## March 2025

# Timpanogos

449 N 500 W, Provo, UT 84601 | (801) 857-4361



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is self-awareness.

## Happy Birthday

14th- Brianna 17th- Diana 28th- Ethan

#### **UPCOMING EVENTS**

7th Kindness Coupons- Service Activity 28th Career Exploration Club Guest Speaker

#### **CLUB CLOSED**

14th School Closed- No Club 31st Spring Break- No Club



#### Get To Know Jessalyn!



Jessalyn Bates grew up in
Pleasant Grove Utah. She's been
working with kids for over 5 years,
and loves making learning fun!
She's currently studying
psychology, and hopes to use it to
help vulnerable kids have a bright
future.

#### **CONTACT INFORMATION**

Joanna Smith Site Coordinator Phone: (801) 857-4361 Email: timpanogos@bgcutah.org

#### **PARENT RESOURCES**

Parent Handbook
Membership Handbook

#### **Project Learn**

Monday - Thursday 3:50 pm - 4:35pm Homework Help, High Yield Learning Activities (HYLA), Brain Games!

#### **STEM Labs**

Monday & Wednesday 4:50pm - 5:10pm

#### **Enrichment**

#### **Art Club**

Monday & Wednesday 4:50pm - 5:10pm Get Moving Club, Career Exploration Club, & Fun Friday Fridays

4:00pm - 5:15pm

## Social Emotional Learning (Prevention & Behavior)

#### **Positive Action**

Tuesday & Thursday
4:40pm – 5:10pm
Self-Honesty, Choices, and Strengths
& Weaknesses









## Timpanogos Afterschool Program 2024-2025





| Social Emotional<br>Learning Weekly<br>Focus | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|---|--|--|--|---|
| Being<br>Intentional                         | Circle Up<br>Snack<br>Project Learn<br>STEM<br>ART Club | Social Emotional Learning (P) 3-6: "The Right Name" K-2: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Project Learn            | Social Emotional Learning (B) 3-6: "Telling Yourself the Truth—On Purpose" K-2: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Project Learn | Circle Up<br>Snack<br>Project Learn<br>STEM<br>ART Club  | Circle Up Career Exploration Club Snack "Get Moving" Club Service Project: Coupon Books of Caring |
| Learning<br>Self-<br>Honesty                 | Circle Up<br>Snack<br>Project Learn<br>STEM<br>ART Club | Social Emotional Learning (P) 3-6: "Your Bravest, Truest Self" K-2: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Project Learn | Circle Up Snack Project Learn STEM ART Club  | Social Emotional Learning (B) 3-6: What You Can Do" K-2: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Project Learn                          | 14<br>Club Closed-<br>No School   |
| Self-<br>Honesty<br>and Our<br>Choices       | Circle Up<br>Snack<br>Project Learn<br>STEM<br>ART Club | Social Emotional Learning (P) 3-6: "Sorting out What's What" K-2: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Project Learn   | Circle Up Snack Project Learn STEM ART Club Fire Drill   | Social Emotional Learning (B) 3-6: "Where You Shine" & "Where You Need Help" K-2: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Project Learn | Circle Up Career Exploration Club Snack "Get Moving" Club Fun Friday                              |
| Strengths<br>&<br>Weakness<br>es             | Circle Up<br>Snack<br>Project Learn<br>STEM<br>ART Club | Social Emotional Learning (P) 3-6: "Fessing Up" K-2: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Project Learn                | Circle Up<br>Snack<br>Project Learn<br>STEM<br>ART Club  | Social Emotional Learning (B) 3-6: "Fessing Up Pt. 2" K-2: "Telling Yourself the Truth Using Social / Emotional Positive Actions" Project Learn                        | Circle Up Career Exploration Club: Guest Speaker (TBD) Snack "Get Moving" Club Fun Friday         |
|  | 31<br>Club Closed-<br>Spring Break                      | Club Closed-<br>Spring Break   | Club Closed-<br>Spring Break   | Club Closed-<br>Spring Break   | Club Closed-<br>Spring Break  |

