

April 2025

# Westmore Elementary

1150 S. Main St. Orem, UT 84058 (801) 372-5618



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

## Get To Know



**Hi! My name is Christiaan. I've been working at Westmore for 2 months now. I'm a writer, photographer, and astronomer. When I'm not at Boys & Girls Club, I'm either driving across the country for dark skies, or writing a new chapter.**

### CONTACT INFORMATION

**Mikilani Willing**  
**Site Director**  
Phone: 801-372-5618  
Email: westmore@bgcutah.org

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

*Daily*

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities.

### STEM Labs

Monday & Wednesday Gr 3-6  
Tuesday & Thursday Gr K-2  
Friday choice rotation all grades

We will be having fun interactive STEM activities that will focus on the Spring season.

### Enrichment

*Daily*

Enrichment clubs are to further enrich and broaden our members' experiences by offering Physical and Creative club activities.

### Social Emotional Learning (Prevention & Behavior)

*Monday-Thursday*

This month we will be focusing on self improvement and preparing for the future.

Happy  
Birthday



Annabelle, Darlene, Dylan, Emalee, Ertlamay, Hi'i, Janiya, & Steven

### UPCOMING EVENTS

SPRING BREAK:

March 31st-April 4th

### CLUB CLOSED

SPRING BREAK:

March 31st-April 4th



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# Westmore Elementary Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	31	1 <b>SPRING BREAK NO CLUB</b>	2 <b>SPRING BREAK NO CLUB</b>	3 <b>SPRING BREAK NO CLUB</b>	4 <b>SPRING BREAK NO CLUB</b>
Learning Self-Improvement	7 <b>Social Emotional Learning K-2</b> Making crown goals (P) <b>STEM 3-6:</b> What is the Engineering Design Process? <b>Clubs:</b> How to Train Your Dragon & Thumb Wrestling	8 <b>Power Hour</b> <b>Social Emotional Learning: 3-6</b> Making crown goals (P) <b>STEM: K-2</b> What is the Engineering Design Process? <b>Enrichment:</b> Math Fact Race & 4 Corners	9 <b>FIRE DRILL</b> <b>Social Emotional Learning: K-2</b> To Do Capes (B) <b>STEM: 3-6</b> What's the Problem? <b>Clubs:</b> Rocket Launch Relay & Here Comes the Sun	10 <b>Power Hour</b> <b>Social Emotional Learning: 3-6</b> To Do Capes (B) <b>STEM: K-2</b> What's the Problem? <b>Enrichment:</b> Band of Thieves, Sally Go Round the Sun, & Boggle	11 <b>Social Emotional Learning:</b> Improving Yourself <b>FUN FRIDAY:</b> Color Mixing with Water, Ultimate Tag, & Create Your Own Music
Persistence & Perseverance	14 <b>Social Emotional Learning: K-2</b> Using Positive Actions (B) <b>STEM: 3-6:</b> Explore Weights & Fins <b>Clubs:</b> Watercolor Photos & Basketball Relay	15 <b>Power Hour</b> <b>Social Emotional Learning 3-6</b> Using Positive Actions (B) <b>STEM: K-2</b> Explore Weights & Fins <b>Enrichment:</b> Math Shopping Challenge, Multiplication Song, Charlie Over the Ocean	16 <b>Social Emotional Learning: K-2</b> Healthy Self Concept (P) <b>STEM: 3-6:</b> Imagine, Plan, & Create Rescue Shuttles <b>Clubs:</b> Watercolor Painting, Hula Hoops	17 <b>Power Hour</b> <b>Social Emotional Learning: 3-6</b> Healthy Self Concept (P) <b>STEM: K-2</b> Imagine, Plan, & Create Rescue Shuttles <b>Enrichment:</b> Sharks & Minnows, Watercolor art	18 <b>Social Emotional Learning:</b> Trusting Others <b>FUN FRIDAY:</b> Magnetic Exploration, Draw your own maze, Freeze Tag
Goal Setting	21 <b>Social Emotional Learning: K-2</b> Power & Energy (B) <b>STEM: 3-6:</b> Test & Improve Rescue Shuttles <b>Clubs:</b> Badminton Basics & Design a skyscraper	22 <b>Power Hour</b> <b>Social Emotional Learning: 3-6</b> Power & Energy (B) <b>STEM: K-2</b> Test & Improve Rescue Shuttles <b>Enrichment:</b> Math Maze Challenge & Draw Mt. Timpanogos	23 <b>Social Emotional Learning: K-2</b> Getting a Bigger Better Picture (P) <b>STEM: 3-6:</b> Engineer a Waterproof Bag <b>Clubs:</b> Badminton Games & Art Study	24 <b>Power Hour</b> <b>Social Emotional Learning: 3-6</b> Getting a Bigger Better Picture (P) <b>STEM: K-2</b> Engineer a Waterproof Bag <b>Enrichment:</b> Geometry paper cranes & Partner badminton	25 <b>Social Emotional Learning:</b> Name Games <b>FUN FRIDAY:</b> Bubble Science, Drawing class, Badminton
Preparing for the Future	28 <b>Social Emotional Learning: K-2</b> <b>STEM: 3-6:</b> Engineer a Glider <b>Clubs:</b> How to Draw Animals & Basketball Knockout	29 <b>Power Hour</b> <b>Social Emotional Learning: 3-6</b> <b>STEM: K-2</b> Engineer a Glider <b>Enrichment:</b> Story Scramble, Drawing things in nature, & 4 Corners	30 <b>Social Emotional Learning: K-2</b> <b>STEM: 3-6:</b> Egg Drop Challenge <b>Clubs:</b> Band of Thieves & Drawing people	1	2

Daily Schedule		
Monday & Wednesday	Tuesday & Thursday	Friday
3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 Social Emotional Learning Gr K-2 STEM Gr 3-6 4:35 - 5:25 Clubs: Creative & Physical 5:15 - 5:30 Clean Up & Dismissal	3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 Social Emotional Learning Gr 3-6 STEM Gr K-2 4:35 - 5:25 Project Learn: HYLAs/Power Hour & Enrichment Centers 5:15 - 5:30 Clean Up & Dismissal	3:30 - 3:45 Check in, Snack 3:45 - 3:55 Circle Up 4:00 - 4:30 SMART Moves - all ages 4:35 - 5:25 Rotations - Creative - Physical - STEM 5:15 - 5:30 Clean Up & Dismissal

Contact Info
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## April Club & Activity Details

### Message to Parents:

Dear Parents,

April is here, and with it comes Spring! We're excited for a month filled with growth, learning, and fun activities. Here's a glimpse of what's happening in Boys & Girls Club this month:

### Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The theme for April is Learning Self Improvement and Preparing for the Future.

**Power Hour** - The main focus of power hour will be to help youth complete homework assignments and work on reading and math skills. We are aligning with Westmore Elementary's goals and hope to help our students meet their literacy and mathematics goals.

**STEM:** Youth will have the opportunity to participate in a new experiment every Tuesday, Thursday and Friday! Youth will focus on engineering and designing.

**Badminton Club:** We will be learning the basics of badminton. It is a fun and friendly way to get active this Spring.

**Watercolor Painting Club:** The club will teach the students watercolor skills. They will learn different techniques about layering colors and brush stroke techniques.

**Drawing Club:** The students will explore techniques, share their art, and connect with fellow artists. This club is for all skill levels.

