

February 2025

Provo Peaks

665 E Center St. Provo UT, 84606 | (801) 717-0809



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is

Happy
Birthday



Felix - Feb. 1st
Blythe - Feb. 9th

UPCOMING EVENTS

NO CLUB - February 17th
NO CLUB - February 21st

CLUB CLOSED

February 17th - No School
February 21st - Staff Training



Get To Know



Hi! My name is Ellie Call! I'm from Indiana and I love living in Utah! I am at UVU studying Elementary Education because I want to be a teacher! I love playing soccer, going bowling, making crafts, and being with my family!

CONTACT INFORMATION

Sarah Christensen
Site Coordinator
Phone: (801) 717-0809
Email: provopeaks@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLA's (High Yield, Creative, Physical & STEM Learning Activity Rotations) and also participate in our reading program, homework help, HYLA activities, etc.

STEM Labs

Monday, Wednesday, and Friday

Youth learn all about the scientific and design processes through hands-on experiments.

Enrichment

Daily

Enrichment Activities provide students with an opportunity to develop desired skills and increase their creativity.

Social Emotional Learning (Prevention & Behavior)

Tuesday, Thursday & Friday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional learning skills. All Social Emotional Learning skills are taught through daily lessons and then integrated throughout the rest of programming.



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Utah State Board of Education





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	31
Mid-Surveys	3 Power Hour Positive Action (P): Mid-Surveys STEM Lab	4 Power Hour D&D Club, Sports Club & Art Club	5 Power Hour Positive Action (B): Mid-Surveys STEM Lab	6 Power Hour D&D Club, Sports Club & Art Club FIRE DRILL	7 Power Hour Meditation Career Exploration
Taking Ownership	10 Power Hour Positive Action (P): "Saying Good Things" and "Getting Along With Others Using Social/Emotional Positive Actions" STEM Lab	11 Power Hour D&D Club, Sports Club & Art Club	12 Power Hour Positive Action (B): "Doing Your Part" and "Telling Yourself the Truth Using Social/Emotional Positive Actions" STEM Lab	13 Power Hour D&D Club, Sports Club & Art Club	14 Power Hour Meditation Career Exploration <i>Happy Valentine's Day</i>
Being Intentional	17 No Program	18 Power Hour Positive Action (P): "Saying Thank You" and "Telling Yourself the Truth Using Social/Emotional Positive Actions" STEM Lab	19 Power Hour Positive Action (B): "The Right Name" and "Telling Yourself the Truth Using Social/Emotional Positive Actions" STEM Lab	20 Power Hour D&D Club, Sports Club & Art Club	21 No Program - Staff Training
Learning Self-Honesty	24 Power Hour Positive Action (P): "Telling Yourself the Truth—On Purpose" and "Telling Yourself the Truth Using Social Emotional Positive Actions" STEM Lab	25 Power Hour D&D Club, Sports Club & Art Club	26 Power Hour Positive Action (B): "Your Bravest, Truest Self" and "Telling Yourself the Truth Using Social/Emotional Positive Actions" STEM Lab	27 Power Hour D&D Club, Sports Club & Art Club	28 Power Hour Meditation Career Exploration

Daily Schedule		
Monday/Wednesday	Tuesday/Thursday	Friday
3:20 - 3:45 Check in, Snack, Recess 3:50 - 4:00 Circle up 4:00 - 4:25 Social Emotional Learning (Positive Action) 4:25 - 4:55 Power Hour 4:55 - 5:30 K-3 STEM/4-6 HYLEA rotations on Mondays K-3 HYLEA rotations/4-6 STEM on Wednesdays 5:30pm Program Closes, Checkout	3:20 - 3:45 Check in, Snack, Recess 3:50 - 4:00 Circle up 4:00 - 4:25 Power Hour 4:30 - 5:30 Enrichment Clubs 5:30pm Program Closes, Checkout	1:30 - 1:50 Check in, Snack, Recess 1:55 - 2:05 Circle up 2:05 - 2:40 K-3 HYLEA Rotations/4-6 STEM 2:45 - 3:20 K-3 STEM/4-6 HYLEA Rotations 3:30 pm Program Closes, Checkout

Contact Info
Sarah Christensen <i>Site Coordinator</i> Email: sarah.christensen@bgcutah.org Phone: (801) 717-0809
Program Address: 665 E Center St Provo, UT 84606



February Club & Activity Details

Message to Parents:

Happy February everyone! This month we are very excited to have 3 different choices for our enrichment clubs. D&D Club, Sports Club, and Art Club have been fan favorites among our students for a while now so it will be fun to have all three options!

D&D Club - D&D Club allows each participant to develop their creativity and expand their horizons. We will be building characters, learning how to work together as a team, and the older students will be teaching the younger students how to play. D&D is a fantastic opportunity for kids to explore and make new friends with each other.

Art Club - Art Club will be teaching students different artistic techniques. We will be learning how to sketch, paint, make winter and Valentine's themed crafts. Our teachers will be broadening students' artistic horizons to hopefully develop interests in projects they have not tried before.

Sports Club - Sports club will introduce different skills to the club participants. We will be practicing basketball, soccer, and kickball. These sports will develop its participants' teamwork, cooperation, and unity. Sports Club will be a great opportunity for kids to burn off energy and learn a new, useful skill!

