

MARCH 2025

Washington

850 N 2450 E, St. George UT 84790 | (801) 372-3059



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Getting Along with Others and Telling the Truth

Happy Birthday



Mack D.
Kaia C.
Lorenzo M.

UPCOMING EVENTS

March 10-14: Spring Break

CLUB CLOSED

Spring Break: March 10th-14th
Teacher Prep Day: March 17th



Get To Know



My name is Luke Enlow. I'm a YDP at Washington Elementary. I'm from Frisco, Texas. After graduating highschool I played college soccer at University of Colorado Colorado Springs. After a year of college I served a full time two year mission for the church in Sierra Leone, West Africa. Upon returning home I started attending Utah Tech University. I am a pre-nursing student and love playing soccer. I spend most of my time outdoors camping, running, biking, rock climbing, swimming, and playing sports.

CONTACT INFORMATION

Alexis Hatch
Site Coordinator
Phone: 801-372-5776
Email: alexis.hatch@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday - Thursday 4:40 - 5:25

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Fridays 1:15 - 1:45 & 3:20-5:00 rotations

For the month of March the STEM theme will be **CHEMICAL REACTIONS** again! The students will have the opportunity to learn about how molecules and chemicals can react to certain substances and create explosions. These exciting lessons will include invisible ink writing, lemon volcanoes, and foaming elephant's toothpaste. Throughout these lessons the kids can use their creativity and experimentation to put their knowledge about science to the test, and have a fun time doing it.

Enrichment

Monday & Wednesday 4:10 - 4:40

This month clubs consist of kickball and Ocean clubs. Kickball Club: kids will learn the fundamentals of the game, such as how to properly kick the ball, run the bases, and play defense as part of a team. The focus is on developing coordination, teamwork, and sportsmanship, all while introducing them to the basic rules and strategies of the game. Ocean Club they'll learn about the various sea creatures, such as dolphins, turtles, and colorful fish, and their unique roles in the ecosystem. (see full descriptions below)

Social Emotional Learning (Prevention & Behavior)

Tuesdays & Thursdays 4:10 - 4:40

We are teaching "Positive Action" and "Self-Awareness" curriculum which enables Club Members to learn about their emotions and how to cope with difficult feelings.



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Utah State Board of Education



Washington After School Program 2024-2025



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self-Honesty & Our Choices	3 Power Hour Kickball Club Oceans Club Group Game	4 Power Hour Social Emotional Learning Positive Action (P) L93: "What You Can Do" L 102: "Telling Yourself the Truth Using Social / Emotional Positive Actions"	5 Power Hour Kickball Club Oceans Club Group Game	6 Power Hour Social Emotional Learning Positive Action (B) L 94: "Sorting out What's What" L 103: "Telling Yourself the Truth Using Social / Emotional Positive Actions"	7 Fun Friday Kindness Club STEM Club Creative Club Physical Club Group Game Fire Drill
Spring Break	10 No Club Spring Break	11 No Club Spring Break	12 No Club Spring Break	13 No Club Spring Break	14 No Club Spring Break
Being Honest About Who We Are	17 No Club Teacher Prep Day	18 Power Hour Social Emotional Learning Positive Action (P) L 101: "Starting out with the Truth" L 112: "Improving Yourself Continually Using Social / Emotional Positive Actions"	19 Power Hour Kickball Club Oceans Club Group Game	20 Power Hour Social Emotional Learning Positive Action (B) L 103: "Your Own Truth" L 113: "Improving Yourself Continually Using Social / Emotional Positive Actions"	21 Fun Friday Kindness Club STEM Club Creative Club Physical Club Group Game
Discovering Our Truth	24 Power Hour Kickball Club Oceans Club Group Game	25 Power Hour Social Emotional Learning Positive Action (P) L 104: "What's Real and What Isn't" L 114: "Improving Yourself Continually Using Social / Emotional Positive Actions"	26 Power Hour Kickball Club Oceans Club Group Game	27 Power Hour Social Emotional Learning Positive Action (B) L 106: "Standing True" L 115: "Improving Yourself Continually Using Social / Emotional Positive Actions"	28 Fun Friday Kindness Club STEM Club Creative Club Physical Club Group Game
Learning Self-Improvement	31 Power Hour Kickball Club Oceans Club Group Game	1 Power Hour Social Emotional Learning Positive Action (P) L 110: "Getting Where You Need to Go" L 117: "Improving Yourself Continually Using Social / Emotional Positive Actions"	2 Power Hour Kickball Club Oceans Club Group Game	3 Power Hour Social Emotional Learning Positive Action (B) L 111: "Goals for Getting Healthy" L 118: "Improving Yourself Continually Using Social / Emotional Positive Actions"	4 Fun Friday Kindness Club STEM Club Creative Club Physical Club Group Game

