

# APRIL 2025

## Walden High School

4266 N University Ave, Provo, UT 84604



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.



Our Positive Action focus this month is "Who Am I as a Continually Improving Self?"

### Happy Birthday!

Rose - 4/2  
Jack - 4/4  
Sasha - 4/12  
Penelope - 4/16  
Robert - 4/26  
Jeffery - 4/28



### UPCOMING EVENTS

3/31/2025- 4/4/2025 -  
SPRING BREAK!

### CLUB CLOSED

3/31/2025- 4/4/2025 -  
SPRING BREAK!



### CONTACT INFORMATION

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*Site Coordinator*

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### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## CLUB OFFERINGS

### Project Learn (Power Hour)

Project Learn, or "Power Hour", is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

### STEM Labs

We offer a variety of clubs focused on building skills in Science, Technology, Engineering, and Math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but

also inspire a lifelong passion for learning and discovery.

### Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

### Social Emotional Learning Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.



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Utah State Board of Education



**Walden High School**  
**After School Program**  
**2024-2025**

**APRIL 2025**  
Walden High School Boys & Girls Club  
2024-2025



Positive Action Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Setting Goals	<sup>31</sup> <b>NO CLUBS! - Spring Break</b>	<sup>1</sup> <b>NO CLUBS! - Spring Break</b>	<sup>2</sup> <b>NO CLUBS! - Spring Break</b>	<sup>3</sup> <b>NO CLUBS! - Spring Break</b>	<sup>4</sup> <b>NO CLUBS! - Spring Break</b>
Thinking About the Future	<sup>7</sup> Dungeons&Dragons Club <sup>1</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>8</sup> Social Emotional Learning - Positive Action (P): Lesson 110: What Are My Dreams and Ideals? <sup>2</sup> Dungeons&Dragons Club <sup>1</sup> Creative Writing Club <sup>2</sup> Power Hour <sup>2</sup>	<sup>9</sup> Social Emotional Learning - Positive Action (B): Lesson 112: What Do I Want for My Life? <sup>2</sup> Multicultural Club Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>10</sup> MTG Club <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>11</sup> Social Emotional Learning - Positive Action (P): Lesson 114: What Happens If I Change My Mind? <sup>2</sup> Dungeons&Dragons Club <sup>1</sup> Basketball Club <sup>12</sup> Power Hour <sup>2</sup> <b>FIRE DRILL</b>
Believing in our Potential and Courage	<sup>14</sup> Dungeons&Dragons Club <sup>1</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup> <b>EMERGENCY DRILL</b>	<sup>15</sup> Social Emotional Learning - Positive Action (B): Lesson 115: What Do I Want to Explore? Where Do I Want to Go? <sup>2</sup> Dungeons&Dragons Club <sup>1</sup> Creative Writing Club <sup>2</sup> Power Hour <sup>2</sup>	<sup>16</sup> Social Emotional Learning - Positive Action (P): Lesson 118: Do I Believe I Can? <sup>2</sup> Multicultural Club <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>17</sup> MTG Club <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>18</sup> Social Emotional Learning - Positive Action (B): Lesson 121: Do I Have the Courage to Try? <sup>2</sup> Dungeons&Dragons Club <sup>1</sup> Basketball Club <sup>12</sup> Power Hour <sup>2</sup>
Turning Problems into Opportunities and Perseverance	<sup>21</sup> Dungeons&Dragons Club <sup>1</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>22</sup> Dungeons&Dragons Club <sup>1</sup> Creative Writing Club <sup>2</sup> Power Hour <sup>2</sup>	<sup>23</sup> Social Emotional Learning - Positive Action (P): Lesson 124: Can I Meet the Challenge? <sup>2</sup> Multicultural Club <sup>2</sup> Strategy Enrichment Club <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>24</sup> MTG Club <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>25</sup> Social Emotional Learning - Positive Action (B): Lesson 127: How Do I Keep on Keeping On? <sup>2</sup> Dungeons&Dragons Club <sup>1</sup> Basketball Club <sup>12</sup> Power Hour <sup>2</sup>
Applying our Positive Actions to Build a Great Life	<sup>28</sup> Dungeons&Dragons Club <sup>1</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>29</sup> Dungeons&Dragons Club <sup>1</sup> Creative Writing Club <sup>2</sup> Power Hour <sup>2</sup>	<sup>30</sup> Social Emotional Learning - Positive Action (P): Lesson 130: How Do I Create a Successful and Happy Life? <sup>2</sup> Multicultural Club <sup>2</sup> Strategy Enrichment Club <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>1</sup> MTG Club <sup>2</sup> Math Lab/STEM <sup>2</sup> Power Hour <sup>2</sup>	<sup>2</sup> Social Emotional Learning - Positive Action (B): Lesson 131: What is Going to Get Me Where I Want to Go? <sup>2</sup> Dungeons&Dragons Club <sup>1</sup> Basketball Club <sup>12</sup> Power Hour <sup>2</sup>

