

April 2025

# Mt. Mahogany

618 N. 1300 W. Pleasant Grove 801-610-8113



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is self-Improvement

Happy Birthday



Wesley 4/19  
Zane 4/25

### UPCOMING EVENTS

Spring break March 31- April 4  
Post- Surveys April 28-30  
School play 4/25 6:00-7:00

### CLUB CLOSED

Spring break March 31- April 1-4



### Get To Know

We have two new staff Izzie and Emma. They both are attending UVU. Izzie is from the boys and girls club Logan. Emma has experience working with youth. We are excited to have them both.



### Powerhour

*Everyday 3:45-4:45*

Power Hour is set for homework time. We have staff who can support members with reading, math, and spelling. We also do brain games for members who finish or do not have homework.

### STEM Labs

*Thanksgiving Point tuesday, wednesday  
4:00-5:00*

Thanksgiving point comes every Tuesday and Wednesday for 4-6 graders (K-3 does STEAM Tuesday and Thursdays)

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities.

### Enrichment

*Tuesday, Wednesday, Thursday, Friday  
4:45-5:00*

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. We offer a rotation of activities on Friday where kids can participate in a new physical and creative activity each week.

### Social Emotional Learning (Prevention & Behavior)

*Monday, Thursday 4:30*

Positive Action and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

### CONTACT INFORMATION

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### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)



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UTAH DEPARTMENT OF  
WORKFORCE  
SERVICES  
CHILD CARE

# Mt Mahogany After school Program 2024-2025



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	31 <b>Spring break</b>	1 <b>Spring break</b>	2 <b>Spring Break</b>	3 <b>Spring break</b>	4 <b>Spring break</b>
Persistence & Perseverance	7 Power Hour Social Emotional Learning: (P) Grade 5:114 "Believing We Can Do More, Be More" Grade 2:119 "Improving Yourself Continually Using Social/Emotional Positive Actions" <b>FIRE DRILL</b>	8 Powerhour Thanksgiving point Playdoh building challenge Inch by inch	9 Powerhour Thanksgiving point Paper weaving When someone bugs me art	10 Power Hour Social Emotional Learning: (B) Grade 5:117 "Buck Up and Do It!" Grade 2:120 "Improving Yourself Using Social/Emotional Positive Actions"	11 Power hour Outside enrichment Pipe cleaner crafts streeballs
Goal Setting	14 Power Hour Social Emotional Learning: (P) Grade 5: 118 "Turning the Big, Bad Stuff into the Big, Good Stuff" Grade 2:122 "Improving Yourself Continually Using Social/Emotional Positive Actions"	15 Powerhour Thanksgiving point Follow the leader dance challenge Positive affirmations cloud	16 Powerhour Thanksgiving point Foil fish art Freeze dance	17 Power Hour Social Emotional Learning: (B) Grade 5:121 "How You Improve Your Body" Grade 2:132 "Positive Action Review: Five Steps to a Healthy Self-Concept"	18 Power hour Outside enrichment: 4 square/ basketball Lego challenge Ice cream in bag experiment Easter peeps playdoh
Preparing for the Future	21 Power Hour Social Emotional Learning: (P) Grade 5:127 "Power and Energy" Grade 2:134: Positive Action Review: Five Steps to a Healthy Self-Concept"	22 Powerhour Thanksgiving point Drawing challenge What dissolves jelly beans/ peeps	23 Powerhour Thanksgiving point Vision board/ collage Friendship bracelets	24 Power Hour Social Emotional Learning: (B) Grade 5:129 "Getting A Bigger, Better Picture" Grade 2:139 "Positive Action Review: Five Steps to a Healthy Self-Concept"	25 Powerhour Outside enrichment: kickball Indoor physical activity just dance Paper plate sun
Post-Surveys	28 Power Hour Social Emotional Learning: Post-Surveys Origami Oobleck	29 Powerhour Thanksgiving point Create your own picture book Bubble snakes	30 Powerhour Thanksgiving point Paper tear art Musical chairs	1	2

Daily Schedule		
Daily Schedule Monday, Wednesday	Daily Schedule Tuesday, Thursday	Daily Schedule Friday
3:30-3:45 Check in, Snack, Circle Up, 3:45-3:50 Transition 3:50-4:10 Social Emotional Learning: - Positive Action 4:10-4:55 Power Hour 4:55-5:00 Transition 5:00-5:30 Enrichment Clubs 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up, 3:45-3:50 Transition 3:50-4:10 SMART 4:10-4:55 Power Hour 4:55-5:00 Transition 5:00-5:30 STEAM 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up 3:45-4:00 Structured Recess 4:00-4:45 Physical Enrichment 4:45-5:20 Creative Enrichment 5:20 Gratitude, Snack, Check out

Contact Info
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## April Club & Activity Details

### Message to Parents:

Hello Everyone! We are going into April!! How exciting! We are striving for a strong program filled with social emotional learning, fun learning activities and STEAM lessons. We will be introducing triple-play this month. We have already seen learning taking place and look forward to continuing to build on what your students already know. Thanksgiving Point has returned and has provided awesome STEAM lessons for our 4th, 5th and 6th Graders. We look forward to another month of learning and growing together.

### Social Emotional Learning:

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

### Academic Support:

**Power Hour** - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

### STEM Labs:

**STEAM K-3:** On Tuesdays and Thursdays we will be focusing on different components of STEAM. Science, technology, engineering, arts, and mathematics. We will be doing things like designing and creating things out of legos or play doh!

**STEAM 4-6 (Thanksgiving Point Partner):** On Tuesday and Wednesdays, 4th-6th graders are taught by staff from Thanksgiving Point and are taught about science, animals, and basic coding skills. This is a special opportunity for them to get taught unique concepts while having fun!

### Enrichment Clubs:

**SpArt Club:** In our SPART club we will be combining two of our club members' passions: sports and art! We will be diving into sports on Mondays and art on Thursdays to create well-rounded, active, and creative kids.

**Music Club:** In our music themed club activities we will be exploring different properties of music, experiment with creating music, and learn about the different genres of music.

### Triple Play:

A Game Plan for the Mind, Body and Soul is a dynamic initiative that demonstrates how eating smart, keep- ing fit and forming positive relationships add up to a healthy lifestyle. The Triple Play Parents Game Plan's easy-to-follow elements are designed to expand your health and wellness discussions with your child.