Monday - Thursday	Friday
<p>3:30 - 3:50 Check-in, Snack, Feelings check-in, Pulse Checks 3:50 - 4:10 Energy Boost 4:10 - 4:40 Social Emotional Learning (Positive Action) or Enrichment Clubs 4:40 - 5:25 Power Hour (Homework Help/Academic Enrichment) 5:25 - 5:30 Group game 5:30 - 5:40 Pass out PM Snack/Parent Pick-up</p>	<p>12:00 - 12:15 Check-in 12:15 - 1:00 Energy Boost 1:00 - 1:45 Social Emotional Learning (Smart Moves) 1:45 - 2:05 Super Snack/Feelings check-in 2:05 - 2:50 STEM Club 2:50 - 3:20 Fun Friday 3:20 - 5:10 Creative/Physical/STEM Club Rotations 5:10 - 5:30 Gratitude/Group Game/ Pass out PM Snack 5:30 - 5:40 Parent Pick-up</p>

Contact Info

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MARCH Clubs & Activity Details

Message to Parents:

Hello parents and families, We will be conducting our monthly fire drill on March 7th during program hours. I just wanted to reach out and let you know that we won't answer the phone outside of these **MON-THURS: 3:00-6 and FRI: 11:30-6**. If you need an immediate response please email me or Megan (megan.reynolds@bgcutah.org) and I will do my best to respond quickly. Thank you for the opportunity to serve your child(ren) through enriching learning, activities, and fun.

SPRING BREAK: We will not have program this week! Enjoy your break!:) We will also not have program on the 17th because it is a teacher prep day!

Kickball Club: In Kickball club kids will learn the fundamentals of the game, such as how to properly kick the ball, run the bases, and play defense as part of a team. The focus is on developing coordination, teamwork, and sportsmanship, all while introducing them to the basic rules and strategies of the game. Through engaging drills and friendly matches, children will not only improve their skills but also have a blast being active and outdoors. It's a great way to get them moving and help them build confidence in their abilities.

Ocean Club: This club will be introducing the students to the amazing world of the ocean. They'll learn about the various sea creatures, such as dolphins, turtles, and colorful fish, and their unique roles in the ecosystem. The lessons also emphasize the importance of the ocean in maintaining our planet's health, like how it helps with oxygen production and climate regulation. Fun activities, like ocean-themed crafts and simple explanations of tides and waves, make these concepts easy for young children to understand.

Social Emotional Learning (Positive Action/SMART Moves): Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. This month we are focusing on physical and intellectual health. SMART Moves is another curriculum we use to help club members past their social awkwardness and allow them to express themselves in larger groups.

Project Learn: This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We are also starting a read aloud group on Fridays, where a staff member will read to the youth, and we will watch the movie/show that correlates to the book on the last Friday of the month. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

CHEMICAL REACTIONS: For the month of March the STEM theme will be CHEMICAL REACTIONS again! The students will have the opportunity to learn about how molecules and chemicals can react to certain substances and create explosions. These exciting lessons will include invisible ink writing, lemon volcanoes, and foaming elephant's toothpaste. Throughout these lessons the kids can use their creativity and experimentation to put their knowledge about science to the test, and have a fun time doing it.

Creative, Physical, STEM Clubs: These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. **Creative Club** usually will be an activity where the students have contributed to a creative jar with ideas like friendship bracelets, boondoggle keychains, rock painting, suncatchers, slime.etc. **Physical Club** is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. **STEM Clubs** on Fridays are generally the most fun because that's where we make a lot of the messy stuff! Our staff spends a little time each week visualizing what it was like to be between the ages of 6-12 and try to remember our curiosities and what we wanted to learn about, then we do it! And of course we solicit our Club Members about what interests them almost constantly to ensure we are meeting their curiosity needs as well.

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers. We will also be doing a read aloud time where the Club Members could wind down, relax and listen to a staff member read "The Wild Robot". Upon completion of the book, we would watch the film together as a group.