**Daily Schedule**

Math Lab/STEM  
M/W/Th 3:15pm-4:15pm

Monday-Thursday Programming  
Check In/Snack 3:00pm-3:15pm  
Social Emotional Learning - Positive Action (T/W/F) 3:15pm-3:45pm  
Power Hour 4:15pm-5:30pm  
Enrichment Clubs (M/T/Th) 3:15pm-5:30pm  
Enrichment Clubs (M/W/Th) 4:15pm-5:30pm  
Check Out 5:30pm

Friday Programming  
Check In/Snack 1:00 pm-1:15 pm  
Power Hour 1:15 pm-3:00 pm  
Enrichment Clubs 1:15 pm-5:30 pm  
Check Out 5:30pm

<sup>1</sup>21st Century sponsored  
<sup>2</sup>Boys & Girls Clubs of Utah County sponsored

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## **April Club & Activity Details**

### **Message to Parents:**

Hello from The Boys & Girls Club at Walden High! We're beyond excited to have you in our afterschool program, where every day is an adventure in learning and discovery. In this new month, prepare for a whirlwind of fresh activities, creative projects, and enriching experiences designed to spark curiosity and foster growth. Our dedicated team is ready to guide your child through a year filled with fun, exploration, and achievement. Thank you for your ongoing support and enthusiasm—together, we'll make this year unforgettable!

**Project Learn - Power Hour:** *Project Learn (Power Hour)* is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

**Social Emotional Learning - Positive Action:** *Positive Action* is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

**Language Arts - Creative Writing Club:** Unleash your imagination and bring your stories to life in the new *Creative Writing Club*! Whether you love poetry, short stories, journaling, or world-building, this afterschool club is a space to explore your voice, share ideas, and develop your writing skills in a supportive and inspiring environment. Join us for fun writing prompts, group discussions, and opportunities to showcase your work. No experience needed—just bring your creativity!

**STEM - Math Lab:** Come join us every Monday, Wednesday, and Thursday in *Math Lab*! Students are welcome to attend free math and STEM tutoring sessions, where they can receive support with their math homework, enhance their problem-solving skills, and explore fun STEM topics. Whether they need help with specific assignments or want to delve into exciting new math challenges, the Math Lab offers a supportive environment for learning and growth. Students of all skill levels are encouraged to participate and make the most of this valuable resource!

**Sports - Basketball Club:** Join our new afterschool *Basketball Club*, starting up every Friday! This co-ed club offers a fun way to develop your basketball skills, make new friends, and stay active. Whether you're a beginner or an experienced player, this is a great opportunity to improve your game and enjoy some friendly competition. Don't miss out on the excitement—sign up today and be part of the team!

**Strategy Enrichment - Magic: The Gathering Club:** If you enjoy the complex thrill of fantasy-based card games, *Magic: The Gathering (MtG)* is just for you. Our afterschool staff and member club leaders work together to provide clear guidance on game mechanics, helping you develop critical thinking, strategic planning, and problem-solving skills. Whether you're a seasoned player or an eager novice, this club offers a collaborative space to enjoy the intellectually stimulating game and enhance your understanding of game dynamics.

**Strategy Enrichment - Dungeons & Dragons Club:** *Dungeons & Dragons (D&D)* offers numerous educational benefits, including enhancing critical thinking, creativity, and problem-solving skills. It fosters teamwork and collaboration, improves communication and literacy, and reinforces numeracy skills. The game also helps develop social skills and empathy, builds persistence and resilience, and provides leadership and decision-making opportunities, especially for student Dungeon Masters. Overall, D&D is a powerful tool for holistic learning and personal development.

**Cultural Enrichment - Multicultural Club:** Are you an avid fan of the Japanese language, film, literature, etiquette, and more? Or even just a curious beginner? Come join our *Multicultural club*! Through group study, we bring Japanese culture immersion to life, highlighting various culture subsets weekly. It's a blast you don't want to miss!

