

April 2025

Panorama

301 N 2200 E, St George, UT 84790 | 801-372-4767



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Self Honesty.

Happy Birthday



Cali
Rene
Oliver
Jett

UPCOMING EVENTS

No upcoming events

CLUB CLOSED

April 18 - 21 Closed for holiday



Get To Know

Andrea is currently a Sophomore at Utah Tech University studying Elementary Education. She's a foodie and loves to do and experience art in her off time. Andrea just joined the club in March and is developing great relationships with the kids.



Project Learn

Monday - Thursday 5:00 - 5:30

Most days we do Project Learn together and then split for Positive Action. We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

STEM Labs

Thursday 3:30 - 4 pm

Friday 1:45 - 2:30 pm

This month will be filled with wonder and excitement as we learn about the effects of gravity. We are also going to build some volcanoes for a little fun.

Enrichment

Monday - Thursday 4 - 5 pm

This month we are having the following clubs: Physical, Bracelet, Art Appreciation and Culture Club. This will give a wide variety of activities for youth.

Social Emotional Learning (Prevention & Behavior)

Monday & Wednesdays - 3:30 - 4:00

We will be covering a wide range of topics in our Positive Action curriculum for Social Emotional Learning. We are working on self-improvement, perseverance, goal setting and preparing for our futures.

CONTACT INFORMATION

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Email: panorama@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)



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Panorama Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Learning Self Improvement	31	Project Learn 1 Bracelet Club or Art Appreciation Club	Project Learn 2 Social Emotional Learning (B): Grade 5 Manual: Lesson 111 "Goals for Getting Healthy" Grade 2 Manual: Lesson 118 "Improving Yourself Continually Using Social / Emotional Positive Actions"	Project Learn 3 STEM Bracelet Club or Art Appreciation Club	Fire Drill 4 STEM Coping Skills Fun Friday Rotations
Persistence and Perseverance	Project Learn 7 Social Emotional Learning (P): Grade 5 Manual: Lesson 114 "Believing We Can Do More, Be More" Grade 2 Manual: Lesson 119 "Improving Yourself Continually Using Social / Emotional Positive Actions" Culture Club or Physical Club	Project Learn 8 Bracelet Club or Art Appreciation Club	Project Learn 9 Social Emotional Learning (B): Grade 5 Manual: Lesson 117 "Buck Up and Do It" Grade 2 Manual: Lesson 120 "Improving Yourself Continually Using Social / Emotional Positive Actions" Culture Club or Physical Club	Project Learn 10 STEM Culture Club Bracelet Club or Art Appreciation Club	11 STEM Coping Skills Fun Friday Rotations
Goal Setting	Project Learn 14 Social Emotional Learning (P): Grade 5 Manual: Lesson 118 "Turning the Big, Bad Stuff into the Big, Good Stuff" Grade 2 Manual: Lesson 122 "Improving Yourself Continually Using Social / Emotional Positive Actions" Culture Club or Physical Club	Project Learn 15 Bracelet Club or Art Appreciation Club	Project Learn 16 Social Emotional Learning (B): Grade 5 Manual: Lesson 121 "How You Improve Your Body" Grade 2 Manual: Lesson 132 "Positive Action Review: Five Steps to a Healthy Self-Concept" Culture Club or Physical Club	Project Learn 17 STEM Culture Club Bracelet Club or Art Appreciation Club	18 Holiday No Club
Preparing For the Future	21 Holiday No Club	Project Learn 22 Social Emotional Learning (P): Grade 5 Manual: Lesson 127 "Power and Energy" Grade 2 Manual: Lesson 134 "Positive Action Review: Five Steps to a Healthy Self-Concept" Bracelet Club or Art Appreciation Club	Project Learn 23 Grade 5 Manual: Lesson 129 "Getting A Bigger, Better Picture" Grade 2 Manual: Lesson 139 "Positive Action Review: Five Steps to a Healthy Self-Concept" Culture Club or Clay Club	Project Learn 24 STEM Culture Club Bracelet Club or Art Appreciation Club	25 STEM Coping Skills Fun Friday Rotations
Post-Surveys	Project Learn 28 Culture Club or Physical Club	Project Learn 29 Culture Club Bracelet Club or Art Appreciation Club	Project Learn 30 Culture Club or Physical Club	1	2

