

April 2025

# Walden Elementary

4230 N University Ave. Provo 801-372-8594



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self Improvement

Happy  
Birthday



Elijah 12  
Max 18  
Raegon 21  
Lydia 24

## UPCOMING EVENTS

Spring Break March 31-April 4

## CLUB CLOSED

March 31-April 4



## CONTACT INFORMATION

**Charlotte Tidwell**  
**Site Coordinator**  
Phone: 801-372-8594  
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## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Enrichment

*Daily*

Our club members are creators, explorers, and problem solvers, and our Enrichment Clubs are designed to support those natural interests. Whether we are discovering Binary Code through beading bracelets, meeting animals native to Utah, or building lego cities, our club members are learning in the ways that speak to them and engage their imaginations.

## Project Learn

*Daily*

We continue to focus on math facts, using games, activities, and fun mediums to keep it exciting—so far, multiplication tables written in shaving cream has been the favorite! We also offer some literacy activities, such as site word bingo for our youngest club members, as well as help with homework each afternoon.

## Social Emotional Learning (Prevention & Behavior)

*Tuesdays and Thursdays*

We have been learning about the importance of telling ourselves the truth in several different aspects and the ways that helps us understand ourselves. This month we move on to Self Improvement, with lessons on goal setting, persistence, and having the courage to try new things. These lessons are fun and interactive, usually include a game or art activity, and have made a big difference in the ways our club members view themselves and their relationships with others.

## STEM Labs

*Monday, Wednesday, Friday*

Our STEM activities are broad ranging, from principles of physics and chemistry experiments, to typing to engineering projects, our club members get to apply what they are learning in fun, hands-on workshops, making them memorable and providing lasting learning.



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Utah State Board of Education



# Walden Elementary Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	31	1 <b>SPRING BREAK</b>	2 <b>SPRING BREAK</b>	3 <b>SPRING BREAK</b>	4 <b>SPRING BREAK</b>
	7 Outdoor Explorers STEM Lab Lego Maniacs/Crafty Critters Power Hour	8 Recess SEL (P) "Our Potential for Self Improvement" Origami Dojo/Scribblers and Bards Power Hour	9 <b>Fire Drill</b> Outdoor Explorers SEL (B) "Telling Yourself the Truth" Power Hour STEM Lab Lego Club/ Builders	10 Recess SEL (B) "Courage to Try" Card Games/Artist's Studio Power Hour	11 Sports Club STEM Lab Zoology Builders Club Power Hour
	14 Outdoor Explorers STEM Lab Lego Maniacs/Crafty Critters Power Hour	15 Recess SEL (P) "Persistence" Origami Dojo/Scribblers and Bards Power Hour	16 Outdoor Explorers SEL (B) "Telling Yourself the Truth" Power Hour STEM Lab Lego Club/ Builders	17 Recess SEL (B) "Turning Problems into Opportunities" Card Games/Artist's Studio Power Hour	18 Sports Club STEM Lab Zoology Builders Club Power Hour
	21 Outdoor Explorers STEM Lab Lego Maniacs/Crafty Critters Power Hour	22 Recess SEL (P) "Treating Others the Way We Want to be Treated" Origami Dojo/Scribblers and Bards Power Hour	23 Outdoor Explorers SEL (B) "Telling Yourself the Truth" Power Hour STEM Lab Lego Club/ Builders	24 Recess SEL (B) "A Healthy Self Concept" Card Games/Artist's Studio Power Hour	25 Sports Club STEM Lab Zoology Builders Club Power Hour
	28 Outdoor Explorers STEM Lab Lego Maniacs/Crafty Critters Power Hour	29 Recess SEL (P) "Healthy Self Concept Review" Origami Dojo/Scribblers and Bards Power Hour	30 Outdoor Explorers SEL (B) "Telling Yourself the Truth" Power Hour STEM Lab Lego Club/ Builders	1	2

## Daily Schedule

### Monday & Wednesday

- 3:15-3:30 – Check In & Snack
- 3:30-4:00 – Recess
- 4:00-4:30 – STEM
- 4:30-5:00 – Enrichment Clubs
- 5:00-5:30 – Power Hour

### Tuesday & Thursday

- 3:15-3:30 – Check In & Snack
- 3:30-4:00 – Recess
- 4:00-4:30 – Positive Action SEL
- 4:30-5:00 – Enrichment Clubs
- 5:00-5:30 – Power Hour

### Friday

- 1:15-1:30 - Check In
- 1:30-2:15 - Recess
- 2:15-2:45 - STEM
- 2:45-3:00 - Snack
- 3:00-4:00 - Enrichment Clubs
- 4:00-4:30 - Meditation
- 4:30-5:30 - Power Hour

## Contact Info

Charlotte Tidwell *Site Coordinator*  
Email: [charlotte.tidwell@bgc.org](mailto:charlotte.tidwell@bgc.org)  
Phone: 801-372-8594

Program Address: 4230 N University Ave. Provo



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## April Club & Activity Details

### Message to Parents and Guardians:

At this point in the year we would like to refresh our awareness of the Big 5 Agreements that help us maintain a safe, constructive environment in Afterschool Clubs.

#### Big 5 Agreements:

- Respect for Club Members.--Club Members will keep their hands to themselves, not touch others belongings, and speak with respect.
- Respect for Club Spaces and Property.--Club members will use our space properly and safely, including not running indoors, not climbing on furniture, using appropriate indoor voices, and cleaning up messes before transitioning to new activities.
- Respect for Club Leaders.--Club members will follow instructions given by Staff.
- Engaged Participation.--Club members will participate in planned activities, and choose from activities offered.
- Active Listening.--Club members will listen to leaders and other members when it is their turn to speak.

Following these five agreements ensures that everyone can have a positive experience at After School Club, and learn and develop in a safe, supportive environment. Failure to adhere to these guidelines may result in being separated from activities, and if necessary, suspension from After School Club.

### Clubs

**Outdoor Explorers-** Finding snail shells, rocks, seeds, and nuts, and learning about them helps our club members be more aware of the environment they live in, their place in it, and how we can take care of it. It empowers kids to become environmental stewards through engaging, hands-on projects focused on sustainability and conservation.

**Origami Dojo -** Learning the ancient art of paper folding from our own Origami Sensei (Mr. Nicholas) provides members with a meditative practice that helps develop creative discipline, focus and appreciation for Japanese culture, all while having fun creating something beautiful they can share.

**Sports Club -** The Sports Club offers kids a chance to stay active and have fun by participating in a variety of sports and games. Through organized activities and friendly competition, they build teamwork, coordination, and physical fitness. The club promotes a positive, inclusive environment where kids can develop their athletic skills and enjoy the benefits of regular exercise.

**Crafty Critters -** Joining a fine arts club helps kids build essential skills. Focusing primarily on animal friends for subjects, we will explore various art forms like painting and sculpture, enhancing creativity, fine motor skills, and problem-solving.

**Lego Maniacs -** Exploring creativity and learning basic engineering skills all while feeling like play, Lego Club is a favorite with club members and leaders alike. We're very much hoping to expand our Lego collection this month, so even more creativity can blossom.

**Zoology Club -** Club members learn about, and in some cases, meet, animals native to Utah. With an emphasis on insects and reptiles, they are introduced to classification systems, scientific observation and safe interaction with the animals that share our home.