| Monday & Wednesday                         | Tuesday & Thursday                         | Friday                                  |
|--|--|---|
| 3:05pm - 3:35pm Check in, Circle Up, Snack | 3:05pm - 3:35pm Check in, Circle Up, Snack | 1:30pm - 2:00pm Check in & Circle Up    |
| 3:35pm -3:40pm Clean up & Transition       | 3:35pm -3:40pm Clean up & Transition       | 2:00pm - 2:20pm Recess                  |
| 3:40pm - 3:55pm Recess                     | 3:40pm - 3:55pm Recess                     | 2:25pm - 3:25pm Career Exploration Club |
| 3:55pm - 4:00pm Transition                 | 3:55pm - 4:00pm Transition                 | 3:30pm - 3:45pm Snack                   |
| 4:00pm - 4:45pm Project Learn              | 4:00pm - 4:30pm Social Emotional Learning: | 3:45pm - 4:00pm Clean up & Transition   |
| 4:45pm - 4:50pm Transition                 | Positive Action                            | 4:00pm - 4:30pm Get Moving Club         |
| 4:50pm - 5:15pm STEM                       | 4:30pm - 4:35pm Transition                 | 4:30pm - 5:00pm Fun Friday Club         |
| 4:50pm - 5:15pm Art Club                   | 4:35pm - 5:15pm Project Learn              | 5:00pm - 5:15pm End of day Clean up     |
| 5:15pm - 5:30pm Game Time                  | 5:15pm - 5:30pm Game Time                  | 5:15pm - 5:30pm Game Time               |
| 5:30pm Program Closes                      | 5:30pm Program Closes                      | 5:30pm Program Closes                   |
|  |  |   |

#### **Contact Info**

Joanna Smith Site Coordinator Phone: (801) 857-4361

Email: timpanogos@bgcutah.org

Program Address: 449 N 500 W, Provo, UT 84601









### Timpanogos Afterschool Program 2024-2025



## March Club & Activity Details

Message to Parents - Hello Parents! This month we are happy to continue to offer our fun new clubs to your students: Art Club and Career Exploration Club. Each Club is detailed below and will include hands-on education and fun activities! We will also continue teaching STEM Club and our Social Emotional learning curriculums! Within these curriculums we will be learning more about how to take care of our intellectual and physical bodies as well as our other emotions as a whole.

Thank you!

As always, reach out with any questions or concerns.

**Project Learn** - Project Learn or "Power Hour" is our academic time Monday - Thursday to help support what our club members are learning during the school day. Boys & Girls Club offers homework help, High Yield Learning activities, and other fun games/activities that have an academic focus that are still fun! This month, we will be focusing on math and literary skills through different games and activities!

STEM - STEM is our twice a week rotation that is taught by our AmeriCorps members! STEM includes topics of science, technology, engineering, and math. Within this club our members will be able to learn and explore aspects of how the world works around them. Building, creating, and constructing projects out of objects in the world around them.

Social Emotional Learning- Similar to previous years, Boys & Girls Club uses two social emotional learning curriculums— SMART Moves and Positive Action. Within both curriculums, club members will learn a lot about feelings, emotions, being a good friend/peer, and ways to help others. Social Emotions are crucial to development and we make learning fun through these curriculums! SMART moves will be ending in December and a Creative Club will take it's place! We've been gearing up by askin the students what they are interested in, and we'd love to hear from parents as well!

**Get Moving Club** - This month, club members will have the opportunity to learn about various sports and games within Get Moving club. Members will practice gross motor skills, teamwork, and sportsmanship. The Get Moving club is separated by grade group to make sure that all members are safe, as different ages have different understandings, abilities, and motives.

**Art Club** - In this club, members will be able to express themselves through various art mediums and crafting supplies. Members will learn new techniques and use materials that invite creativity and learning. This month our Creative Club will center on paint, pastels, and other mediums.

**Career Exploration Club** - Members will have the opportunity to shape the curriculum of this exploration club as they grow and express opinions about their future occupations. Members will be encouraged to take club insights outside of school and guest speakers will be invited.