Daily Schedule

Monday-Thursday	Fridays
2:35 - 2:55 Check-in, Super Snack, Feeling check in	1:00 - 1:15 Check-in, Feelings check in
3:00 - 3:25 Energy Boost	1:20 - 1:45 Energy Boost
3:30 - 4:00 Social Emotional Learning - Positive Action or STEM	1:45 - 2:30 STEM
4:00 - 4:55 Enrichment Clubs	2:30 - 2:50 Super Snack
5:00 - 5:30 Project Learn	2:55 - 3:35 Leaders in Training
5:30 Snack/Check-out	3:40 - 4:40 Fun Friday
	4:45 - 5:25 Computer Lab
	5:25 - 5:30 PM Snack/check-out

Contact Info

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Phone: 801-372-4767

Program Address: 301 N 2200 E, St George, UT 84790



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April Club & Activity Details

Message to Parents: We have had so many requirements such as surveys and program requirements within the last couple of months. Now we are on the down-slide of the school year, finishing up with these final requirements, getting ready to have some creative fun. We plan to get outside more now that the weather is turning and really getting active in club. We haven't planned our end of the year event as of yet, however we will be working towards this. More information will be forthcoming. Thanks for all of you and your support in helping us provide the best program possible.

Social Emotional Learning (Positive Action) - This curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday and Wednesday with new topics each week. This month we will focus on self-honesty, identifying our strengths and weaknesses, being honest about who we are and discovering our truth.

Project Learn: This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

Fun Friday: This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers. We also will offer for them to finish any projects they have started during the week and didn't have enough time to do. **Club 1]** - [Description about the club, skills being built, days & times, etc.]

Coping Skills - We will be helping youth learn how to cope with their feelings in a positive way, such as doing art, taking a nature walk, talking through their feelings and utilizing experiences to alleviate stress. We will be doing this each Friday as a rotation and are excited to see our youth connect the dots. This is the best time to review these skills as they have summer coming up and may have some difficulty going from all day school to so much free time. We would love to hear any feedback you have for us!

STEM Club - We will be doing a lot of playing this month. We are going to experiment with gravity and make and test some parachutes. We are also going to make slime a couple times this month (we will let parents know when the kids have this!). We will also be making paper mache volcanoes and test them with various types of lava. It should be a lot of fun and surely the kids will want to share their experience with you when they get home.

Physical Club - We have held this club as a steady state and adjusted with the seasons. In the fall it was too hot for kickball and everyone almost melted. Then it was too cold. Now club members are asking to do some more kickball and we are up for that! We like to change things up with this club and keep club members on their toes, so we may sometimes play basketball or do relay races, or capture the flag. Whatever



“they” decide that day will determine the outcome. Club members will learn and enhance their self-control, consistency, teamwork, trust, leadership, balance, dexterity, flexibility, as well as build social skills, self-esteem and concentration.

Bracelet Club - This month we will be doing different variations of bracelets. We will do a chevron pattern bracelet, a Peruvian wave bracelet, as well as several other types. This will teach the kids patience, perseverance, tactile skills, pattern recognition, and completing objects with satisfaction.

Art Appreciation Club: We will be learning about and discovering artists and what characteristics describe their type of painting/art. Some artists we will cover are Picasso, Van Gogh, Warhol (Cubism, impressionism, pop art). Youth will work to recreate the art they see, or build upon it with their own ideas. This club will build their creativity, fine motor skills, problem solving skills and help with color theory and analytical thinking.

Culture Club: We are continuing on with our learning about Hawaiian culture. We started this in the month of March however we missed some time due to spring break. We will continue to learn about the Hawaiian culture and language to enlarge our youths vocabulary and knowledge of other cultures.



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