Provo Clubhouse

750 W 200 N, Provo, UT 84601 | (801) 717-6214

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

Our Social Emotional Learning Focus this month is Self-Improvement

Happy Birthday

Aiden 4/6
Sophia 4/17
Sybil 4/28

UPCOMING EVENTS

Spring Break: March 31 - April 4

Parent Night - Families Talking Together: April 30th

CLUB CLOSED

Spring Break: March 31 - April 4

Get To Know

Aliana Molina is the newest staff member at the Clubhouse! She has a passion for working with youth and children and integrating STEM into her work. She is the middle of 6 siblings, studies at BYU, and enjoys playing sports in her free time. Give her a high five the next time you see her in the hallway or when picking up the kids in the van.

CONTACT INFORMATION

Site Coordinator: Jessica Harris
Phone: (801) 717-6214
Email: jessica.harris@bgcutah.org

PARENT RESOURCES

Parent Handbook
Membership Handbook

Power Hour

Daily

Club members have the opportunity each day to complete homework, read, and participate in Brain Games for an hour during club.

STEM Labs

Monday & Friday

On Mondays our volunteers from FlowServe come and do various STEM activities with our club members. On Fridays, we have our STEM club led by Mr. Aaron where the club members are able to learn new concepts and put them to the test!

Enrichment - Clubs

Monday, Wednesday, & Friday

Mondays we have an optional D&D club and Wednesday and Friday are our other enrichment clubs where we encourage the kids to focus on learning new skills, enhancing their creativity, getting active, and using strategy to complete tasks.

Social Emotional Learning
(Prevention & Behavior)

Tuesday & Thursday

Club members are able to learn different social emotional skills in our positive action lessons. Managing emotions, building relationships, and developing resiliency are some of the key aspects of Positive Action.

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Utah State Board of Education

UTAH DEPARTMENT OF WORKFORCE SERVICES CHILD CARE

Provo Clubhouse After School Program 2024-2025

April

BOYS & GIRLS CLUBS OF UTAH COUNTY

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	31	1 **CLOSED SPRING BREAK**	2 **CLOSED SPRING BREAK**	3 **CLOSED SPRING BREAK**	4 **CLOSED SPRING BREAK**
Persistence & Perseverance	7 STEM: Flow Serve Power Hour D&D Club: Student Led Adventures pt 1	8 Power Hour Social Emotional Learning: (P) Grade 5:114 "Believing We Can Do More, Be More" Grade 2:119 "Improving Yourself Continually Using Social/Emotional Positive Actions" **FIRE DRILL**	9 Power Hour Gardening Club: Basic Plant Science Special Projects Club: Brainstorming & Planning	10 Power Hour Social Emotional Learning: (B) Grade 5:117 "Buck Up and Do It" Grade 2:120 "Improving Yourself Using Social/Emotional Positive Actions" **DISASTER DRILL**	11 **FUN FRIDAY** Power Hour STEM: Scratch Motion Game Gardening Club: General Soils Special Projects: Brainstorming & Planning
Goal Setting	14 STEM: Flow Serve Power Hour D&D Club: Student Led Adventures pt 2	15 Power Hour Social Emotional Learning: (P) Grade 5: 118 "Turning the Big, Bad Stuff into the Big, Good Stuff" Grade 2:122 "Improving Yourself Continually Using Social/Emotional Positive Actions"	16 Power Hour Gardening Club: Planting a Garden Special Projects Club: Start Day	17 Power Hour Social Emotional Learning: (B) Grade 5l:121 "How You Improve Your Body" Grade 2:132 "Positive Action Review: Five Steps to a Healthy Self-Concept"	18 **FUN FRIDAY** Power Hour STEM: Paper Bridges Gardening Club: Planting a Garden Special Projects Club: Start Day
Preparing for the Future	21 STEM: Flow Serve Power Hour D&D Club: Student Led Adventures pt 3	22 Power Hour Social Emotional Learning: (P) Grade 5:127 "Power and Energy" Grade 2:134: Positive Action Review: Five Steps to a Healthy Self-Concept"	23 Power Hour Gardening Club: Grow Your Own Poppy Special Projects Club: Work Day	24 Power Hour Social Emotional Learning: (B) Grade 5:129 "Getting A Bigger, Better Picture" Grade 2:139 "Positive Action Review: Five Steps to a Healthy Self-Concept"	25 **FUN FRIDAY** Power Hour STEM: Elephant Toothpaste Gardening Club: Grow Your Own Poppy Special Projects Club: Work Day
Post-Surveys	28 STEM: Flow Serve Power Hour D&D Club: Guided Adventure	29 Power Hour Social Emotional Learning: Post-Surveys	30 Power Hour Gardening Club: DNA of a Strawberry Special Projects Club: Wrap Up **Parent Night - Families Talking Together**	1	2

Daily Schedule

Monday & Wednesday
- 3:00 - 3:45 Club Opens; Snack & Activities
- 3:50 - 4:50 Project Learn: Power Hour
- 4:50 - 5:00 Circle-Up
- 5:00 - 5:50 Club/STEM Rotations
- 5:50 - 6:00 Final Clean Up
- 6:00 Snack & Check Out

Tuesday & Thursday
- 3:00 - 3:45 Club Opens; Snack & Activities
- 3:50 - 4:50 Project Learn: Power Hour
- 4:50 - 5:00 Circle-Up
- 5:00 - 5:50 Social Emotional Learning
- 5:50 - 6:00 Final Clean Up
- 6:00 Snack & Check Out

Friday
- 1:00 - 2:00 Drop off & Snack; Activities
- 2:05 - 2:15 Circle Up - Age Groups
- 2:15 - 3:15 SMART Moves
- 3:15 - 3:45 Structured Outdoor Time
- 3:45 - 5:30 Club/STEM Rotations
- 5:30 - 6:00 Deep Clean
- 6:00 Snack & Check Out

Contact Info

Site Coordinator: Jessica Harris　　　　Program Manager: Kaylee Adamson

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April Club & Activity Details

Message to Parents:

April showers bring May flowers! Springtime at the clubhouse is something that we are all getting excited for. It's something about the warmer weather that gets everyone excited about the school year coming to a close. With that in mind, please keep an eye out for information to come about the summer program.

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more.

> **Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves.

Project Learn:

Project Learn is a "catch all" term for our enrichment and academic support programs.

> **Power Hour** - PowerHour is a daily academic enrichment and support time. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home. We spend the first 30 minutes of power hour focusing specifically on homework and reading and then if the club members complete their homework, they have the option to participate in some Brain Games.

> **Enrichment Clubs** -
>> **Gardening Club (Science/Outdoors):** We are so excited to jump head first into spring time by introducing a gardening club for this month! Club members will learn about the science of gardening and will also get to grow their own flowers.

>> **Dungeons & Dragons Club (Creative/Strategy):** Dungeons & Dragons club will be continuing into the next couple of months and we are excited to see the kids engage in a creative and strategic outlet where they can put their imaginations to the test!

>> **Special Projects Club (Creative/Technology):** So many of our club members have special projects that they want to complete by the end of the year. Some are working on movies and others art projects. We are hoping that this club will get us ready for our final parent event of the year in May. So start getting excited!

STEM Labs:

> **Science -** Youth will have the opportunity to participate in STEM labs twice a week. On Mondays our friends from FlowServe will be doing different STEM activities with the club kids and on Wednesdays and Fridays our Americorp STEM staff, Aaron. This month the STEM activities will include scratch activities, making paper bridges, elephant toothpaste, and bubble towers! I'm sure the club members will have a blast participating and learning together this month.