"> 1:45-2:15 - Snack 2:15-3:00 - Sports 3:00-3:45 - Confidence Building Activities 3:45- 4:00 - Second Snack 4:00-4:45 - Self Defense/Taekwondo 4:45-5:30 - Power Hour 5:30 - Pick Up 	<ul style="list-style-type: none"> 2:45-3:15 – Snack 3:15-4:00 – Sports 4:00-4:15 – Second Snack 4:15-5:00 – Educational Activities 5:00-5:30 – Special Activities/Power Hour 5:30 – Pick Up



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



May Club & Activity Details

Message to Parents:

Robotics - Mr. Byrom opens up his classroom and provides students with the opportunity to build and code robots. He has extensive knowledge in this subject and is happy to teach those who want to learn!

Magic the Gathering - Club members can explore strategy, creativity, and community in an exciting and supportive environment! They will have the opportunity to build their own Magic decks from a vast selection of donated cards, learning valuable skills like critical thinking, problem-solving, and good sportsmanship along the way. Best of all, they'll get to take their custom decks home, empowering them to continue their magical journey outside of the club. It's more than just a game—it's a place to grow, make friends, and be part of something truly special.

Open Art - Our very own art teachers, Ms. Lamb and Ms. Barney, will open up their classrooms and provide our club members with the opportunity to work on their artistic skills.

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run on Mondays & Fridays with new topics each week. The January theme is getting along with others, a great way to start off the new year!

Breakdancing/Sports - Fairly self explanatory. Students will be encouraged to stay active by participating in sports and breaking classes taught by our very own Site Coordinator. Students who do not participate in the physical activity for the day will be required to spend extra time on homework or language learning.

Taekwondo/Self Defense - Students will be taught the basics of self defense in order to boost confidence, learn discipline, improve personal safety, and foster teamwork and cooperation. Students who do not participate will be required to spend time on homework or language practice.

