May 2025

Mt Nebo Middle

851 W 450 S, Payson, UT 84651 | 801-633-4104



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self-Awareness



UPCOMING EVENTS

May 16th
LAST DAY OF CLUBS

CLUB CLOSED

May 8th: Teacher Training

May 15th Mini Parent Teacher
Conference



CONTACT INFORMATION

Leticia Jessen- Site Coordinator
Phone: 801-633-4104
Email: mtnebo@bgcutah.org

PARENT RESOURCES

Parent Handbook Membership Handbook

Project Learn

Project Learn is a period of time during our clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

STEM Labs

Fridays 2:45 - 4:30
We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

Enrichment

Tuesdays - Friday 2:45 - 5:30

Students are given the opportunity to explore and learn different skills and a variety of different activities.

Social Emotional Learning (Prevention & Behavior)

Tuesdays and Thursdays 4:00 - 4:30

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.

Everyday we will discuss different Social Emotional Topics using Kid-Grit curricula!

English Registration Link:

https://forms.gle/PNPCAvYiqbpqnZUh

Link registración en Español:

https://forms.gle/UtxBz18YMZmDCFS k8









Mt Nebo Middle **Afterschool Program** 2024-2025





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
SEL Surveys	28	29	30	1 Dungeons & Dragons Board and Card Strategy Games Roller Skating Club	Fire Drill Computers Coding Duolingo Dungeons & Dragons Board and Card Strategy Games 3D Printing Musical Theater Audition Prep
SEL Surveys	5	6 Sewing 3D Printing Roller Skating Club	7 Crafts/Quilting 3D Printing	No Clubs Teacher Training	Computers Coding Duolingo Dungeons & Dragons Board and Card Strategy Games 3D Printing Musical Theater Audition Prep
SEL Surveys	12	13 Sewing 3D Printing Roller Skating Club	14 Crafts/Quilting 3D Printing Canceled	No Clubs Mini Parent Teacher Conference	Last Day of Clubs! Computers Coding Duolingo Dungeons & Dragons Board and Card Strategy Games 3D Printing Musical Theater Audition Prep
	19	20	21	22	23
	26	27	28	29	30

Daily Schedule

 $2.40~\rm pm$ - $2.45~\rm pm$: School is Released. Students head to cafeteria to check-in $2.45~\rm pm$ - $3.00~\rm pm$: Check-in and snacks

3:00 pm: Clubs Begin

4:00 pm - 4:30 pm: Social Emotional Learning Positive Action Lesson - Friday SMART Moves 3:30pm - 4:30pm

4:30 pm -Afternoon Snack

4:45 pm- Bus Departure from School

5:00 pm - 5:25 pm Academic Support/Project Learn

5:30 pm: Clubs Closed

Contact Info			
Leticia Jessen			
Site Coordinator			
Email: mtnebo@bgcutah.org			
Phone: 801-633-4104			
Program Address: Program Address: 851 West 450			

South

Payson, Utah 84651









Mt Nebo Middle Afterschool Program 2024-2025



May Club & Activity Details

Message to Parents:

This has been such a wonderful year in the afterschool program so far! It's been an absolute joy to share so many great moments with the kids, watching them grow, learn, and have fun. We truly hope that as the month continues, each child leaves with a sense of how incredible they are and carries with them the memories of BGC as a safe, welcoming place where they had fun and felt supported. A heartfelt thank you to Mt. Nebo Middle School for being a part of this unforgettable experience! We're excited to see all the amazing things the kids will continue to achieve as we finish out the month!

Afternoon Clubs:

Project Learn - Tuesdays through Friday. Participating in tutoring can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting. Students will also be able to work on homework or get academic help if they need it.

Sewing - (Baguley) Rm 221 Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

Crafts- (Baguley) Rm 221 Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

3D Printing - (Lai) Library Wednesdays and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

Coding- (Baguley) Rm 221 Fridays after school with Mrs. Baguley (Rm. 221). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology

Strategy Card/Board Games Dungeons and Dragons - (Abbott) Thursdays and Fridays after school with Tiffini in Room 301. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.

Musical Theater Audition Prep: (Schofield/Navratil) Learn the basics of musical theater dance, and practice audition skills to be prepared for any future audition.

Drama: (Schofield) **Aug-Dec 2024** Tuesdays through Fridays Welcome to the Drama Competition Club! If you love acting, storytelling, or just want to boost your confidence, this is the perfect place for you! In our club, we'll explore different aspects of theater, from acting and









improvisation to scriptwriting and stagecraft.We'll prepare for various drama competitions, where you can showcase your talents in front of an audience. You'll learn valuable skills like teamwork, communication, and creativity while working on exciting plays and performances. Whether you're a seasoned performer or new to drama, everyone is welcome! Join us for fun rehearsals, workshops, and the chance to shine on stage. Let's bring stories to life together!

School Musical Club: (Schofield) **Dec-March 6th** Hey there, future stars! Join the Musical Theatre Club and get ready to shine! If you love to sing, dance, or act (or just want to have fun), this is the place for you. We'll be working together to put on an awesome school musical where you can show off your talents on stage! In the club, you'll learn cool things like how to audition, perform, and even create fun dance routines. We'll have lots of games and activities to help you build confidence and make new friends. Whether you want to be in the spotlight or help with costumes and set design, everyone is welcome! Come join us for a year filled with creativity, teamwork, and unforgettable moments as we bring an amazing story to life together!

Roller Skating Club: Tuesdays and Thursdays. Our roller skating club in the after-school program sounds like an absolute blast! Nothing beats the joy of gliding around, mastering cool moves, and maybe even a few dramatic falls that turn into fits of laughter. Bring your wheels, big smiles, and nonstop fun! Remember the bottled water for your roller skating club to keep you hydrated!

Social Emotional Learning:

<u>Positive Action</u> - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

<u>SMART Moves</u> - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program runs Fridays with new topics each week.





