

March 2025

Red Mountain

263 E 200 S Ivins, UT 84738 | (801) 372-3555



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is Discovering our Truth

Get To Know



With many new students joining us since the start of the year, I want to reintroduce myself. I am Natalie, the site coordinator at our club. I have a bachelor's degree in Family Studies and am a certified Family Life Educator. I am a mom of 3 amazing girls. In my free time, I love to read or spend time outside. I have loved working with our amazing group of club students!

CONTACT INFORMATION

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Site Coordinator
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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Tuesday & Thursday
4:40 - 5:25

During Power Hour we provide assistance with homework and work on academic skills. Please contact us if you have specific areas that you'd like us to focus on with your child!

STEM Labs

Friday
1:15 - 1:45

Our STEM labs this month will be focused on environmental science. Students will learn about everything from endangered animals to ecosystems.

Enrichment

Monday & Wednesday
4:10 - 4:40

We will have two clubs for the students to choose from this month: Outdoor Skills and Music Club. Find more information about these clubs below.

Social Emotional Learning

(Prevention & Behavior)

Tuesdays & Thursdays
4:10 - 4:40

We will continue our Positive Actions curriculum this month to learn new social emotional learning skills. This month's focus will be on discovering our truth and self honesty.

Happy Birthday



Zaphyra

UPCOMING EVENTS

Save the date for Parent Night:
April 16th
(More details to come in next month's newsletter)

CLUB CLOSED

March 10-17th
Spring Break



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www.instagram.com/bgcsouthutah



Utah State Board of Education





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Self Honesty and our Choices	3 Project Learn Outdoor Skills/Music Club	4 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 93 "What You Can Do" Grade 2 Manual: Lesson 102 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	5 Project Learn Outdoor Skills/Music Club	6 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 94 "Sorting out What's What" Grade 2 Manual: Lesson 103 "Telling Yourself the Truth Using Social / Emotional Positive Actions"	7 Mindful Minds Club Fun Friday Creative Club Physical Club STEM Club Group Game Fire drill
Spring Break	10 Club Closed Spring Break	11 Club Closed Spring Break	12 Club Closed Spring Break	13 Club Closed Spring Break	14 Club Closed Spring Break
Being honest about who we are	17 Club Closed Teacher Prep	18 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 101 "Starting out with the Truth" Grade 2 Manual: Lesson 112 "Improving Yourself Continually Using Social / Emotional Positive Actions"	19 Project Learn Outdoor Skills/Music Club	20 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 103 "Your Own Truth" Grade 2 Manual: Lesson 113 "Improving Yourself Continually Using Social / Emotional Positive Actions"	21 Mindful Minds Club Fun Friday Creative Club Physical Club STEM Club Group Game
Discovering our truth	24 Project Learn Outdoor Skills/Music Club	25 Project Learn Social Emotional Learning (P): Grade 5 Manual: Lesson 104 "What's Real and What Isn't" Grade 2 Manual: Lesson 114 "Improving Yourself Continually Using Social / Emotional Positive Actions"	26 Project Learn Outdoor Skills/Music Club	27 Project Learn Social Emotional Learning (B): Grade 5 Manual: Lesson 106 "Standing True" Grade 2 Manual: Lesson 115 "Improving Yourself Continually Using Social / Emotional Positive Actions"	28 Mindful Minds Club Fun Friday Creative Club Physical Club STEM Club Group Game
Learning self improvement	31 Project Learn Outdoor Skills/Music Club	1	2	3	4

Daily Schedule	
<p>Monday-Thursday 3:30 - 3:50 Check-in, Snack, Feelings check-in 3:50 - 4:10 Energy Boost 4:10 - 4:40 Social Emotional Learning or Enrichment Clubs 4:40 - 5:25 Project Learn 5:25 - 5:30 Group game 5:30 - Pass out PM Snack/Parent Pick-up</p>	<p>Friday 12:00 - 12:15 Check-in, Energy Boost 12:15 - 1:15 Friendship February 1:15 - 1:45 STEM Club 1:45 - 2:05 Super Snack/Feelings check-in 2:05 - 2:30 Energy Boost 2:35 - 3:15 Fun Friday 3:20 - 3:50 Creative Club (computers) 3:55 - 4:25 Physical Club (sport) 4:30 - 5:00 STEM Club 5:05 - 5:20 Group Game 5:20 - 5:30 Gratitude/Pass out PM snack 5:30 - Parent Pick-up</p>

Contact Info
<p>Natalie Fetzer Site Coordinator Phone: (801) 372-3555 Email: natalie.fetzer@bgcutah.org</p>
<p>Program Address: 263 E 200 S Ivins, UT</p>



March Club & Activity Details

Message to Parents:

Dear Parents, February was an awesome month! We are looking forward to a lot of exciting activities with our students in March! With spring approaching, we hope to spend a lot of time exploring outside with our outdoor skills club, mindfulness activities on Fridays, our environmental science focused STEM activities, and more! We are also excited to be exploring music in our Music Club and spend time learning together in Power Hour and Positive Actions. As always, please feel free to reach out with any questions or concerns. Thank you for your continued support!

Outdoor Skills Club - In this club, students will get outside and learn about a variety of outdoor skills from hiking safety and plant/animal track identification to basic survival skills and nature appreciation. We look forward to lots of mini adventures and expanding our appreciation of the great outdoors.

Music Club - In this club, students will learn all about music! They will explore different genres of music, learn about notes and sound, play their own music on different instruments and even make their own instruments.

Mindful Minds Club - During the month of March, we will be learning all about mindfulness and keeping ourselves mentally healthy with fun games, exercises, and activities as a group every Friday.

Fun Friday: This is a time for club members to challenge one another in games, races, drawing contests, or to spend time engaging in their favorite crafts. Free time helps us become better at choosing what we like.

BGC Mission: The mission of the Boys & Girls Clubs of Utah/Washington County is to inspire and enable all young people to realize their full potential as productive and responsible citizens and leaders.

Our Core Promise: To America's youth we promise to provide a safe, positive place and to have a significant impact on their lives. To the Nation we promise to uphold high ethical standards in all areas, especially overseeing finances, reporting data on membership and community outreach, being good stewards of the donor dollar, and representing ourselves to the public.

Our Guiding Principles: Safety, Integrity/Accountability, Commitment to Excellence, Youth-Centric Approach, Respect, Compassion, Reliability/Consistency.

Our Rules: 1. Respect Club members, staff and property. 2. Keep hands, feet, and body to yourself. 3. Use appropriate language. 4. Follow directions of Club staff. 5. Have Fun!

As always, we appreciate partnering with you to provide a meaningful and fun learning experience for our club members.

