# **April 2025**

# Independence

636 Independence Ave Provo UT 84601 | 801-372-5839



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Ownership and Self-Improvment

# Happy Birthday

3 - Zephyr 7 - Chris 16 - Evie 18 - Alex

#### **UPCOMING EVENTS**

4/10 - Home vs SLA @ 4pm 4/14 - Home vs Liahona @ 4 4/17 - Away @ Paradigm @ 4

#### **CLUB CLOSED**

4/1-4/4 - Spring Break



#### **Get To Know**



Hi! My name is Brynn and I am the Site Director at Independence. I worked last year as part of the Sports program and as the

Volleyball coach for part of the season. I am so excited to be returning to Independence and continue working with the teens. I recently graduated from UVU and am looking forward to getting my masters in Social Work. I love to go to concerts and movies with my friends. I love playing volleyball and swimming. I am so grateful to be back and am hoping for an amazing year!

#### **CONTACT INFORMATION**

Brynn Bowers Site Director

Phone: (801) 372-5839 Email: independence@bgcutah.org

#### PARENT RESOURCES

Parent Handbook Membership Handbook

www.instagram.com/bgcutah

#### **Sports Practice**

Monday-Thursday 3:10-5:30

Soccer Season! We are holding practice everyday there aren't any games! Games will be Mondays and Wednesdays!

#### Homework Help (Project Learn)

Monday - Thursday 3:00 - 4:30

Come get help with your classes! Math, English, Science! Tutoring Available

#### **Enrichment Clubs**

Monday - Thursday 3:00 - 4:30

Enrichment clubs are organized programs designed to provide students with engaging, hands-on learning experiences that extend beyond the regular curriculum. These clubs focus on fostering creativity, critical thinking, and social skills through activities that cater to students' interests, such as arts, STEM, sports, and cultural exploration.

# Social Emotional Learning (Prevention and Behavior)

Monday - Thursday 3:00 - 3:10

Positive Action as a curriculum focus in sports focuses on helping athletes develop key skills such as self-awareness, emotional regulation, teamwork, and responsible decision-making.









# Independence Afterschool Program 2024-2025





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Spring Break	31	1	2	3	4
Break		Spring Break No Programs	Spring Break No Programs	Spring Break No Programs	Spring Break No Programs
P:Lesson 118: Do I Believe I Can? B: Lesson 121: Do I Have the Courage to Try?	7 Social Emotional Learning-P (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	8 Practice Homework Help (Project Learn) Career Readiness Club FIRE DRILL	Social Emotional Learning-B (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	Homework Help (Project Learn) Career Readiness Club Soccer Game @ Home @ 4	No Programs
P:Lesson 124: Can I Meet the Challenge? B:Lesson 127: How Do I Keep on Keeping On?	Social Emotional Learning-P (Positive Action) Homework Help (Project Learn) Slam Poetry Club Soccer Game @ Home @ 4	15 Practice Homework Help (Project Learn) Career Readiness Club	16 Social Emotional Learning-B (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	17 Homework Help (Project Learn) Career Readiness Club Soccer Game @ Paradigm @ 4	18 No Programs
P:Lesson 130: How Do I Create a Successful and Happy Life? B:Lesson 131: What is Going to Get Me Where I Want to Go?	21 Social Emotional Learning-P (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	22 Practice Homework Help (Project Learn) Career Readiness Club	23 Social Emotional Learning-B (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	24 Practice Homework Help (Project Learn) Career Readiness Club	25 No Programs
Surveys	Social Emotional Learning-P (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	29 Practice Homework Help (Project Learn) Career Readiness Club	Social Emotional Learning-B (Positive Action) Practice Homework Help (Project Learn) Slam Poetry Club	1	2

#### **Daily Schedule**

Monday - Thursday

3:00 School Ends

3:05 Snack passed out

3:10 Homework Help Begins

3:15 Practice Begins in Gym/ Clubs start

3:15-3:30: Social Emotional Learning/Stretching/

4:30: Clubs End

5:30: Practice End

**Contact Info** 









Brynn Bowers
Site Director

Email: independence@bgcutah.org

Phone: (801) 371-5839

Program Address: 636 Independence Ave, Provo,

UT, 84601



### Independence Afterschool Program 2024-2025

## **April Club & Activity Details**

#### Message to Parents:

We are in the middle of Soccer Season! We love to have support in the stands for our players! We are always looking for students to join Slam Poetry or career readiness!

**Soccer** - Soccer Season! We are so excited to have a soccer team. Practices will be outdoors unless it is too cold then we will practice in the gym. Practices are Monday-Thursday from 3:00-5:30 pm. Games are on Mondays and Wednesdays with 2 Thursday games! Practice time has been extended until 5:30!! We will have practice every day leading up to state tournament in May!

**Slam Poetry Club** - Students will learn and read about the different forms of Slam Poetry. They will then take the time to write their own slam poetry and perform in front of their peers. Monday and Wednesdays in the Cafeteria from 3:00 - 4:30 pm!

**Career Readiness Club** - Students will explore their interests and potential careers, help them map the steps to gaining entry to a postsecondary institution that meets their needs, and develop in them the skills and attributes necessary to succeed after high school. Tuesdays and Thursdays in the cafeteria from 3:00-4:30 pm!

**Homework Help (Project Learn)** - The main focus of project learn is to help students reinforce the academic enrichment and school engagement during club time and provide tutoring or help as needed. Through homework help after school Monday-Thursday from 3:00 - 4:30 pm.

#### **Social Emotional Learning:**

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.







