### **April 2025**

# Bonneville

1245 N 800 W Orem, Utah 84057 | 801-372-5461



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Positive Action, Self-Efficacy, and Emotional Wellness!



4/2-Ray 4/2-'Aokosi 4/20-Rafaela

#### **UPCOMING EVENTS**

March 31-April 4: Spring Break School Food Bank: April 8th

#### **CLUB CLOSED**

March 31-April 4: Spring Break



#### **Get To Know Our Amazing Kids!**



In our
afterschool
program, we see
something special
every day—the
kindness, respect,
and friendship so
many of our
students show to

one another. Whether they're working together on a STEM challenge, sharing stories, or cheering each other on during activities, they create a welcoming space where others feel valued.

We love watching them grow not just in skills, but in the way they support and uplift their peers. Their compassion and teamwork make our program a place where every child belongs, learns, and thrives! We are so grateful for them all everyday!

#### CONTACT INFORMATION

Maya Santa Maria Site Coordinator

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#### PARENT RESOURCES

Parent Handbook Membership Handbook

#### **Project Learn**

3:35-4:20pm (K-2), 2:50-3:35pm (3-6) Monday-Thursday

Time to work on homework, practice math, read, iReady, or do other academically enriching activities (HYLAs).

#### STEM Labs

4:20-5:20 pm (K-2) Monday & Wednesday 4:20-5:20 pm (3-6) Tuesday & Thursday 3:15-5:15 Friday

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities. This month's focus is a variety of STEM themed activities!

#### **Enrichment**

4:20-5:20 (Monday-Thursday) 3:15-5:15 (Friday)

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. This month's clubs are Book Club and STEM Club! We offer a rotation of activities on Friday where kids can participate in a new physical, creative, or STEM activity each week.

### Social Emotional Learning (Prevention & Behavior)

Positive Action 3:05-3:35pm (K-2), 3:50-4:20pm (3-6) Tuesday & Thursday

Positive Action: K-3: Improving Yourself Continually Using Social/Emotional Positive Actions, Positive Action Review: Five Steps to a Healthy Self-Concept, Post Surveys

**4-6:** Believing We Can Do More, Be More, Buck Up and Do It, Turning the Big, Bad Stuff into the Big, Good Stuff, How You Improve Your Body, Power and Energy, Getting A Bigger, Better Picture, Post Surveys









## Bonneville Afterschool Program 2024-2025





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday	
	31	1 AFTERSCHOOL CLUB CLOSED	2 AFTERSCHOOL CLUB CLOSED	3 AFTERSCHOOL CLUB CLOSED	4 AFTERSCHOOL CLUB CLOSED	
		Spring Break	Spring Break	Spring Break	Spring Break	
Persistence and Perseverance	Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-2: Book Club 3-6: STEM Fan Club FIRE DRILL @2:30pm	Power Hour Social Emotional Learning: Positive Action (P) K-3: Improving Yourself Continually Using Social/Emotional Positive Actions 4-6: Believing We Can Do More, Be More Clubs 3-6: Book Club K-2: STEM Fan Club	Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-2: Book Club 3-6: STEM Fan Club	Power Hour Social Emotional Learning: Positive Action (B) K-3: Improving Yourself Continually Using Social/Emotional Positive Actions 4-6: Buck Up and Do It Clubs 3-6: Book Club K-2: STEM Fan Club	Fun Friday Career and College Life Skills Physical, Creative, & STEM Rotations Gratitude	
Goal Setting	Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-2: Book Club 3-6: STEM Fan Club	Power Hour Social Emotional Learning: Positive Action (P) K-3: Improving Yourself Continually Using Social/Emotional Positive Actions 4-6: Turning the Big, Bad Stuff into the Big, Good Stuff Clubs 3-6: Book Club K-2: STEM Fan Club	Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-2: Book Club 3-6: STEM Fan Club	Power Hour Social Emotional Learning: Positive Action (B) K-3: Positive Action Review: Five Steps to a Healthy Self-Concept 4-6: How You Improve Your Body Clubs 3-6: Book Club K-2: STEM Fan Club	Fun Friday Career and College Life Skills Physical, Creative, & STEM Rotations Gratitude	
Preparing for the Future	Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-2: Book Club 3-6: STEM Fan Club	Power Hour  Social Emotional Learning: Positive Action (P)  K-3: Positive Action Review: Five Steps to a Healthy Self-Concept 4-6: Power and Energy Clubs 3-6: Book Club K-2: STEM Fan Club	Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-2: Book Club 3-6: STEM Fan Club	Power Hour  Social Emotional Learning: Positive Action (B)  K-3: Positive Action Review: Five Steps to a Healthy Self-Concept 4-6: Getting A Bigger, Better Picture Clubs  3-6: Book Club  K-2: STEM Fan Club	Fun Friday Career and College Life Skills Physical, Creative, & STEM Rotations Gratitude	
Surveys	Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-2: Book Club 3-6: STEM Fan Club	Power Hour Social Emotional Learning: Positive Action (P) K-6: Post Survey Clubs 3-6: Book Club K-2: STEM Fan Club	Power Hour Group Circle Up Building Your Emotional Toolkit Clubs K-2: Book Club 3-6: STEM Fan Club	1	2	
Daily Schedule (Monday & Wednesday)  2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Emotion Explorers: Building Your Emotional Toolkit (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Emotion Explorers: Building Your Emotional Toolkit (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out		2:15-2:30 Check-in & 2:30-2:50 Recess 2:50- 3:05 Circle-up 3:05-3:35 S Positive Ad 2:50-3:35 Power hou 3:35-3:50 Circle-up (3:50-4:20 S Positive Ad 3:35-4:20 Power Hot 4:20-5:20 Enrichmen 5:20-5:30 Daily Grat	Daily Schedule (Tuesday & Thursday)  2:15-2:30 Check-in & Snack 2:30-2:50 Recess 2:50- 3:05 Circle-up (K-2) 3:05-3:35 Social Emotional Learning: Positive Action (K-2) 2:50-3:35 Power hour (3-6) 3:35-3:50 Circle-up (3-6) 3:50-4:20 Social Emotional Learning: Positive Action (3-6) 3:35-4:20 Power Hour (K-2) 4:20-5:20 Enrichment Clubs (Physical & Creative) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out		Daily Schedule (Friday)  2:15-2:30 Check-in & Snack 2:30-3:00 Recess 3:05- 3:15 Circle-up 3:15-4:15 Career and College Life Skills (K-3) & Enrichment Rotations (4-6) 4:20-5:20 Career and College Life Skills (4-6) & Enrichment Rotations (K-3) 5:20-5:30 Daily Gratitude 5:30 Snack & Check-out	

