

March 2025

# Sunset Elementary

495 Westridge Drive - 801-372-3151



**BOYS & GIRLS CLUBS**  
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

## Get To Know



Hello I'm Sofia! I'm from Boise Idaho and now live in St. George for college! I have worked at the boys and girls club for 2 years and love it so much!! In my free time I love to explore St. George, shop and hangout with friends!

## CONTACT INFORMATION

**Alexis Dearden**  
Site Coordinator  
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## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Project Learn

*Monday-Thursday Grades 4-5  
3:25-4:10/Grades K-3 4:05-4:35*

We will be assisting with assigned homework. In addition we will provide math sheets, books for reading and we will often do trivia to help reinforce learning.

## STEM Labs

*Wednesday & Friday Grades K-3  
3:25-3:55/Grades 4-5 4:05-4:35 Fridays:  
2:50-3:20*

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and Math can be used in everyday life.

## Enrichment

*Monday - Thursday 4:40 - 5:10*

Enrichment clubs offer our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

## Social Emotional Learning (Prevention & Behavior)

*Tuesday & Thursday Grades K-3  
3:30-4:00/Grades 4-5 4:05-4:35*

Our Positive Action curriculum provides members with important social-emotional skills that can help them throughout life.

Friday 3:45-4:30 Our SMART Moves curriculum provides members with relationship building skills with themselves and others.

Happy  
Birthday



Gemma - 3rd  
Scarlett - 13th

## UPCOMING EVENTS

St. Patrick's Day - 17th

## CLUB CLOSED

March 10th-14th - Spring Break  
March 17th - Teacher Prep Day



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# Sunset Elementary Afterschool Program 2024-2025



**BOYS & GIRLS CLUBS  
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Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self-Honesty & Our Choices	3 Project Learn Animal Club Mythology Club	4 Project Learn (P): Lesson 93 "What You Can Do" Lesson 102 "Telling Yourself the Truth Using Social / Emotional Positive Actions" Who Was Club Soccer Club	5 Project Learn Stem Animal Club Mythology Club	6 Project Learn (B): Lesson 94 "Sorting out What's What" Lesson 103 "Telling Yourself the Truth Using Social / Emotional Positive Actions" Who Was Club Soccer Club	7 Project Learn Stem Rotations Fun Friday Fire Drill
Strengths & Weaknesses	10 Spring Break	11 Spring Break	12 Spring Break	13 Spring Break	14 Spring Break
Being Honest About Who We Are	17 No Club Teacher Prep Day	18 Project Learn (P): Lesson 101 "Starting out with the Truth" Lesson 112 "Improving Yourself Continually Using Social / Emotional Positive Actions" Who Was Club Soccer Club	19 Project Learn Stem Animal Club Mythology Club	20 Project Learn (B): Lesson 103 "Your Own Truth" Lesson 113 "Improving Yourself Continually Using Social / Emotional Positive Actions" Who Was Club Soccer Club	21 Project Learn Stem Rotations Fun Friday
Discovering our Truth	24 Project Learn Animal Club Mythology Club	25 Project Learn (P): Lesson 104 "What's Real and What Isn't" Lesson 114 "Improving Yourself Continually Using Social / Emotional Positive Actions" Who Was Club Soccer Club	26 Project Learn Stem Animal Club Mythology Club	27 Project Learn (B): Lesson 106 "Standing True" Lesson 115 "Improving Yourself Continually Using Social / Emotional Positive Actions" Who Was Club Soccer Club	28 Project Learn Stem Rotations Fun Friday
Learning Self-Improvement	31 Project Learn Animal Club Mythology Club	1	2	3	4

Daily Schedule	Fridays
2:35 - 3:00 Check-in, Super Snack, Feelings check in 3:00 - 3:25 Energy Boost 3:30 - 4:00 K-3 (Social Emotional Learning or STEM Labs), 4-5 (Project Learn) 4:00 - 4:30 4-5 (Social Emotional Learning or STEM Labs), K-3 (Project Learn) 4:30 - 5:20 Enrichment Clubs 5:25 - 5:30 Clean up, Snack, Check-out	1:00 - 1:15 Check-in, Feelings check in 1:20 - 1:35 Energy Boost 1:40 - 2:10 Rotation 1 (Creative) - Computer Lab 2:15 - 2:45 Rotation 2 (Physical) 2:50 - 3:05 Super Snack 3:10 - 3:40 Rotation 3 (STEM) 3:45 - 4:30 Social Emotional Learning 4:35 - 5:00 Fun Friday 5:05 - 5:30 Clean up, Snack, Check-out

### Contact Info



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## Sunset Elementary Afterschool Program 2024-2025

# March Club & Activity Details

### Message to Parents:

Happy March! We are excited for another fun-filled month in our afterschool program. Please keep an eye on the calendar for dates that the program is closed. Daylight Saving Time begins on March 9, so don't forget to set your clocks forward! We appreciate your continued support in making our program a positive experience for your children. If you have any questions or concerns feel free to reach out to us.

**Mythology Club** - In Mythology Club, students will explore fascinating myths and legends from cultures around the world through storytelling, crafts, and fun activities. Students will learn about epic characters and timeless tales while sparking their creativity and imagination.

**Who Was Club** - In the Who Was Club students will explore the lives of famous people who changed the world. They will dive into stories from the popular *Who Was?* book series to learn about inspiring figures from history, science, sports, and the arts. Through fun activities, games and creative projects, students will discover how these individuals made their mark and shaped the world we live in today.

**Animal Club** - In Animal Club, students will explore the world of animals through fun activities, games, and crafts. They will learn about different animals, their habitats, and how to care for pets and protect wildlife.

**Soccer Club** - Students will learn the fundamental soccer skills, including dribbling, passing, and teamwork through drills and friendly games. This club promotes physical fitness, sportsmanships, and teamwork in a fun and supportive environment.

**STEM** - Our STEM lessons inspire students to explore science, technology, engineering and math through hands-on activities and experiments. Children will engage in creative problem solving, building projects, and collaborative challenges that spark curiosity and critical thinking.

**Social Emotional Learning (Positive Action/SMART Moves)** - Curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week.

**Project Learn:** This is dedicated time to cover school related topics, homework or read. Even if the kids don't have homework, we take this opportunity to strengthen their reading skills by reading to their buddy or to a staff member. We often work with the teachers to make sure that we are meeting the needs of students as a class and as individuals.

**Creative, Physical, STEM Clubs:** These are our rotations where we split Club Members up into smaller groups so that they can experience doing some of our fun activities. Creative Club usually goes to the computer lab to play school-approved games which they love. Physical Club is where we go do something outside! If the weather permits we can go on nature walks, play basketball or treasure hunt. STEM Clubs on Fridays.



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**Fun Friday:** This provides structured, free time with Club Members where they can choose what station they want to be at. We generally have a game table, a play-doh and slime station, craft table, painting or water-colors table, and sometimes we break out the cornhole and make an obstacle course for the adventurous ones! It's a good time to have "down-time" while still exercising their skills in working together, challenging themselves, as well as building sportsmanship and camaraderie with their peers.



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