

April 2025

# Cascade Elementary

860 East 200 North Orem, Utah (801)372-6113



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Learning Self Improvement, Persistence & Perseverance, Goal Setting & Preparing for the Future

Happy Birthday



Grayson 4/3  
Ansel 4/7  
Ethan 4/7

## UPCOMING EVENTS

Club Store  
Every Thursday K-3  
Every Friday 4-6

## CLUB CLOSED

March 31st-April 4th-Spring Break



## Get To Know

**Lizzy**

Hi, I'm Lizzy and I'm thrilled to join the team. I'm a senior at BYU studying Child Psychology and I have experience tutoring. I've always loved working with kids and enjoy organizing fun activities like sports and arts and crafts. I can't wait to learn and make great memories with everyone!



## CONTACT INFORMATION

**Patty Clark**  
Site Coordinator  
Phone: (801)-372-6113  
Email: cascade@bgcutah.org

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

Monday-Thursday K-6; 3:15 pm- 4:00 pm  
The main focus of project learning hours

will be to help members complete homework assignments, work on HYLEA activities.

## STEM Labs

Monday K-2; 4:05pm-4:35pm  
Wednesday 3-6; 4:05pm-4:35pm  
Friday All grades 4:05pm-5:05pm  
During this time everyone will learn about Science, Technology, Engineering and Math.

## Enrichment

Monday-Thursday K-6th; 4:35-5:05pm  
Enrichment clubs are to further enrich and broaden our members' experience by offering a variety of clubs that members have a choice between. These clubs are Changed on a monthly basis.

## Social Emotional Learning (Prevention & Behavior)

Positive Action:  
Tuesday & Thursday  
K-6; 4:05 pm- 4:35pm



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# Cascade Afterschool Program 2024-2025



Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Club Closed Spring Break</b>	<b>Club Closed Spring Break</b>	<b>Club Closed Spring Break</b>	<b>Club Closed Spring Break</b>	<b>Club Closed Spring Break</b>
<b>Persistence &amp; Perseverance</b>	7 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6th	8 <b>Fire Drill</b> Circle Up Project Learn Social Emotional Learning (P) K-2 Believing We Can Do More Be More 3-6 Improving Yourself Continually	9 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6	10 Circle Up Project Learn Social Emotional Learning (B) K-2 Buck Up and Do It 3-6 Improving Yourself Continually	11 Circle Up Craft Club Drawing Club STEMS Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2
<b>Goal Setting</b>	14 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6th	15 Circle Up Project Learn Social Emotional Learning (P) K-2 Turning the Big Bad Stuff into the Big Good Stuff 3-6 Improving Yourself Continually	16 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6	17 Circle Up Project Learn Social Emotional Learning (B) K-2 How to Improve Your Body 3-6 Improving Yourself Continually	18 Circle Up Craft Club Drawing Club STEMS Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2
<b>Preparing for the Future</b>	21 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6th	22 Circle up Project Learn Social Emotional Learning (P) K-2 Power and Energy 3-6 Positive Action Review: Five Steps to a Healthy Self-Concept	23 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6	24 Circle Up Project Learn Social Emotional Learning (B) K-2 Bigger, Better Picture 3-6 Positive Action Review: Five Steps to a Healthy Self-Concept	25 Circle Up Craft Club Drawing Club STEMS Rotation K-2 then 3-6 Get Moving Rotation 3-6 then K-2
<b>Post Surveys</b>	28 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6th	29 Circle Up Project Learn Social Emotional Learning (P) Post Surveys: All Grades	30 Circle Up Project Learn STEM Club Get Moving Club 3-6 Enrichment K-6	1	2

Monday & Wednesday	Tuesday & Thursday	Friday
2:15 pm- 2:35 pm Check-in, Snack 2:35 pm- 3:05 pm Recess 3:10 pm -3:15 pm Circle Up 3:15 pm - 4:00 pm Project Learn 4:00 pm - 4:05 pm Transition 4:05 pm -4:35 pm STEM (Monday- K-2, Wednesday-3-6) 4:35 pm -5:10 pm Enrichment 5:10 pm- 5:15 pm End of Day Cleanup 5:25 pm- 5:30 pm Red Light game 5:30 pm Program Closes	2:15 pm- 2:35 pm Check-in, Snack 2:35 pm- 3:05 pm Recess 3:10 pm -3:15 pm Circle Up 3:15 pm - 4:00 pm Project Learn 4:00 pm - 4:05 pm Transition 4:05 pm -4:35 pm Social Emotional Learning: Positive Action 4:35 pm -5:10 pm Enrichment 5:10 pm- 5:15 pm End of Day Cleanup 5:25 pm- 5:30 pm Brain Games 5:30 pm Program Closes	2:15 pm- 2:35 pm Check-in, Snack 2:35 pm- 3:05 pm Recess 3:10 pm -3:15 pm Circle Up 3:15 pm - 4:00 pm Workforce Readiness/Careers Club 4:00 pm - 4:05 pm Transition 4:05 pm -4:35 pm STEM Rotation 3-6 (Recess for K-2) 4:35 pm -5:05 pm STEM Rotation K-2 (Recess for 3-6) 5:05 pm- 5:15 pm End of Day Cleanup 5:25 pm- 5:30 pm Red Light game 5:30 pm Program Closes

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## April Club & Activity Details

### Message to Parents:

Hello Everyone! We are so excited to move into the month of April and warmer weather days! This month we will be focusing on learning self improvement, persistence and perseverance, goal setting and preparing for the future in all of our lessons and throughout our clubs. Please be sure to note the closure dates. We are looking forward to another month of learning and growing together.

**Project Learn**- Project Learn or “Power Hour” is our academic time, Monday-Thursday to help support what our club members are learning during the school day. Boys and Girls Club offers homework help, High Yield learning activities, and other fun games/activities that have an academic focus that are still fun! This month we will focus on Math and literacy skills through games, activities and buddy reading.

**STEM**- is our twice a week rotation that is taught by our Americorp members. STEM includes topics of Science, Technology, Engineering and Math. Within this club our members will be able to learn and explore aspects of how the world works around them. Building, creating, and constructing projects out of objects around the world around them.

**Social Emotional Learning**-Social Emotional Learning is crucial to development and helping to build lifelong regulation skills.We make learning fun through these curriculums. The curriculum that we use is an evidence based program called Positive Action. Through this curriculum and its many lessons, club members will learn how to take care of their body and minds.

**Get Moving Club**- Club members have the opportunity to learn about various sports and games.Members will practice gross motor skills, teamwork and sportsmanship.Some of our most popular sports members enjoy playing basketball, soccer and pickleball. The Get Moving club is separated by grade group to make sure that all members are safe, as different ages have different understandings, abilities and motives.

### Enrichment Clubs

**Drawing Club**- Members focus on learning how to draw different

**Craft Club**- Members gather to create fun art and craft projects using various materials like paper, glue, watercolors, oil pastels, clay and Perler beads.

