

April 2025

Provo Peaks

665 E Center St Provo UT 84606 | (801) 717-0809



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Goal Setting.

Happy
Birthday



April 12th - Eric
April 26th - Nifai

UPCOMING EVENTS

Spring Break: March 31-April 4

CLUB CLOSED

March 31-April 4 - Spring Break



Get To Know



Hi! I'm Lexi Clayton. I just got married back in May and I am a junior at BYU. I'm studying communication disorders and love working with kids. My current obsession is vanilla milkshakes from in-n-out! I love to play pickleball, go to the gym, and spend time with family and friends.

CONTACT INFORMATION

Sarah Christensen
Site Coordinator
Phone: (801) 717-0809
Email: provopeaks@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLAs (High Yield, Creative, Physical & STEM Learning Activity Rotations) and also participate in our reading program, homework help, HYLAs activities, etc.

STEM Labs

Monday, Wednesday, and Friday

Youth learn all about the scientific and design processes through hands-on experiments.

Enrichment

Daily

Enrichment Activities provide students with an opportunity to develop desired skills and increase their creativity.

Social Emotional Learning

(Prevention & Behavior)

Tuesday, Thursday & Friday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional learning skills. All Social Emotional Learning skills are taught through daily lessons and then integrated throughout the rest of programming.



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Provo Peaks Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	31	1 No Program - Spring Break	2 No Program - Spring Break	3 No Program - Spring Break	4 No Program - Spring Break
Persistence and Perseverance	7 Power Hour D&D Club, Sports Club & Art Club	8 Power Hour Positive Action (P): "Believing We Can Do More, Be More" & "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab	9 Power Hour D&D Club, Sports Club & Art Club	10 Power Hour Positive Action (B): "Buck Up and Do It" & "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab FIRE DRILL	11 Mindfulness HYLA Rotations
Goal Setting	14 Power Hour D&D Club, Sports Club & Art Club	15 Power Hour Positive Action (P): "Turning the Big, Bad Stuff Into the Big, Good Stuff" & "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab	16 Power Hour D&D Club, Sports Club & Art Club	17 Power Hour Positive Action (B): "How You Improve Your Body" & Positive Action Review: 5 Steps to a Healthy Self-Concept STEM Lab	18 Mindfulness HYLA Rotations
Preparing for the Future	21 Power Hour D&D Club, Sports Club & Art Club	22 Power Hour Positive Action (P): "Power and Energy" & "Positive Action Review: 5 Steps to a Healthy Self-Concept" STEM Lab	23 Power Hour D&D Club, Sports Club & Art Club	24 Power Hour Positive Action (B): "getting a Bigger, Better Picture" & "Positive Action Review: Five Steps to a Healthy Self-Concept" STEM Lab	25 Mindfulness HYLA Rotations
Post-Survey	28 Power Hour D&D Club, Sports Club & Art Club	29 Power Hour Positive Action Post-Surveys STEM Lab	30 Power Hour D&D Club, Sports Club & Art Club	1	2

Daily Schedule		
Monday/Wednesday	Tuesday/Thursday	Friday
3:20 - 3:45 Check in, Snack, Recess 3:50 - 4:00 Circle up 4:00 - 4:25 Power Hour 4:30 - 5:30 Enrichment Clubs 5:30pm Program Closes, Checkout	3:20 - 3:45 Check in, Snack, Recess 3:50 - 4:00 Circle up 4:00 - 4:25 Social Emotional Learning (Positive Action) 4:25 - 4:55 Power Hour 4:55 - 5:30 K-3 STEM/4-6 HYLA rotations on Mondays K-3 HYLA rotations/4-6 STEM on Wednesdays 5:30pm Program Closes, Checkout	1:30 - 1:50 Check in, Snack, Recess 1:55 - 2:05 Circle up 2:05 - 2:40 Mindfulness 2:45 - 3:20 HYLA Rotations 3:30 pm Program Closes, Checkout

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April Club & Activity Details

Message to Parents:

Congratulations on making it to April! Our three clubs last month were such a hit that we are going to continue them for this month! These clubs have been such a great way for our members to form new relationships and get to know other members.

D&D Club - D&D Club allows each participant to develop their creativity and expand their horizons. We will be building characters, learning how to work together as a team, and the older students will be teaching the younger students how to play. D&D is a fantastic opportunity for kids to explore and make new friends with each other.

Art Club - Art Club will be teaching students different artistic techniques. We will be learning how to sketch, paint, make winter and Valentine's themed crafts. Our teachers will be broadening students' artistic horizons to hopefully develop interests in projects they have not tried before.

Sports Club - Sports club will introduce different skills to the club participants. We will be practicing basketball, soccer, and kickball. These sports will develop its participants' teamwork, cooperation, and unity. Sports Club will be a great opportunity for kids to burn off energy and learn a new, useful skill!

