

April 2025

Orem Jr. High School

650 West Jaguar Ave, Orem, UT 84057



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Happy
Birthday



Elismar
Eva
Harper
Jhade
Ludrianny

UPCOMING EVENTS

No upcoming events!

CLUB CLOSED

Closed for Spring Break March 31st
through April 4th



Get To Know

Meet Maria, our newest Youth Development Professional! She is a creative thinker with a passion for storytelling. In her free time, you'll find Maria writing or exploring the outdoors. Whether crafting narratives or seeking new adventures, Maria thrives on creativity and fresh experiences.



CONTACT INFORMATION

Tom Durham Jr.
Site Coordinator
Phone: 801-227-8796
Email: tom.durham@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

Everyday at the end of activities

Power hour is a block of time set aside for students to focus and complete homework assignments. All students are required to participate. If a student is finished with all assignments, they may practice English/Spanish or play Blooket.com.

STEM Labs

Robotics Tuesdays, Thursdays, and Fridays weekly. Mr. Byrom provides classroom, hands-on instruction for students on most school days from 3:00 PM to 4:30 PM.

Enrichment

Magic the Gathering on Thursdays 2:45 PM - 4:30 PM • Breakdancing on Mondays 4:15 PM - 5:00 PM • Taekwondo and Self Defense on Wednesdays from 4:00 PM - 4:45 PM.

Social Emotional Learning (Prevention & Behavior)

Monday through Friday

Our Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All social emotional learning skills are taught through daily lessons and then integrated throughout the rest of programming.



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Orem Jr. High Afterschool Program 2024-2025



| Social Emotional Learning Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|--|
| | 31 | 1 No Club | 2 No Club | 3 No Club | 4 No Club |
| | 7 Sports Breakdancing Power Hour Social Emotional Learning | 8 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning | 9 Sports Confidence Building Activities Self Defense/Taekwondo Power Hour Social Emotional Learning | 10 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning | 11 Sports Educational Activities Special Activities Power Hour Social Emotional Learning |
| | 14 Sports Breakdancing Power Hour Social Emotional Learning | 15 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning | 16 Sports Confidence Building Activities Self Defense/Taekwondo Power Hour Social Emotional Learning | 17 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning | 18 Sports Educational Activities Special Activities Power Hour Social Emotional Learning |
| | 21 Sports Breakdancing Power Hour Social Emotional Learning | 22 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning | 23 Sports Confidence Building Activities Self Defense/Taekwondo Power Hour Social Emotional Learning | 24 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning | 25 FIRE DRILL Sports Educational Activities Special Activities Power Hour Social Emotional Learning |
| | 28 Sports Breakdancing Power Hour Social Emotional Learning | 29 Arts & Crafts Team Building Activities Power Hour Social Emotional Learning | 30 Sports Confidence Building Activities Self Defense/Taekwondo Power Hour Social Emotional Learning | 1 | 2 |

| | | Daily Schedule | |
|---|--|---|--|
| Daily Schedule Monday | Daily Schedule Wednesday | Daily Schedule Tuesday, Thursday | Daily Schedule Friday |
| <ul style="list-style-type: none"> 2:45-3:15 – Snack 3:15-4:00 – Sports 4:00-4:15 – Second Snack 4:15-5:00 – Breakdancing 5:00-5:30 – Power Hour 5:30 – Pick Up | <ul style="list-style-type: none"> 1:45-2:15 - Snack 2:15-3:00 - Sports 3:00-3:45 - Confidence Building Activities 3:45- 4:00 - Second Snack 4:00-4:45 - Self Defense/Taekwondo 4:45-5:30 - Power Hour 5:30 - Pick Up | <ul style="list-style-type: none"> 2:45-3:15 – Snack 3:15-4:00 – Team Building Activities 4:00-4:15 – Second Snack 4:15-5:00 –Arts and Crafts 5:00-5:30 – Power Hour 5:30 – Pick Up | <ul style="list-style-type: none"> 2:45-3:15 – Snack 3:15-4:00 – Sports 4:00-4:15 – Second Snack 4:15-5:00 – Educational Activities 5:00-5:30 – Special Activities/Power Hour 5:30 – Pick Up |



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April Club & Activity Details

Message to Parents:

Robotics - Mr. Byrom opens up his classroom and provides students with the opportunity to build and code robots. He has extensive knowledge in this subject and is happy to teach those who want to learn!

Magic the Gathering - Club members can explore strategy, creativity, and community in an exciting and supportive environment! They will have the opportunity to build their own Magic decks from a vast selection of donated cards, learning valuable skills like critical thinking, problem-solving, and good sportsmanship along the way. Best of all, they'll get to take their custom decks home, empowering them to continue their magical journey outside of the club. It's more than just a game—it's a place to grow, make friends, and be part of something truly special.

Open Art - Our very own art teachers, Ms. Lamb and Ms. Barney, will open up their classrooms and provide our club members with the opportunity to work on their artistic skills.

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run on Mondays & Fridays with new topics each week. The January theme is getting along with others, a great way to start off the new year!

Breakdancing/Sports - Fairly self explanatory. Students will be encouraged to stay active by participating in sports and breaking classes taught by our very own Site Coordinator. Students who do not participate in the physical activity for the day will be required to spend extra time on homework or language learning.

Taekwondo/Self Defense - Students will be taught the basics of self defense in order to boost confidence, learn discipline, improve personal safety, and foster teamwork and cooperation. Students who do not participate will be required to spend time on homework or language practice.

