April 2025

Provo Peaks

665 E Center St Provo UT 84606 | (801) 717-0809



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Goal Setting.



April 12th - Eric April 26th - Nifai

UPCOMING EVENTS

Spring Break: March 31-April 4

CLUB CLOSED

March 31-April 4 - Spring Break



Get To Know



Hi! I'm Lexi Clayton. I just got married back in May and I am a junior at BYU. I'm studying communication disorders and love working with kids. My current obsession is vanilla milkshakes from in-n-out! I love to play pickleball, go to the gym, and spend time with family and friends.

CONTACT INFORMATION

Sarah Christensen Site Coordinator

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PARENT RESOURCES

Parent Handbook Membership Handbook

Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLA's (High Yield, Creative, Physical & STEM Learning Activity Rotations) and also participate in our reading program, homework help, HYLA activities, etc.

STEM Labs

Monday, Wednesday, and Friday

Youth learn all about the scientific and design processes through hands-on experiments.

Enrichment

Daily

Enrichment Activities provide students with an opportunity to develop desired skills and increase their creativity.

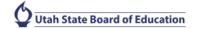
Social Emotional Learning (Prevention & Behavior)

Tuesday, Thursday & Friday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional learning skills. All Social Emotional Learning skills are taught through daily lessons and then integrated throughout the rest of programming.









Provo Peaks Afterschool Program 2024-2025 Social Emotional Learning Weekly Focus

Monday

Tuesday



Wednesday



Friday

Thursday

	31	1	2	3	4	
		No Program -	No Program -	No Program -	No Program -	
		Spring Break	Spring Break	Spring Break	Spring Break	
Persistence and Perseverance	7 Power Hour D&D Club, Sports Club & Art Club	Power Hour Positive Action (P): "Believing We Can Do More, Be More" & "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab	9 Power Hour D&D Club, Sports Club & Art Club	Power Hour Positive Action (B): "Buck Up and Do It" & "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab	11 Mindfulness HYLA Rotations	
Goal Setting	Power Hour D&D Club, Sports Club & Art Club	Power Hour Positive Action (P): "Turning the Big, Bad Stuff Into the Big, Good Stuff" & "Improving Yourself Continually Using Social/Emotional Positive Actions" STEM Lab	Power Hour D&D Club, Sports Club & Art Club	Power Hour Positive Action (B): "How You Improve Your Body" & Positive Action Review: 5 Steps to a Healthy Self-Concept" STEM Lab	18 Mindfulness HYLA Rotations	
Preparing for the Future	Power Hour D&D Club, Sports Club & Art Club	Power Hour Positive Action (P): "Power and Energy" & "Positive Action Review: 5 Steps to a Healthy Self-Concept" STEM Lab	Power Hour D&D Club, Sports Club & Art Club	Power Hour Positive Action (B): "getting a Bigger, Better Picture" & "Positive Action Review: Five Steps to a Healthy Self-Concept" STEM Lab	25 Mindfulness HYLA Rotations	
Post-Survey	28 Power Hour D&D Club, Sports Club & Art Club	Power Hour Positive Action Post-Surveys STEM Lab	Power Hour D&D Club, Sports Club & Art Club	1	2	
Daily Schedule						
Monday/Wednesday		Tuesd	Tuesday/Thursday		Friday	

Daily Schedule					
Monday/Wednesday	Tuesday/Thursday	Friday			
3:20 - 3:45 Check in, Snack, Recess	3:20 - 3:45 Check in, Snack, Recess	1:30 - 1:50 Check in, Snack, Recess			
3:50 - 4:00 Circle up	3:50 - 4:00 Circle up	1:55 - 2:05 Circle up			
4:00 - 4:25 Power Hour	4:00 - 4:25 Social Emotional Learning (Positive Action)	2:05 - 2:40 Mindfulness			
4:30 - 5:30 Enrichment Clubs	4:25 - 4:55 Power Hour	2:45 - 3:20 HYLA Rotations			
5:30pm Program Closes, Checkout	4:55 - 5:30 K-3 STEM/4-6 HYLA rotations on Mondays	3:30 pm Program Closes, Checkout			
	K-3 HYLA rotations/4-6 STEM on Wednesdays				
	5:30pm Program Closes, Checkout				

Contact Info

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Provo Peaks Afterschool Program 2024-2025

April Club & Activity Details

Message to Parents:

Congratulations on making it to April! Our three clubs last month were such a hit that we are going to continue them for this month! These clubs have been such a great way for our members to form new relationships and get to know other members.

D&D Club - D&D Club allows each participant to develop their creativity and expand their horizons. We will be building characters, learning how to work together as a team, and the older students will be teaching the younger students how to play. D&D is a fantastic opportunity for kids to explore and make new friends with each other.

Art Club - Art Club will be teaching students different artistic techniques. We will be learning how to sketch, paint, make winter and Valentine's themed crafts. Our teachers will be broadening students' artistic horizons to hopefully develop interests in projects they have not tried before.

Sports Club - Sports club will introduce different skills to the club participants. We will be practicing basketball, soccer, and kickball. These sports will develop its participants' teamwork, cooperation, and unity. Sports Club will be a great opportunity for kids to burn off energy and learn a new, useful skill!