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### Bonneville Afterschool Program 2024-2025

### **April Club & Activity Details**

#### Message to Parents:

Happy April! This April, our afterschool club is buzzing with hands-on learning and fun! Students will explore exciting activities like STEM experiments, creative storytelling, future building, and even continuing a journey into emotional wellness. Through these engaging experiences, they'll develop problem-solving skills, teamwork, creativity, and confidence—all while having a great time with friends. We love seeing our students grow, learn, and discover new interests every day. Thank you for your support in making our afterschool program a place where kids thrive! We're really excited to see how this month goes and all the new things the students will have the opportunity to learn!

**Future Builders: Career and College Life Skills** - Prepare for the future while having fun in Future Builders Club, a Friday after school program designed to introduce students ages 5-12 to the exciting world of careers and essential life skills. Through engaging, hands-on activities, students will explore their interests, develop important skills, and learn about the many possibilities that await them in the future. **Future Builders Club** is a dynamic and age-appropriate way to introduce young learners to the idea of building a bright future. By fostering curiosity, confidence, and critical thinking, we aim to inspire every student to dream big and achieve their goals! This will run each Friday we have after school!

Social-Emotional Learning -- The Positive Action curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. Emotion Explorers: Building Your Emotional Toolkit is a set of lessons built by our Site coordinator. It is a fun and supportive Monday and Wednesday program designed to help students ages 5-12 develop self-efficacy and emotional wellness. Through engaging activities, students will learn to recognize, understand, and manage their emotions while building essential tools for resilience and confidence.

**Power Hour** - The primary focus of Power Hour is to support our youth in completing their homework, engaging in High Yield Learning Activities (HYLAs), and participating in our reading and math programs. Our goal is to reduce missing assignments by collaborating with school-day teachers and ensuring that students complete their daily tasks during our program, allowing for more quality family time at home. For students without homework, we offer a variety of HYLAs, along with our reading and math programs, to further enhance their overall knowledge and skills in these important subjects. We also work with the school to have access to computers so the students can complete iReady or other school related curricula. This is completed Monday-Thursday for 45 minutes!

STEM Club - STEM Fan Club is a hands-on afterschool program for children ages 5-12, where learning happens through doing! Each session engages students in interactive STEM curricula activities, such as building simple machines, engineering bridges, exploring circuits, and conducting exciting science experiments. Through problem-solving, teamwork, and creativity, students will apply real-world STEM concepts in a fun, engaging way. Whether coding a basic program, testing physics principles, or designing solutions to challenges, this club fosters curiosity and critical thinking while making STEM learning active, meaningful, and fun! Students in grades K-3 will join the club on Tuesdays and Thursdays, while those in grades 4-6 will participate on Mondays and Wednesdays.

Book Club - Storytellers' Book Club is a creative and interactive afterschool program for children ages 5-12, where young readers and writers bring stories to life! Each session invites students to explore exciting books, share their favorite tales, and spark their imaginations through storytelling activities. They'll engage in read-alouds, act out scenes, and even create their own books with illustrations and original stories. Through reading, writing, and storytelling, this club nurtures a love for literature, builds language skills, and empowers kids to become confident storytellers and authors! Students in grades K-3 will join the club on Mondays and Wednesdays, while those in grades 4-6 will participate on Tuesdays and Thursdays.







